

**MEDICAL NEWS**

**TIP HABERİ**

**TURKISH CEREBROVASCULAR DISEASES SOCIETY AND NOT FORGETTING STROKE IN PANDEMIC  
TÜRK BEYİN DAMAR HASTALIKLARI DERNEĞİ VE PANDEMİDE İNMEYİ UNUTMAMAK**

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**Anahtar Sözcükler:** COVID-19, toplumsal farkındalık, inme geçirmiş hastanın bakımı, akut inme, akademinin sorumluluğu.

May 2020 was the World stroke awareness month. During these most intense times of the pandemic, the Turkish Cerebrovascular Diseases Society (TCVDS) held many activities to remind the increasing importance of stroke. The stroke incidence did not decline in the pandemic and the treatment of stroke did not change; however, neurology specialists faced both an increased workload and considerably changing conditions. Nevertheless, we observe that we succeeded in those times. Neurologists in Turkey continue to manage stroke and other neurological diseases effectively while contributing significantly to the fight against the pandemic.

We started May 2020 by announcing that this would be the "Stroke Awareness Month". Only one day, May 10th, was highlighted as the World Stroke awareness day previously; however, the whole month has been allocated for this purpose this year. On May 11th, the Society attracted attention to ten preventive measures with the motto "GO AHEAD BEFORE A STROKE!" Our clear infographics were followed by our fight against hypertension (May 17), obesity (May 22), and smoking (May 31) (Image). On May 20th, we published our report titled "10 Answers to 10 Questions Before a Stroke".

Bijen Nazliel talked about "WAYS OF LIVING WITHOUT A STROKE" on a live show on May 6th on the "This Morning in Ankara" show on Radio Traffic. Radio programs during the month

continued with A. Özcan Özdemir on May 8th on Max FM A., İpek Midi on May 15th on TRT Radio-1 on the "News Comment" show, Erdem Yaka on May 16th on Radio Shema, and again with İpek Midi on May 20th on "Günebakan-Review of the Day" show on TRT Radio-1.

TREATABLE STROKE DURING THE COVID-19 PANDEMIC was addressed by Canan Togay Işıkay on May 11th, 2020 on the "Daily Overview" show on Channel B and by Ethem Murat Arsava on May 15th on the "Good Morning Turkey" show on Halk TV.

On May 10th; in Medimagazin, M. Akif Topcuoğlu stated that stroke can be prevented and treated. Later on, he continued his statements on May 11th at the Medical Academy and on May 13th in Hürriyet Newspaper, Vatan Newspaper, Bursa Hakimiyet Newspaper, the TV channel Haber-7, and on Haber.com. On May 11th İpek Midi wrote about stroke in Aydınlık newspaper in the section "In the Life" and again on May 11th A. Özcan Özdemir wrote about stroke in Winally.

On the TSCVD website, we allocated a separate section for our patients in this month to keep it there and to improve. This site will soon be published as a book by Canan Togay Işıkay, İpek Midi, and A. Özcan Özdemir.

The stroke nursing practice guideline and expert opinion on acute ischemic stroke treatment during the pandemic were the papers published in this May (1,2).

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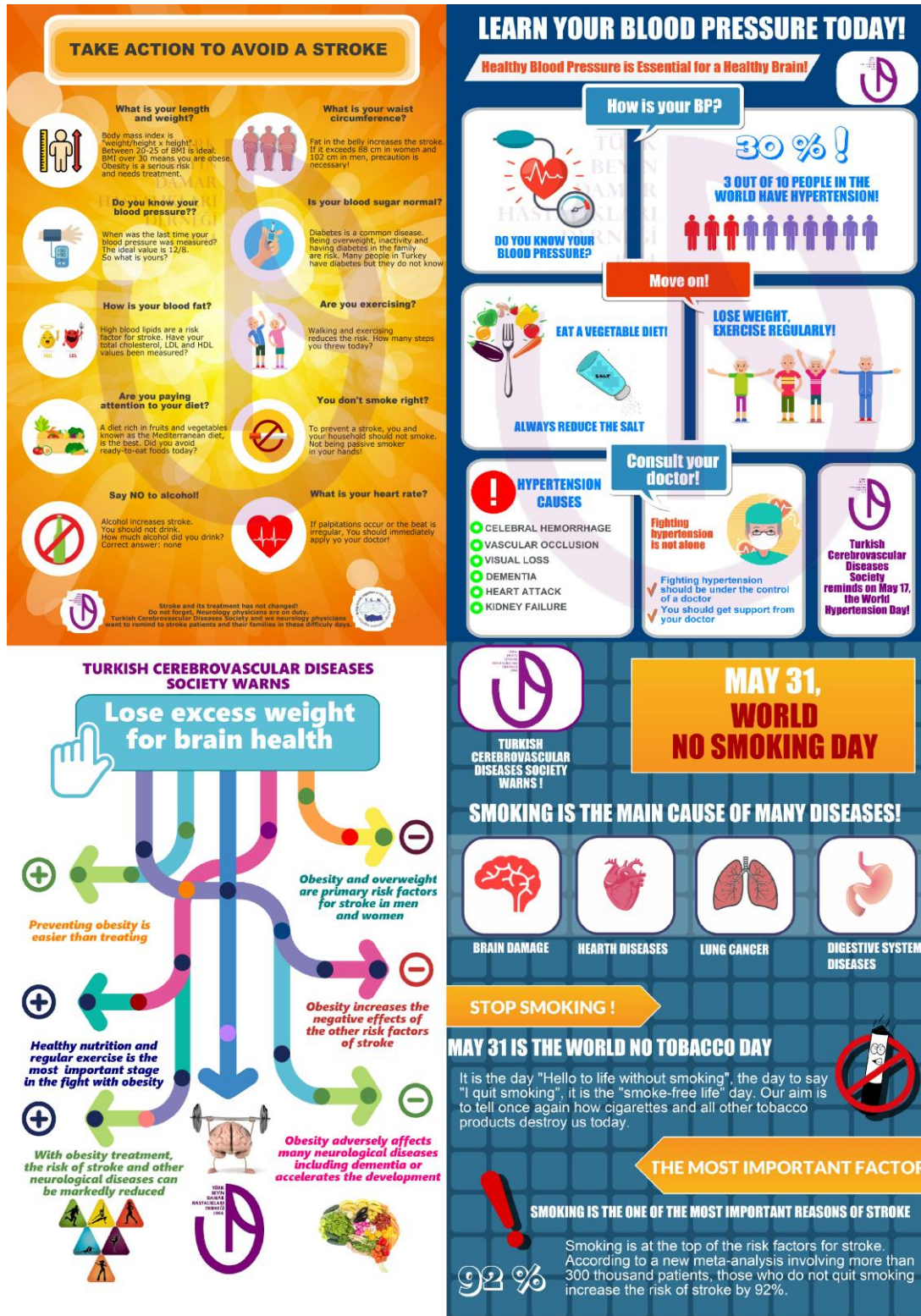
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**Image:** Infographics published by TCVDS in May 2020. All of them can be obtained from the society's website and social media and are open to clinical use. These infographics were created by Cigdem Akbas Ilgaz and Yener Gok and written by M. Akif Topcuoglu.

We, TCVDS that is the Society of Stroke, have worked, continue working, and will continue to work to train the public about stroke, to remind it, and to provide all kinds of assistance to persons, who underwent a stroke.

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## Ethics

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