

# Comparison of the Efficiency and Side Effects of Syringe Size in Spinal Anesthesia

 Fatih Doğu Geyik,<sup>1</sup>  Yücel Yüce,<sup>1</sup>  Kutlu Hakan Erkal,<sup>1</sup>  
 Banu Eler Çevik,<sup>1</sup>  Necati Çitak<sup>2</sup>

<sup>1</sup>Department of Anesthesiology and Reanimation, Health Sciences University Kartal Dr. Lütfi Kırdar Training and Research Hospital, Istanbul, Turkey

<sup>2</sup>Department of Thoracic Surgery Bakırköy Sadi Konuk Training and Research Hospital, Istanbul, Turkey

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Correspondence: Fatih Doğu Geyik, SBÜ Kartal Dr. Lütfi Kırdar Eğitim ve Araştırma Hastanesi, Anesteziyoloji ve Reanimasyon Kliniği, Istanbul, Turkey

E-mail: dogugeyik@hotmail.com



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## ABSTRACT

**Objective:** Obstetric anesthesia and analgesia are administered to reduce pain during labor. The effect of 3 different-sized injectors (2.5 mL, 5 mL, 10 mL) used to achieve a subarachnoid block, each containing the same volume of local anesthesia, were analyzed, as well as complications and patient hemodynamics.

**Methods:** A total of 120 patients of American Society of Anesthesiologists classification I or II in the age group of 18 to 45 years who underwent a cesarean section with subarachnoid anesthesia were enrolled in the study. In Group I, 2.5-mL injectors were used; in Group II, 5-mL injectors were used; and 10-mL injectors were used in Group III. The hemodynamic parameters of all of the patients were recorded. Postoperative Bromage scale and pinprick tests were performed to assess motor and sensorial block levels, and time for recovery from the block was also recorded. Postoperative complications (headache, lumbar pain), and any requirement for an epidural blood patch was noted.

**Results:** There was a statistically significant difference in the time to reach T4 dermatome between Group I and Group II ( $p=0.002$ ). The time required was  $2.5\pm 0.8$  minutes for Group I, while it was  $3.2\pm 0.9$  minutes for Group II, and  $3.2\pm 1.0$  minutes for Group III (Group I vs Group II:  $p=0.001$ , Group I vs Group III:  $p=0.002$ , Group II vs Group III:  $p=0.843$ ).

**Conclusion:** The results indicated that the difference in the diameter of the injector had only a minimal effect on hemodynamic parameters. Further studies with other patient groups and different surgical procedures will produce more comprehensive results.

## INTRODUCTION

Obstetric anesthesia and analgesia aim to reduce the pain during the labor. Anesthesia is needed for primarily cesarean section (C-section), forceps induction, episiotomy, internal version, breech position, exclusion of the placenta, correction of the uterus inversion.<sup>[1]</sup> The method of anesthesia for C-section; based on to indication of the procedure, the emergence level of the operation, the request of the patient and the experience of anesthesiologist. There is no single ideal method for C-section. Both general and regional anaesthesia be used for elective cesarean section however, which of the two techniques is more ideal remains controversial.

Spinal anesthesia is the most common method of anesthesia for caesarean section. The anesthesiologist should prefer the method which is safe and comfortable for the mother, less depressant to the fetus and provide optimal conditions for the surgical operation.<sup>[2]</sup> The regional anesthesia has some advantages. First of all no need for airway manipulation, protection of the airway reflexes, the de-

crease of blood loss and depending on general anesthesia, the probability of fetal depression due to medications used and the continuation of the analgesia during the postoperative period.<sup>[3,4]</sup> Spinal anesthesia is defined will effect as the transient cessation of the nerve conduction by injection of a local anesthetic solution into the cerebrospinal fluid.<sup>[5]</sup> In pregnant patients, which there is an increase in intra abdominal pressure or dilatation of the epidural veins result with unwanted higher levels of block. This will cause respiratory depression in patients.<sup>[1,6]</sup>

There are several studies concerning the complications due to the needle diameter on spinal anaesthesia for C-section. According to our knowledge, but there are no studies evaluating the effects of different sized syringes on the duration of the blockage, the level of the dermatom and the complications during spinal anesthesia.

