

THE ROLE OF MIDTRIMESTER AMNIOTIC FLUID LEPTIN AND ENDOTHELIN-1 LEVELS IN PREDICTION OF PREECLAMPSIA

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SUMMARY

Objective: We investigated leptin and endothelin-1 levels of amniotic fluid (AF) which was collected during genetic amniocentesis to use these parameters for prediction of preeclampsia.

Material and methods: The level of leptin and endothelin-1 were measured in the samples of AF which were obtained at 16-20 weeks of pregnancy during genetic amniocentesis. We recorded the patients who developed preeclampsia and who had healthy pregnancy and birth.

Results: AF leptin and endothelin-1 levels were significantly increased in the preeclamptic group compared to control group.

Conclusion: As we detected increased level of AF leptin and endothelin-1 before preeclampsia symptoms develop we think that these proteins can be used to predict preeclampsia. Thus, early follow up and treatment of preeclampsia could decrease possible complications and related financial expense.

Key words: amniotic fluid, endothelin-1, leptin

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MİDTRİMESTER AMNİYOTİK SIVI LEPTİN VE ENDOTELİN-1 DÜZEYLERİNİN PREEKLAMPSİ GELİŞİMİNİN ÖNGÖRÜSÜNDEKİ ROLÜ

ÖZET

Amaç: Genetik amniyosentez örneklerinde leptin ve endotelin-1 düzeylerini inceleyerek bunların preeklampsi gelişimini tahmin etmede kullanıp kullanılmayacağını araştırmak.

Gereç ve yöntemler: Genetik amniyosentezle 16-20 haftalık gebelerden alınan amniyotik sıvı (AS) örneklerinde leptin ve endotelin-1 düzeylerini araştırdık. Prospektif yapılan takiplerde preeklampsi gelişen ve sağlıklı doğum yapan hastaları kaydettik.

Bulgular: Preeklampsi gelişen grupta AS leptin ve endotelin-1 düzeyleri kontrol grubundan istatistiksel olarak yüksek bulunmuştur.

Yorum: AS'de henüz preeklampsi bulguları ortaya çıkmadan önce leptin ve endotelin-1'in yüksek düzeyde bulunması nedeniyle bu proteinlerin preeklampsiyi önceden tahmin etmede kullanılabileceğini düşünmekteyiz. Böylece preeklampsi takip ve tedavisinin erken başlatılması ile olası komplikasyonların ve bunlara bağlı oluşacak maddi giderlerin azaltılması mümkün olabilecektir.

Anahtar kelimeler: amniyotik sıvı, endotelin-1, leptin

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INTRODUCTION

Endothelial dysfunction triggered by antiangiogenic factors of placental origin is thought to play a role in the occurrence of preeclampsia⁽¹⁾. In recent years, it has been suggested that preeclampsia is not only an endothelial disease but also a generalized systemic inflammatory disease and is due to oxidative stress rather than hypoxia^(2,3).

Endothelin-1 is an amino acid which is released from endothelial cells including amnion cells and which has an endogen vasoconstrictor effect. It is involved in the regulation of vascular tone in hypertensive conditions. Increase in blood concentration of endothelin-1 has been reported to be associated with preeclampsia. Furthermore, it is presumed to play a key role in the relationship between primary placental disorder and ischemic endothelial dysfunction in preeclampsia⁽⁴⁾.

Leptin is produced by peripheral adipocytes and also secreted from amnion cells in pregnancy. Human placenta contains high amount of leptin mRNA, and excess leptin secretion is thought to occur as a respond to hypoxia in patients with preeclampsia. Hypoxia has been shown to have caused increase in placental leptin gene expression, and furthermore, increase in placental leptin synthesis has been found to have related to preeclampsia. Moreover, leptin plays a role in T-cell activation^(5,6).

A disturbance in uteroplacental perfusion and placentation is thought to be present before the onset of preeclampsia. Protein level alterations in amniotic fluid (AF) are presumed to reflect the early physiopathology of preeclampsia⁽¹⁾.

In this study, we aimed to examine endothelin-1 and leptin levels in genetic amniosynthesis samples to investigate if these contribute to estimation of preeclampsia that may develop in future.

