



Predominant causes and types of orofacial injury in children seen in the emergency department

Acil servise başvuran çocuk hastalarda gözlenen orafasiyel yaralanma tipleri ve sık karşılaşılan nedenleri

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BACKGROUND

The aim of this study is to determine the type and cause of traumatic orofacial injuries in children up to 18 years of age.

METHODS

This retrospective study involved data collected from 12055 patients that came to Istanbul University, Medical Faculty, Department of Emergency in 2011. The patients' data were evaluated with regard to age, gender, etiologic factor of the trauma, type and localization of the injury, and time interval between injury and treatment.

RESULTS

A total of 1296 children in 12055 patients with orofacial trauma were evaluated. Trauma incidence was higher in boys (65%). The major etiologic factor of injury was falls (56%) and primary localization was in the frontal region (41%). The most frequent types of injury were laceration (30.1%) and hematoma (18.6%). 4% of the injuries were found in the orodental region including lips, teeth, tongue and oral mucosa of the mouth. 38% of the patients came to the emergency department within 30-60 minutes after the injury and 68% were sent home with symptomatic treatment.

CONCLUSION

Considering the high percentage of orofacial traumas, effective education is necessary regarding the appropriate diagnostic approach, emergency management and prevention of traumatic dental injuries.

Key Words: Child; orofacial trauma; tooth.

AMAÇ

Bu çalışmanın amacı, 18 yaşına kadar olan çocuk hastalarda travma nedeniyle oluşan orafasiyel yaralanmaların tipini ve nedenlerini belirlemektir.

GEREÇ VE YÖNTEM

Bu geriye dönük çalışma, 2011 yılında İstanbul Üniversitesi Tıp Fakültesi Acil Servis'ine başvuran 12055 hastadan toplanan bilgileri kapsamaktadır. Hastalardan elde edilen bilgiler yaş, cinsiyet, travmanın etyolojisi, tipi, yerleşimi ve yaralanma ile tedavi arasındaki zaman aralığı dikkate alınarak değerlendirildi.

BULGULAR

Orafasiyel yaralanma gözlenen 12055 hastadan 1296 çocuk hasta değerlendirmeye alındı. Erkek çocuklarda travma görülme sıklığının daha fazla olduğu saptandı (%65). Yaralanmalarda başlıca nedenin düşme (%56) ve birincil lokasyonun frontal bölge olduğu (%41) belirlendi. En sık karşılaşılan yaralanma tipinin lacerasyon (%30,1) ve hematoma (%18,6) olduğu saptandı. Yaralanmaların %4'ünün orodental bölgede olduğu dudakları, dişleri, dil ve oral mukazayı kapsadığı belirlendi. Hastaların %38'inin acil servise yaralanmadan 30-60 dakika sonra başvurduğu ve %68'inin semptomatik tedaviden sonra taburcu edildiği belirlendi.

SONUÇ

Sık karşılaşılan orafasiyel travmalar göz önünde bulundurularak doğru tanı, acil tedavi yaklaşımı ve travmatik dental yaralanmaları önlemek adına etkin eğitimin gerekli olduğu unutulmamalıdır.

Anahtar Sözcükler: Çocuk; orafasiyel travma; diş.

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Orofacial trauma is a serious public health problem among children, with most injuries constituting dental emergencies that require immediate assessment and management.^[1] Dental-related emergencies including orofacial traumas and their dental complications commonly present for management by medical practitioners through hospital Emergency Departments (ED) and consulting rooms.^[2] Whereas trauma to the facial bone structures is usually referred to oral and maxillofacial or plastic surgeons,^[3] mild to moderate dental trauma and associated dental pain are collectively often not seen to be as important or might be overlooked in the context of other injuries. If there is delayed or lack of treatment, these conditions often have a persistent and negative effect on patients in terms of both cost and suffering.^[4-6]

Over the past three years, a number of studies have reported the types and prevalence of orofacial injuries seen in hospital emergency departments.^[1] The information gathered in these studies provides useful descriptions of the common types of traumatic oral injuries that pediatric emergency care providers may encounter. Studies of the incidence, etiology, and distribution of these traumatic injuries provide health care planners with pertinent information to determine what types of emergency services should be available in the emergency department setting.