This study aimed to compare the haemodynamic effects of three different sized syringes (2.5 mL, 5 mL, 10 mL) with same volume of local anesthetics in partritent patients undergoing C-section.

## MATERIAL AND METHODS

This prospective, randomized, double blind study was conducted at the Obstetrics and Gynecology operation room of University of Health Sciences Kartal Dr. Lutfi Kirdar Training and Research Hospital. The study protocol conformed to the ethical guidelines of the Declaration of Helsinki. The study protocol was approved by ethics committee of University of Health Sciences Kartal Dr. Lutfi Kirdar Education and Research Hospital (Date: 30/01/2018 Number: 2018/514/122/1) and informed consent from the patients obtained separately before operation.

A total of 120 patients had physical status I and II according to American Society of Anesthesiologists (ASA) aged 18 to 45 years scheduled for elective C-section under spinal anesthesia were enrolled in the study.

The inclusion criteria were as follow: candidates of elective cesarean section after 36 weeks of gestation, body mass index 18 to 35 kg/m<sup>2</sup>, height more than 150 cm, no history of addiction, no history of pre-eclampsia, eclampsia, or hypertension, and no contraindication for spinal anesthesia. The exclusion criteria included any contraindications for spinal anesthesia (infection on injection site, coagulation disorder, severe hypovolemia, increased intracranial pressure, aortic and/or mitral stenosis), patients with ASA physical status III or IV, preeclampsia, eclampsia, hypertension, diabetes mellitus, respiratory disorders, cardiac disorders, renal disorders, hepatic disorders, patients with coagulopathies, weight >100 kg, length <150 cm, age and fetal problems (bradycardia, polyhydramnios) were excluded from the study. Patients with technical failure were excluded.

The patients were randomly divided into three groups of 40 each. In Group I; 2.5 mL syringe, in Group II; 5 mL syringe and in Group III; 10 mL syringe were used for subarachnoid anesthesia. The weight, height, ASA status and age of the patients were recorded. The level of spinal block, duration of sensory and motor block, and hemodynamic variables (mean blood pressure, systolic blood pressure diastolic blood pressure and heart rate), and complications were compared among the 3 groups.

Patients were admitted on the morning of surgery. Patients with 8-hour fast did not receive any pharmacological premedication. On arrival in the operating room, the patients were positioned on the operating table in the supine position with left uterine displacement, electrocardiogram, peripheral capillary oxygen saturation, and noninvasive blood pressure monitors (Mindray PM-8000E®, Medical International Co., Ltd., China) were attached and baseline values of heart rate (HR) and blood pressure (BP) were noted. After inserted an 18-gauge intravenous cannula, all patients received an infusion of 10 mL.kg<sup>-1</sup> of Ringer's lactate administered in 10 min before spinal anesthesia. Using an aseptic technique, a 25-gauge Quincke spinal needle (Spinocan®, B. Braun Melsunger, Germany) was inserted intrathecally via median approach into the L4-5 interspaces, while the patient was in a sitting

position. After confirmation of free flow of cerebrospinal fluid, 2.5 mL 0.5% bupivacaine (AstraZeneca Company, France) was injected intrathecally, in all three groups. After confirming free flowing cerebrospinal fluid, In all 3 groups 2.2 mL of 0.5% (12.5 mg) hyperbaric bupivacaine (AstraZeneca Company, France) injection was performed in 15–25 seconds with a 2 mL, 5 mL and 10 mL syringes. Injection was performed at a constant rate of 0.2 mL.sec<sup>-1</sup>. Immediately after spinal anesthesia, patients were placed in the supine position.