MATERIALS and METHODS

The study was performed on patients who underwent genetic amniosynthesis between October 2009 and May 2010 in Obstetrics and Gynecology Department of Erciyes Medical School. Approval from Erciyes University Ethical and Audit Committee was obtained from the study. Finance was provided by Erciyes University Scientific Investigation Projects Unit.

Principles for human experiments set forth in Helsinki Declaration were followed, and consent was obtained from all study participants.

Genetic amniosynthesis was performed in patients who were found to have increased risk of detection of chromosome pathology by combined, triple test or quad test at 16-20. gestational weeks were administered. AF samples were taken to investigate leptin and endothelin-1 levels. AF samples were stored at -70o until study was initiated.

Cases who developed diabetes mellitus, fetal loss, early membrane rupture and who were detected to have abnormal karyotype during the course of gestation were excluded from the study.

Pregnancy follow-ups and deliveries of patients were recorded prospectively. The group of patients who developed (11 subjects) preeclampsia and the control group without delivery complications (52 subjects) were formed. Diagnosis of preeclampsia was made upon blood pressure values measured as 140 mm Hg and above systolic and 90 mm Hg and above diastolic, edema and more than 300 mg, or 2+ with dipstick, of protein detection, which occurred after the 20th gestational week.

Leptin level was measured through radioimmunoassay method using Leptin-Ria-CT (DIA source Immunoassay S.A., Belgium) kit, and endothelin-1 level was measured, again with radioimmunoassay method, using Endothelin-1 RIA (Phoenix Pharmaceuticals. Inc., ABD) kit.

For statistical investigations Student-t and Mann-Whitney U tests were used.

RESULTS

In our study, parameters such as maternal age, nulliparity, gestational week at which amniosynthesis was performed and proportion of female fetus were not differed between preeclampsia and control groups. While the delivery week was 34.6 ± 2.8 weeks in preeclampsia group, it was found as 38.5 ± 2.1 weeks in control group, indicating a statistically significant difference between them ($p < 0.05$). As for the birth weights, it was found to be 2400 ± 310 g and 3010 ± 320 g in preeclampsia group and control group respectively, again indicating a statistically significant between-group difference ($p < 0.05$) (Table I).

Table I: Some characteristics of study groups.

	Preeclampsia group n: 11	Control group n: 52	p
Age (year)	38.4 ± 4.1	35.1 ± 3.4	>0.05
Nulliparity (%)	11	14	>0.05
Gestational week at which amniosynthesis was performed	18.3 ± 0.8	18 ± 1.0	>0.05
Female fetus (%)	54	48	>0.05
Delivery week	34.6 ± 2.8	38.5 ± 2.1	<0.05
Birth weight (gr)	2400 ± 310	3010 ± 320	<0.05

AF leptin level, which was found to be 16.2 ± 2.1 ng/ml in preeclampsia group, was detected to be 8.4 ± 1.2 ng/ml in control group. AF leptin level was statistically significantly higher in preeclampsia group ($p < 0.05$). AF endothelin-1 level was detected to be 34.1 ± 2.1 pg/ml in preeclampsia group and 24.2 ± 1.5 pg/ml in control group. Endothelin-1 level was detected to be statistically significantly higher in preeclampsia group ($p < 0.05$) (Table II).

Table II: AF leptin and endothelin-1 levels in preeclampsia and control groups.

	Preeclampsia group n: 11	Control group n: 52	p
Leptin (ng/ml)	16.2 ± 2.1	8.4 ± 1.2	<0.05
Endothelin-1 (pg/ml)	34.1 ± 2.1	24.2 ± 1.5	<0.05

DISCUSSION

12 days after fertilization, AF starts to fill the gestational sac and this event takes place through active transport. Until mid-trimester, fetus is not the major source of AF. Fetal urine does not constitute the major part of AF until 20th week. For these reasons, the major part of the AF samples taken during the period until 20th week are placenta-originated^(7,8).

In preeclampsia there is a generalized endothelial dysfunction which is thought to be due to placenta-originated antiangiogenic factor. Symptom starts to clear up after the placenta is separated. In preeclamptics AF levels of some proteins may differ in early period. It has been suggested that detection of this alteration may be

used in early prediction of the disease^(1,9-11).

