# Epithelial Cells in a Peripheral Blood Smear 

## Periferik Yaymada Epitel Hücreleri

(D) Phebe En Ni Lee ${ }^{1}$, (D) Gloria Yuquan Chen ${ }^{1}$, (D) Eng Soo Yap ${ }^{1,2}$<br>${ }^{1}$ Ng Teng Fong General Hospital, Department of Laboratory Medicine, Jurong East, Singapore<br>${ }^{2}$ National University Hospital, Department of Laboratory Medicine, Kent Ridge, Singapore



Figure 1. A) Microscopic findings in Wright-stained cells under $100^{\times}$magnification. B) Microscopic findings in Wright-stained cells under $40^{\times}$magnification.

A 56-year-old man with a history of asthma, chronic hepatitis C infection, and previous heroin abuse presented to the emergency department with complaints of epigastric pain and vomiting. He was diagnosed with gastritis. During the examination, the complete blood count showed hemoglobin of $13.5 \mathrm{~g} / \mathrm{dL}$, leukocyte count of $9.70 \times 10^{9} / \mathrm{L}$, and platelet count of $118 \times 10^{9} / \mathrm{L}$. A Wright-stained peripheral blood smear showed normochromic normocytic red cells with occasional myelocytes and reactive lymphocytes. A few clusters of medium-to-large cells containing elongated oval-grooved nuclei with pale blue frayed cytoplasm at both ends were found at the tail-end of the blood smear, and the nuclei were larger than those of the lymphocytes and had finely stippled or granular appearance (Figures 1A and 1B). These cells were likely epithelial cells and were reported as nonhematopoietic cells. A subsequent preparation from a fresh EDTA tube did not show additional epithelial cells. The presence
of these abnormal cells may have been due to improper mixing prior to aspiration with the Sysmex automated slide maker SP-10, which caused the analyzer to aspirate the buffy coat layer [1]. It may also have occurred due to a blunted needle tip being used or from repeated unsuccessful venipuncture attempts $[2,3]$. These abnormal cells can also be rarely seen from finger or heel pricks [4] due to transference of skin into the blood tube.

Keywords: Red blood cells, Lymphocytes, Neutrophils
Anahtar Sözcükler: Kırmızı kan hücreleri, Lenfositler, Nötrofiller

## Ethics

Informed Consent: This study did not involve personal information; only laboratory data were reported. Patient consent was therefore waived.

Address for Correspondence/Yazışma Adresi: Eng Soo Yap, M.D., Ng Teng Fong General Hospital; National University Hospital, Kent Ridge, Department of Laboratory Medicine, Jurong East, Kent Ridge, Singapore
Phone : +6569082222
E-mail : eng_soo_yap@nuhs.edu.sg ORCID: orcid.org/0000-0002-7910-3154
©Copyright 2023 by Turkish Society of Hematology Turkish Journal of Hematology, Published by Galenos Publishing House Licensed under a Creative Commons Attribution-NonCommercial (CC BY-NC-ND) 4.0 International License.

## Authorship Contributions

Data Collection or Processing: P.E.N.L., G.Y.C.; Writing: P.E.N.L., G.Y.C., E.S.Y.

Conflict of Interest: No conflict of interest was declared by the authors.

Financial Disclosure: The authors declared that this study received no financial support.

## References

1. Cha CH, Kim JU. Endothelial cells in peripheral blood smear: An artifact? Korean J Hematol 2010;45:150.
2. Sojitra P. Normal endothelial cells in blood smears. In: American Society of Hematology Image Bank. Washington, ASH, 2019. https://imagebank. hematology.org/image/62840/normal-endothelial-cells-in-blood-smears
3. Deirawan H. Endothelial cells. In: American Society of Hematology Image Bank. Washington, ASH, 2018. https://imagebank.hematology.org/ imageset/60142/endothelial-cells
4. Glassy EF. Color Atlas of Hematology: An Illustrated Field Guide Based on Proficiency Testing: Peripheral Blood, 2nd ed. Northfield, College of American Pathologists, 2018.