Then at 1., 5., 10., 15., 20. and 30. minutes sensory and motor block were measured, systolic blood pressures (SBP), diastolic blood pressures (DBP), mean arterial pressures (MAP), heart rates and SpO<sub>2</sub> values were recorded for 10 min and then every 5 min until the end of surgery. The sensory block was assessed using the pin prick method and motor block was assessed with modified Bromage score (1=unable to move feet or knees, 2=able to move feet only, 3=just able to move knees, 4=full flexion of knees with detectable weakness of hip flexion while supine, 5=no detectable weakness of hip flexion while supine, 6=able to perform partial knee bend). After the sensory block achieved at the T4 dermatome the operation allowed. The time to reach maximum height of sensory block was also noted. All patients received supplemental oxygen (3 L.min<sup>-1</sup>) through an oxygen via a face mask until the umbilical cord was clamped.

Maternal side effects of spinal anesthesia like hypotension was considered when the mean arterial pressure decreased to more than 30% of baseline or less than 70 mmHg. Hypotension was treated with incremental intra-

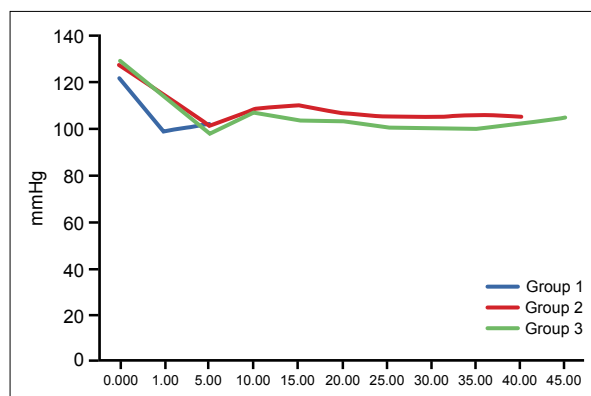


Figure 1. Changes in systolic blood pressures.

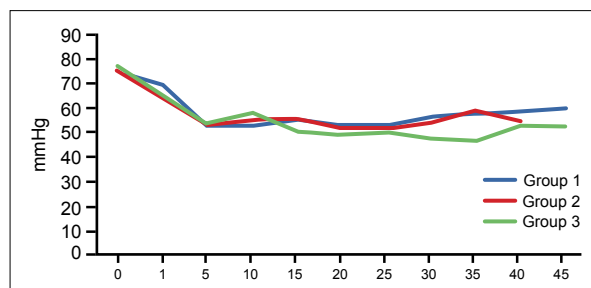


Figure 2. Changes in diastolic blood pressures.

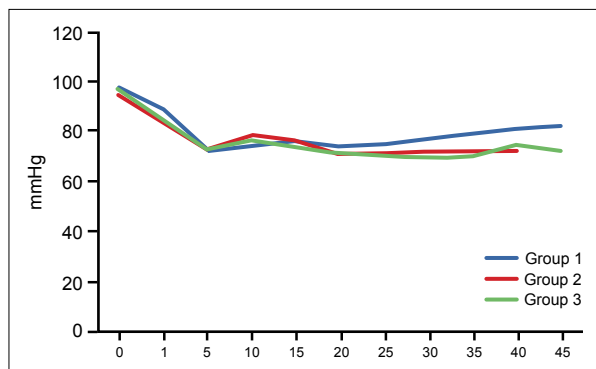


Figure 3. Change in mean arterial pressures.

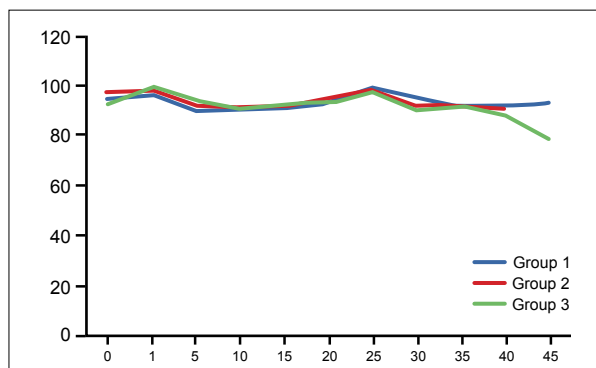


Figure 4. Change in heart rates.

venous doses of ephedrine. Similarly, bradycardia was defined as slowing heart rate of more than 30% of individual baseline or less than 60 beats per minute and treated up to 3 mg intravenous atropine. Side effects such as nausea, vomiting, shortness of breath, were recorded and managed accordingly. Nausea and vomiting if any treated with injection ondansetron 4 mg IV.