In our study, the mean delivery week and mean birth weight of preeclamptic subjects was found as 34.6 and 2400 g respectively. In the study by Wang et al.⁽¹⁾, delivery week and fetal weight were found as 33.6 and 2040 g respectively, which are in line with our results. However, in the study by Margarit et al.⁽¹⁰⁾, gestational weeks and birth weight were found as 38 and 2864 g respectively, which figures we believe are relatively high for subjects with preeclampsia.

In our study, the mean age of the subjects was 38.4 and nulliparity ratio was 11%. In the similar study by Wang et al.⁽¹⁾, in which they examined leptin and endothelin-1, the mean maternal age was 35 and nulliparity was 17%. In the similar study by Chan et al.⁽¹¹⁾, in which they investigated leptin only, the mean maternal age was 35.3 and nulliparity was 25%. Again in the similar study by Margarit et al.⁽¹⁰⁾, in which they investigated endothelin-1 level only, the mean maternal age was 35 whereas nulliparity was not reported. The mean maternal age in our study is similar to those found in other studies. As for the parity, it has not a known effect on leptin and endothelin-1 levels subject to investigation.

In our investigation, gestational week at which amniosynthesis was performed in preeclamptic subjects was mean 18.8, whereas the proportion of female fetus was detected to be 54%. In the study by Wang et al.⁽¹⁾, the mean gestational week was reported as 17.3, no fetal gender however was declared. In the study by Chan et al.⁽¹¹⁾, on the other hand, the mean gestational week was 18.3 and the proportion of female fetus was 50%. In the investigation by Margarit et al.⁽¹⁰⁾, amniosynthesis week was declared as 16-17, whereas no information about fetal gender was reported. Our results related to mean gestational week and fetal gender show similarity to those obtained in parallel studies in literature. In the investigation by Cagnacci et al.⁽¹²⁾, AF leptin level was found to be higher in female fetuses. In our study, proportions of gender are very close to each other (Table I), which, therefore, we think have no effect on leptin levels.

In our study, we found that leptin levels were higher in preeclamptic subjects compared to control group (Table II). Chan et al.⁽¹¹⁾ and Wang et al.⁽¹⁾ obtained similar results in the studies they conducted. Inadequate endovascular invasion by cytotrophoblasts during early gestational period plays a role in the etiology of

preeclampsia. This causes placental hypoxia which in turn leads to increase leptin secretion from trophoblasts⁽⁵⁾. On the other hand, leptin is secreted during acute inflammation. In some studies, it has been demonstrated that, like leptin, inflammatory cytokines such as tumor necrotizing factor (TNF) alpha and interleukin-6 has increased in preeclamptic patients. Inflammation is also thought to play role in the physiopathology of preeclampsia⁽¹³⁾.

Elevation in AF leptin levels during mid-trimester in preeclamptic patients is the result of respond to inadequate invasion by cytotrophoblasts. Detection of this result before the clinical signs and symptoms of preeclampsia were emerged suggest that it can be used in early prediction of the disease⁽¹¹⁾.

AF endothelin-1 level was found to be higher in preeclampsia group compared to control group (Table II). Similar results were obtained in the studies by Chan et al.⁽¹¹⁾ and Margarit et al.⁽¹⁰⁾. This result indicates that endothelin-1 secretion in amniotic cavity increases before the onset of preeclampsia symptoms, and this peptide may be involved in the physiopathology of the disease. Endothelin-1 is known to regulate blood flow by constricting the placental veins. Furthermore, endothelin-1 has been shown to activate inflammation modulating proteins such as nuclear factor -kB (NF-kB), c-Jun N-terminal kinase (JNKs). These results demonstrate that it may contribute to physiopathology of preeclampsia through inflammation^(3,14).

On the other hand, it is presumed that leptin and endothelin-1 affects vascular tone by exerting affect on endothelial nitric oxide, and hypertension thus develop⁽¹⁾.

As a conclusion, in pregnant women, leptin and endothelin-1 levels may be determined by taking samples during amniosynthesis. If the levels of these proteins are detected to be high, preeclampsia should be considered to develop. Increase in frequency of antenatal follow-ups should be ensured. It has been reported in literature that medical treatments (such as aspirin, heparin) may be useful in selected cases^(15,16). Follow up with pre-estimation and early onset of treatment will reduce possible complications and financial costs they cause.

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