

EDITORIAL

Dear colleagues,

As in the whole world, Covid-19 and related issues came to the fore in 2019 in our journal, and this agenda still continues. While living the "now" and "here" within this agenda, a future is being formed on the other hand and we are taking part in it and we have to take it. As Alvin Toffler noted in his work titled "Future Shock," in 1970, the danger of future shock became real. In this process, we first reviewed what was going on, ourselves, life, what was happening in the world, and then tried to adapt to the new situation and at the same time see ahead in the uncertainty of the future. The concepts of "new future" and "new normal", which we have not used much before, have often taken place in our language, and scenarios or strategies for the future have been and continue to be discussed much more intensely than before. The uncertainty caused by Covid-19 and this critical period of life-threatening nature has provided an opportunity to rethink the role and place of all health professions and nursing within this group in society. In addition, the same opportunity has arisen for psychiatric nursing, with the significant emergence of the relationship between COVID-19 and mental health. These developments made me think that now is the time to think intensely about the relationship between psychiatric nursing and the future and to take responsibility in this regard.

The future is a period of time in which we live, whether we want it or not. Future studies are the subject of futurology as a field of science. Futurology has become increasingly widespread all over the world since the First World War and is also taught in educational institutions. Many countries in the world, together with scientists, are working on the future by using their technological and financial resources. The subjects of futurology include developing a futuristic perspective, predicting and forecasting what may happen in the future, and most importantly, creating a positive future.

What will happen in the future, when, what kind of changes are expected, the direction of these changes is predicted (forecasting), and determined by strategic foresight. For example, the consequences of a possible earthquake are estimated using the available scientific data. The future predictions for the cultural and social change of human beings have been revealed with dystopias containing mostly negative predictions in the field of literature. George Orwell's "Nineteen Eighty-Four" or Aldous Huxley's "Brave New World" are examples of such dystopias. In this sense, what we have experienced in the COVID-19 pandemic can be considered as a dystopia that has come true. I guess none of us would ever want to be in such a dystopia again, and we all hope for a positive future.

A positive future is possible by determining the positive one among the future options, making an effort and taking responsibility for the realization of this option. Considering the earthquake above, for example, it may not be possible to prevent an earthquake, but it is possible to produce the most positive options to prevent the negative consequences of the earthquake and to make this happen. When it comes to psychiatric nursing, it may seem difficult for psychiatric nursing to deal with futurism because of many problems related to psychiatric nursing and the healthcare system. However, futurism is not a new topic, neither for the world nor for our profession. In terms of psychiatric nursing, the idea of a positive future should be seen as the most basic way to establish a future in which community mental health is protected and developed. Therefore, we should start thinking about the future as a first step with the following questions and questions that you can create:

- What is the obligation of psychiatric nursing to deal with futurism?
- What are the possibilities of psychiatric nursing to deal with futurism?
- Where to start?
- How to start?
- Who should I start with?

Dear colleagues, we must start thinking for a positive future in the "here and now". With the belief that instead of adapting to a shaped future by taking responsibility for himself, other animate and inanimate beings, in short, and the nature in which he lives, each individual can use his thoughts, feelings and experiences in this field to cooperate with those working in this field and take part in the process, with my respects...

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