After the surgery, the patients were shifted to the post-anesthesia care unit and standard monitoring was continued. The sensory level and motor blockade were assessed every 10 min. Postoperative modified Bromage scales and sensory Pinprick tests were performed for block levels and time for recovery of the blocks were recorded. The occurrence of postoperative headaches and lumbar pain was also recorded.

## Statistical analysis

The statistical analysis was performed with SPSS version 24.0 for Windows (SPSS, Chicago, IL). The distribution of the variables was evaluated by Kolmogorov-Smirnov test. For comparison of the groups according to the parametric data with normal distribution (mean±standart deviation), t-test was used. Mann-Whitney U test was used for data with abnormal distribution (median±standart deviation).  $P < 0,05$  was considered as statistically significant.

## RESULTS

In all 3 groups, spinal block was successful and no high neuraxial block (level higher than T4) was recorded. As seen in Table I there was no significant difference in demographic characteristics of the patients and the ASA class of patients were comparable between the groups. The mean age of the patients was  $26.7 \pm 6.3$  (17–44) year, the mean weight was  $73.3 \pm 11.5$  kg and the mean length was  $162.2 \pm 6.0$  cm.

The mean SBP was  $129.4 \pm 13.7$  mmHg, the mean DBP was  $76.2 \pm 11.3$  mmHg and the mean MAP was  $96.4 \pm 11.9$  mmHg. There were no significant differences between two groups in SBP, DBP and MAP ( $p=0.278$ ) (Table I).

There was no statistically significant difference between the Group I and Group II in SBP (Fig. 1, Table 2). There was statistically significant difference between the Group II and Group III in SBP at 15th min values, between the Group I and Group III in SBP at 1st min ( $p=0.07$ ), SBP at 25th min ( $p=0.02$ ), SBP at 30th min ( $p=0.007$ ), SBP at 35th min ( $p=0.008$ ) and SBP at 40th min ( $p=0.08$ ) values were statistically significant.

There was statistically significant difference between the Group I and Group II in DBP at 1st min ( $p=0.07$ ), there was no difference at other measurment times. There was statistically significant difference between the Group II and Group III in DBP at 35th min ( $p=0.03$ ), there was no difference at measurment times (Fig. 2). There was statistically significant difference between the Group I and Group III in DBP at 1st min ( $p=0.08$ ), DBP at 10th min ( $p=0.06$ ), DBP at 15th min ( $p=0.05$ ), DBP at 20th min ( $p=0.04$ ), DBP at 30th min ( $p=0.01$ ), DBP at 35th min ( $p=0.001$ ) and DBP at 40th min ( $p=0.09$ ) (Table 3).

Table I. The demographic characteristics and mean preoperative hemodynamic parameters

	Mean±SD	Mean±SD	Mean±SD	Mean±SD	p
Age (years)	27.5±6.3	24.8±6.4	27.9±5.9	26.7±6.3	0.110
Length (cm)	161.4±6.4	162.5±5.9	162.7±5.8	162.2±6.0	0.342
Weight (kg)	75.6±11.3	70.9±11.4	73.6±11.5	73.3±11.5	0.456
g-Systolic blood pressures (mmHg)	131.6±13.5	127.6±14.7	129.1±13.0	129.4±13.7	0.507
g-Diastolic blood pressures (mmHg)	75.8±9.5	75.6±12.9	77.1±11.3	76.2±11.3	0.680
g-Mean arterial pressures (mmHg)	97.9±10.4	94.3±13.4	97.0±11.8	96.4±11.9	0.633
g-Heart rate (n)	94.0±12.5	97.2±14.3	93.2±16.3	94.8±14.5	0.434
g-SO <sub>2</sub> (%)	96.8±1.0	97.4±0.9	97.2±1.0	97.1±1.0	0.278

SD: Standard deviation.