The aim of this retrospective study is to determine the type and etiology of traumatic orofacial injuries, including injuries to soft tissue and bones, seen in children up to 18 years of age who came to Istanbul University Faculty of Medicine, Istanbul from Jan 1, 2011, to Dec. 31, 2011 and to determine the referral patterns for further treatment.

MATERIALS AND METHODS

A retrospective design was used to address the aim of this investigation. Patient records and corresponding standard trauma form for 2011 were analysed retrospectively. All information regarding dental trauma was carefully screened, classified and allocated according to gender, age of the child at the time of trauma, type of injury, etiologic factors, injured region, treatment and the time elapsed between trauma and emergency care and diagnosis including soft tissue and bone injuries. Cases where the treatment protocol was insufficiently documented were grouped separately.

RESULTS

This retrospective study included patients between the ages of 0-18 years, visiting the Emergency Service Department at Istanbul University Faculty of Medicine, Istanbul, with dentofacial complaints during the year 2011. Of the 12055 examined records, 1296 patients met the study criteria. Trauma incidence was

higher in boys (65.0%) and in children less than five years of age (57.4%). The gender distribution of patients is shown in Table 1.

Table 1. Gender distribution of patients with orofacial trauma

Gender	n	%
Male	837	65
Female	459	35

Table 2. Prevalence of orofacial trauma by age

Age distribution	n	%
0 - 1 years	37	2.8
1 - 2 years	177	13.6
2 - 5 years	531	41
6 - 10 years	306	23.7
11 - 18 years	245	18.9

Table 3. Distribution of episodes of orofacial trauma by etiologic factor

	n	%
Fall	730	56
Hitting the head	365	28.1
Traffic accident	100	7.7
Being hit by a sharp object	49	3.7
Assault	39	3
Epileptic seizure	2	0.15
Burn	2	0.15
Suicide	1	0.05
Self-destructive behaviour	1	0.05
Syncope	1	0.05
Drowning	1	0.05

Table 4. Prevalence of orofacial trauma by the localization of the injury

Localization of the injury	n	%
Frontal region	734	41
Parietal region	220	12.2
Nasal region	173	10
Orbital region	171	9.9
Occipital region	156	9
Eyebrows	103	5
Orodental region	83	4
Mandibular region	52	3
Maxillary region	20	1.6
Unspecific localization	28	1.4
Cheeks	17	1
Ears	15	0.8
Zygoma	11	0.6
Glabella	6	0.3
Neck	5	0.2

The prevalence of orofacial injuries in patients according to their age at the time of trauma was higher in younger children (Table 2).

When considered separately, trauma caused by falls was the most predominant etiologic factor (56.0%) as shown in Table 3.

In the 1296 patients, orofacial injuries were seen in 1794 different locations, with some patients having more than one injured region. The frontal region was the most affected area (41%); the distribution is shown in Table 4.

A total of 83 injuries were seen in the orodental region, involving the lips, teeth, oral mucosa, tongue and gingiva. Lips (79.5%) were the most affected area followed by teeth (15.7%) (Table 5).

Soft tissue injuries, including lacerations, hematomas, and abrasions, were present in 65.2% of our study group (Table 6).

Patients sought help for primary care at the emergency department of Medical Faculty of Istanbul. For 1275 injuries, it was possible to evaluate time elapsed between the trauma and the initial treatment. 97% of the patients came to the emergency department within the first 24 hours after injury (Table 7).

Symptomatic treatment was the most frequently observed treatment. After primary trauma care, 68% of the patients were sent home with medical advice; 160 patients (12.2%) were sent to other clinics but none of them were sent for dental consultation within the first 24 hours. 60 patients (4.8%) overruled any treatment options and 46 of them (3.5%) left without permission (Table 8).