**Table 2.** The changes in SBPs during the procedure and comparison between the groups

	Groups			p-values		
	Group I (n=39)	Group 2 (n=40)	Group 3 (n=41)	Group I vs 2	Group I vs 3	Group 2 vs 3
SBP-1	121±14.8	115.7±18.5	115.0±14.5	0.162	0.07	0.850
SBP-5	99.9±23.1	101.4±22.4	98.8±19.3	0.771	0.819	0.579
SBP-10	102.7±15.9	108.2±18.2	107.0±16.1	0.160	0.229	0.769
SBP-15	107.8±14.7	110.1±15.2	104.0±12.6	0.507	0.223	0.05
SBP-20	106.1±17.5	107.0±11.9	103.7±12.1	0.793	0.464	0.212
SBP-25	108.1±14.0	105.8±10.4	101.6±10.3	0.435	0.02	0.103
SBP-30	110.7±14.2	105.8±9.7	100.7±12.5	0.169	0.007	0.139
SBP-35	111.5±12.8	106.8±7.4	100.6±11.7	0.392	0.008	0.247
SBP-40	111.6±14.6	105.0±6.0	102.1±9.9	0.452	0.08	0.650
SBP-45	112.8±12.2	–	105.0±5.8	NA	0.260	NA
SBP-50	114.3±11.5	–	114.0±0.0	NA	0.982	NA
SBP-55	125.0±7.0	–	90.0±0.0	NA	0.154	NA
SBP-60	140.0±0.0	–	113.0±0.0	NA	NA	NA

SBP: Systolic blood pressures

**Table 3.** The changes in DBPs during the procedure and comparison between the groups

	Groups			p-values		
	Group I (n=39)	Group 2 (n=40)	Group 3 (n=41)	Group I (n=39)	Group 2 (n=40)	Group 2 vs 3
DBP-1	69.5±10.3	64.4±13.9	65.2±11.4	0.07	0.08	0.787
DBP-5	53.3±13.0	54.7±15.7	54.2±13.0	0.660	0.744	0.881
DBP-10	53.8±10.2	55.8±12.7	58.2±10.4	0.444	0.06	0.356
DBP-15	55.7±8.9	55.7±13.7	51.6±9.5	0.990	0.05	0.119
DBP-20	53.7±10.2	52.1±11.5	49.4±8.6	0.504	0.04	0.239
DBP-25	53.7±9.6	52.2±11.9	50.2±9.9	0.558	0.130	0.462
DBP-30	56.2±10.0	54.6±12.5	48.9±10.8	0.598	0.01	0.114
DBP-35	58.3±8.8	59.5±13.7	47.8±9.2	0.790	0.001	0.03
DBP-40	59.4±10.0	55.0±5.1	53.1±6.0	0.472	0.09	0.639
DBP-45	60.3±13.1	–	52.3±7.2	NA	0.351	NA
DBP-50	56.6±4.1	–	63.0±0.0	NA	0.318	NA
DBP-55	76.0±5.6	–	43.0±0.0	NA	0.132	NA
DBP-60	90.0±0.0	–	46.0±0.0	NA	NA	NA

DBP: Diastolic blood pressures

There was statistically significant difference between the Group I and Group II in MAP at 1st min and 30th min ( $p=0.02$  and  $p=0.07$ , respectively). There was no statistically significant difference between the Group II and Group III in MAP. There was statistically significant difference between the Group I and Group III in MAP at 1st min ( $p=0.05$ ), MAP at 15th min ( $p=0.09$ ), MAP at 25th min. ( $p=0.05$ ), MAP at 30th min ( $p=0.009$ ) and MAP at 35th min ( $p=0.007$ ) (Fig. 3, Table 4).

There was no statistically significant difference between the groups heart rates and  $SpO_2$  levels ( $p>0.05$ ) (Table 5).

The ephedrine requirement was 69% ( $n=27$ ) in Group I, 60% ( $n=24$ ) in Group II and 58.5% ( $n=24$ ) in Group III (Fig. 4). There was no statistically significant difference between the groups in ephedrine requirement ( $p>0.05$ ) (Table 6).

There was statistically significant difference between the Group I and Group II about the block time to reach T4 dermatome ( $p=0.002$ ). It was  $2.5\pm 0.8$  min for Group I,  $3.2\pm 0.9$  min for Group II and  $3.2\pm 1.0$  min for Group III (Group I vs Group II  $p=0.001$ , Group I vs Group III  $p=0.002$ , Group II vs Group III  $p=0.843$ ).

There was no statistically significant difference between the groups about the maximum dermatome level ( $p=0.894$ ) (Table 6).

## DISCUSSION

In modern obstretical anesthesia procedures, regional anesthesia in elective C-sections may be performed via spinal, epidural and combined spinal-epidural techniques.<sup>[7]</sup>

**Table 4.** The changes in MAPs during the procedure and comparison between the groups

	Groups			p-values		
	Group 1 (n=39)	Group 2 (n=40)	Group 3 (n=41)	Group 1 (n=39)	Group 2 (n=40)	Group 2 vs 3
MAP-1	89.7±12.2	83.0±14.4	84.6±11.2	0.02	0.05	0.582
MAP-5	72.2±16.2	73.0±17.5	72.1±14.7	0.836	0.969	0.797
MAP-10	74.4±11.6	78.5±14.5	76.5±13.5	0.169	0.466	0.515
MAP-15	76.6±9.3	76.7±13.4	73.0±9.7	0.967	0.09	0.155
MAP-20	74.6±11.5	71.9±10.7	71.1±9.6	0.282	0.142	0.724
MAP-25	75.2±10.7	71.6±9.7	70.4±10.5	0.146	0.05	0.636
MAP-30	77.2±10.6	72.2±9.2	69.8±10.1	0.07	0.009	0.420
MAP-35	79.0±9.8	72.3±7.4	70.6±8.8	0.125	0.007	0.680
MAP-40	81.1±12.9	72.3±5.0	74.6±9.7	0.266	0.197	0.706
MAP-45	82.3±13.3	–	72.5±5.9	NA	0.761	NA
MAP-50	74.3±11.5	–	79.0±0.0	NA	0.242	NA
MAP-55	101.0±12.7	–	62.0±0.0	NA	NA	NA
MAP-60	110.0±0.0	–	74.0±0.0	NA	NA	NA

MAP: Mean arterial pressures

**Table 5.** The changes in hear rates during the procedure and comparison between the groups

	Groups			p-values		
	Group 1 (n=39)	Group 2 (n=40)	Group 3 (n=41)	Group 1 (n=39)	Group 2 (n=40)	Group 2 vs 3
HR-1	96.4±15.5	98.0±19.9	99.2±16.1	0.686	0.427	0.768
HR-5	90.4±22.2	92.1±15.5	94.6±21.0	0.687	0.388	0.552
HR-10	91.6±16.7	91.7±19.2	91.9±18.0	0.909	0.937	0.852
HR-15	91.7±17.3	92.2±17.5	93.5±13.9	0.898	0.612	0.716
HR-20	93.2±17.5	95.7±15.9	93.6±14.2	0.501	0.905	0.530
HR-25	99.0±16.7	98.0±13.3	97.2±14.0	0.789	0.622	0.812
HR-30	95.0±14.8	92.9±13.1	90.7±13.2	0.593	0.255	0.579
HR-35	92.1±12.2	92.0±13.0	92.1±15.4	0.985	0.985	0.979
HR-40	91.3±15.2	91.3±17.9	88.2±14.7	0.999	0.618	0.769
HR-45	93.3±19.1	–	79.2±8.9	NA	0.209	NA
HR-50	87.3±21.2	–	100.0±0.0	NA	0.657	NA
HR-55	98.5±17.6	–	102.0±0.0	NA	0.898	NA
HR-60	85.0±0.0	–	119.0±0.0	NA	NA	NA