DISCUSSION

The determination of the incidence and prevalence of orofacial trauma has some difficulties. For example, there are many different specifications of dental and oral trauma reported in the literature.^[7-12] Determining the incidence of a particular event requires information on the number of new cases in a specified time period divided by the number of persons exposed to the risk during this period.^[7] The prevalence of orofacial trauma in various epidemiological studies has also been found to differ considerably. The great variation may be due to a number of different factors such as the trauma classification, and geographical and behavioral differences between study locations and countries.^[7] This study evaluated orofacial trauma and injury-associated factors in children who visited an emergency department. A total of 1296 children in 12055 patients with orofacial trauma from 0 to 18 years of age were evaluated. Most of the orofacial trauma data available in the literature has been collected retrospectively from cross-sectional studies or from longitudi-

Table 5. Distribution of orodental region injuries

Injuries in orodental region	n	%
Lips	66	79.5
Teeth	13	15.7
Oral mucosa	2	2.4
Tongue	1	1.2
Gingiva	1	1.2

Table 6. Prevalence of injury type in all patients

Type of injury	n	%
Laceration	428	30.1
Hematoma	262	18.6
Abrasion	226	16.5
Swelling	148	10.6
Ecchymosis	138	10
Fracture	135	9.5
Hypersensitivity	32	2.3
Hemorrhage	15	1
Hyperemia	12	0.8
Otorrhea	7	0.4
Dental injuries	4	0.05
Epistaxis	3	0.04
Deformity	3	0.04
Pain	2	0.02
Paralysis	2	0.02
Deviation	1	0.01
Finger marks	1	0.01
Burn	1	0.01

Table 7. Distribution of the time period between injury and treatment in orofacial trauma patients

Time elapsed before treatment	n	%
0-30 minutes	325	26
30 min-1 hour	484	38
1-6 hours	322	26
6-24 hours	91	7
>24 hours	43	3

Table 8. Distribution of treatments for orofacial trauma patients

	n	%
Symptomatic treatment	877	68
Hospitalization	148	11.6
Department of Plastic Surgery	101	7.8
Denial of treatment	60	4.8
Absence without permission	46	3.5
Department of Orthopedics	24	1.8
Department of Otorhinolaryngology	23	1.7
Department of Pediatrics	4	0.3
Department of Neurology	4	0.3
Department of Ophthalmology	4	0.3

nal studies of patient records.^[1-7] In the current study, the assessment of standardized trauma records with information collected at the time of assistance enables the authors to obtain more reliable data relative to previous retrospective studies in which injuries were only registered if signs and/or symptoms were evident at the time of examination.

An obvious difference was observed between genders affected by orofacial trauma. There is a consensus among international studies that boys experience significantly more dental injuries to permanent dentition than girls.^[1,13,14] In our study trauma incidence was higher in boys (65.0%)

Younger children are more susceptible to orodental trauma when they are learning to walk, combined with other behavioral factors, including their curiosity and lack of danger perception; these factors are known to contribute to facial trauma.^[1,15-21] In fact, these occurred commonly as children became ambulatory but had not yet developed mature motor skills.^[22] The findings of this study show a higher percentage of younger children, especially at the preschool age, with a history of orofacial trauma.

The major etiologic factor of injury was falls (56%) and primary localization was in the frontal region (41%). Wilson et al. described a common scenario of lacerations occurring when a toddler bit the tongue or lip as the mandible struck an object during a fall.^[23] This resulted from a younger child's inability to use his or her upper extremities for bracing during a fall.^[22,23] In our study, 4% of the injuries were found in the orodental region, which included lips, teeth, tongue and oral mucosa of the mouth.

The time elapsed between trauma and treatment was divided into five categories in this study: 0-30 min (26%), 30 min-1 hour (38%), 1-6 hours (26%), 6-24 hours (7%) and >24 hours (3%). The percentage of children who came to the ED during the first 24 hours (97%) was high compared to other studies. The time delay between injury and treatment fell into the category of "1 day" for most of the cases.

This study underlines the importance of extensive teaching on dental trauma for those who staff the ED. Despite the large number of patients, the hospital had no ED coverage by dentists during the study period. As a result, dental diagnosis and treatment were left to the general and plastic surgeons who staffed the ED. Education and training in the management of dental emergencies by medical practitioners might be inadequate.^[2] This means that it is possible that some dental diagnoses were not labeled as such, while some of those labeled as dental were not. The findings of this study revealed that none of the patients who suffered from orodental trauma were sent for dental consultation.

Traumatic injuries in children and adolescents are a common problem and several studies have reported that the prevalence of these injuries has increased during the past few decades.^[7] In order to give proper emergency treatment to orofacial trauma cases, it is necessary to set up dental consultation and continuing education for ED physicians on dental emergency procedures.

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