HR: Heart rate

**Table 6.** Comparison between the groups about ephedrine demand, ephedrine dose, time to arrive T6 level and maximum dermatome level

	Groups			p-values		
	Group 1 (n=39)	Group 2 (n=40)	Group 3 (n=41)	Group 1 (n=39)	Group 2 (n=40)	Group 2 vs 3
Ephedrine demand						
+	27/69.2%	24/60.0%	24/58.5%	0.398	0.326	0.895
–	12/30.8%	16/40.0%	17/41.5%			
Ephedrine dose	15.1±9.7	12.7±8.3	12.0±6.5	0.338	0.195	0.774
Time to arrive T6 level	2.55±0.81	3.20±0.91	3.24±1.06	0.001	0.002	0.843
Maximum dermatomelevel	4.79±0.92	5.10±1.05	4.82±0.99	0.176	0.873	0.239

HR: Heart rate

In regional anesthesia, the main aim is obtaining the loss of nerve conduction and sense of pain in a definite area of the body without loss of consciousness. It has some definite

advantages like no loss of consciousness of the mother, no need for airway manipulation, protection of the airway reflexes, low risk of maternal pulmonary aspiration risk,

less blood loss, low risk of fetal depression and continued analgesia at the postoperative period.<sup>[7-10]</sup> But there are some potential complications like inadequate block, high level block, toxicity of local anesthetics and rarely neurological sequela, headache, lomber pain and hypotension.<sup>[8]</sup> Commonly, spinal, epidural and combined spinal-epidural are used.<sup>[10]</sup> There is a difference in the sensorial blocks in vaginal labors and C-sections. In C-sections sensorial blocks at T4 level is adequate but in vaginal labors it is T10 level.<sup>[7-10]</sup>

We investigated the effects of using different sized injectors during injection of the local anesthetics in spinal anesthesia. There are several studies in literature about certain characteristics of spinal needles and spinal anesthesia, but there is no similar study concerning the effects of the pressure of syringes with different sizes.

The most common factor affecting the neural block level after spinal anesthesia are the baricity of the anesthetic solution, the position of the patient during and after the injection, drug dose and site of injection but the length of the patient, the anatomy of the vertebral column, age, drug volume, intraabdominal pressure and the direction of the needle are other factors.<sup>[8]</sup>

Hypotension within 10 minutes after the induction of anesthesia is the most common complication of the spinal anesthesia. Sympathic blockage with sensorial block is observed after induction of local anesthetics. The increase in venous ponding due to sympathetic blockage and the decrease in systemic vascular resistance result with hypotension. Maternal dehydration, the decrease of venous return due to compression of the uterus to the inferior vena cava during supine position, the vagal activation due to retraction of the uterus and the peritoneum may cause deeper hypotension. Uterine blood flow depends on the perfusion pressure and hypotension causes the decrease in uterin blood flow and this result with distruption in fetal oxygenation. In addition, it may causes unpleasant symptoms such as nausea, vomiting, loss of consciousness, respiratory depression, and even shock. To prevent hypotension in regional anesthesia, fluid replacement before the procedure and prevention of the aortocaval pressure are the certain measures. 25% or more fall in maternal blood pressure when compared with preoperative levels or SBP <90 mmHg was accepted hypotension in obtetric patients.<sup>[11]</sup> Rapid fluid replacement, left lateral positioning of the patient should be performed in the treatment of the hypotension. If there is no increase in systolic pressure within few minutes, 5–10 mg. IV bolus ephedrine should be given. Same doses may be repeated if there is no response.<sup>[11]</sup>

In our study the statistically significant difference in SBP in Group I and III especially in 1. minute was due to the increase in the diameter of the piston of the syringe. Similarly, the significant decrease in DBP and MAP in Group III was correlated with this result.

We found no significant difference in weight, length and ages. This may be due to the limited interval of the lengths

of the patients. Harten et al.<sup>[12]</sup> found the lesser incidence of hypotension, decrease in ephedrine demand and a decrease high spinal block levels when adjusted doses of local anesthetics due to the lengths and weights of the patients rather than a constant dose. Excessive dose adjustment, no decrease of the doses in special patient groups (e.g. elder, pregnant, obese, short) or pregnant patients are also more sensitive to local anesthetics may cause this result.

We think that the indifference of the ephedrine demand and the heart rates between the groups are due to the similar patient demographics and the usage of same drug with same dose. This result made us to think that only the change in syringe made no statistically significant difference.

There was no statistically significant difference between 3 groups about the maximum dermatome level. This result is compatible with the same patient demographics and the same adjusted local anesthetic drug volume. But when the time period to achieve to T4 dermatome was examined, this time period was short in patients in Group I when compared with the ones in Group II and III. We think that this was due to the smaller diameter of the syringe while other parameters were same. In a study with urologic patients, there was no difference in motor and sensory blocks with 2 different injection times.<sup>[13]</sup> This result suggests our results, but based on our findings we postulate that the rapid onset of motor and sensory blocks with small syringes although injection times and volumes are same is due to the decrease in diameter.

## CONCLUSION

The usage of regional anesthesia in all age group and ASA classification of patients becomes more common with developing surgical techniques and decreasing durations of the operations. Although the factors affecting motor block and dermatome levels were known, We conclude that the change in the diameter of the syringe will produce a minimal effect. Further studies with other patient groups with different surgical procedures will produce more comprehensive results.

### Ethics Committee Approval

Approved by the local ethics committee.

### Informed Consent

Retrospective study.

### Peer-review

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### Authorship Contributions

Concept: F.D.G., Y.Y.; Design: F.D.G., K.H.E.; Data collection &/or processing: F.D.G., B.E.Ç.; Analysis and/or interpretation: F.D.G., N.Ç.; Literature search: F.D.G., K.H.E. Writing: F.D.G., Y.Y.; Critical review: F.D.G., B.E.Ç.

### Conflict of Interest

None declared.



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## Spinal Anesteziye Farklı Boyutta Enjektörlerin Etkinlik ve Yan Etkilerinin Karşılaştırılması

**Amaç:** Doğum öncesi anestezi ve analjezi, doğum sırasındaki ağrıyı azaltmayı amaçlamaktadır. Bu çalışmada aynı lokal anestezi hacmini içeren üç farklı ebatlı enjektörün (2.5 mL, 5 mL, 10 mL) subaraknoid blok seviyesine, komplikasyonlara ve hasta hemodinamisine olan etkisini araştırdık.

**Gereç ve Yöntem:** Çalışmamıza subaraknoid anestezi ile sezeryan olan 18–45 yaş grubundaki 120 ASA I-II hastası alındı. Grup I'de 2.5 mL enjektör, Grup II 5 mL enjektör ve Grup III 10 mL enjektör kullanıldı. Hemodinamik parametreler kaydedildi. Motor ve duysal blok seviyeleri için ameliyat sonrası Bromage skalaları ve Pinprick testleri yapılmış ve blokların geri kazanılma zamanı da kaydedilmiştir. Ameliyat sonrası komplikasyonlar (baş ağrısı, lomber ağrı) ve epidural kan yaması gerektiren olgular kaydedildi.

**Bulgular:** Grup I ile Grup II arasında T4 dermatoma ulaşma süresi ile ilgili istatistiksel olarak anlamlı fark vardı ( $p=0.002$ ). Grup I için  $2.5\pm 0.8$  dakika, Grup II için  $3.2\pm 0.9$  dakika ve Grup III için  $3.2\pm 1.0$  dakika (Grup I–Grup II  $p=0.001$ , Grup I–Grup III  $p=0.002$ , Grup II–Grup III  $p=0.843$ ).

**Sonuç:** Enjektörün çapındaki değişikliğin minimal hemodinamik parametreler üreteceğini düşünüyoruz. Farklı cerrahi prosedürlere sahip diğer hasta gruplarıyla yapılan daha kapsamlı çalışmalar daha kapsamlı sonuçlara neden olacaktır.

**Anahtar Sözcükler:** Sezeryan; subaraknoid blok; şırınga çapı.