



ISSUED BY THE PSYCHIATRIC
NURSES ASSOCIATION

JOURNAL of PSYCHIATRIC NURSING

VOLUME 15 • ISSUE 3 • YEAR 2024

ISSN 1309-3568



Scope Database
ProQuest
Scopus
Directory of Open Access Journals
(DOAJ)
The Web of Science Emerging
Sources Citation Index
The Turkish Psychiatric Index
EBSCO
The Scientific and Technological
Research Council of Türkiye
(TUBITAK) Turkish Medical Index
The Turkish National Citation Index
The Journal of Psychiatric Nursing
is indexed in Gale Engage

EDITORIAL BOARDS

EDITOR IN CHIEF

Nurhan EREN

Department of Mental Health and Diseases, İstanbul University,
İstanbul Faculty of Medicine, Social Psychiatry Services,
İstanbul, Türkiye

E-mail: nurhaneren@yahoo.com

Nazmiye KOCAMAN YILDIRIM

Department of Psychiatric and Mental Health Nursing,
College of Nursing, Faculty of Health Sciences,
Bolu Abant İzzet Baysal University, Bolu, Türkiye

E-mail: nazmiyekocaman@yahoo.com

SECTION EDITORS

Roger ALMVIK

St. Olavs University Hospital, Norwegian University
Of Science And Technology, Institute Of Mental
Health, Norway

E-mail: roger.almvik@ntnu.no

Gülsüm ANÇEL

Ankara University, Faculty of Nursing, Division of
Psychiatric and Mental Health Nursing, Ankara,
Türkiye

E-mail: ancel@medicine.ankara.edu.tr

Hülya ARSLANTAŞ

Aydın Adnan Menderes University, School of
Nursing, Department of Mental Health and Nursing,
Aydın, Türkiye

E-mail: hulyaars@yahoo.com

Hülya BİLGİN

İstanbul University, Cerrahpaşa Florence Nightingale
Faculty of Nursing, Division of Psychiatric Nursing,
İstanbul, Türkiye

E-mail: hcbilgin@hotmail.com

Jeanne A. CLEMENT

The Ohio State University, USA
E-mail: jclement@con.ohio-state.edu

Victoria HUGHES

Johns Hopkins School of Nursing, USA
E-mail: vhughes@jhu.edu

Semra KARACA

Marmara University, Faculty of Health Sciences,
Department of Nursing, Division of Psychiatric
Nursing, İstanbul, Türkiye

E-mail: sckaraca@marmara.edu.tr

Neslihan KESER ÖZCAN

İstanbul University, Cerrahpaşa Faculty of Health
Sciences, Department of Midwifery, İstanbul, Türkiye

E-mail: neslihan_keser@hotmail.com

Yasemin KUTLU

İstanbul University, Cerrahpaşa Florence Nightingale
Faculty of Nursing, Division of Psychiatric Nursing,
İstanbul, Türkiye

E-mail: ykutlu@gmail.com

Meral KELLEÇİ

Cumhuriyet University Faculty of Health Sciences,
Department of Nursing, Sivas, Türkiye

E-mail: meralkelleci@yahoo.com

Karan KVERNO

Professor, Georgetown University School of Nursing,
Washington DC

E-mail: Karan.Kverno@georgetown.edu

Sushil Kumar MAHESHWARI

Baba Farid University of Health Sciences Faridkot,
India

E-mail: skmbfuhs@gmail.com

Fahriye OFLAZ

Koç University, Faculty of Nursing, Division of
Psychiatric Nursing, İstanbul, Türkiye

E-mail: foflaz@yahoo.com

Ayşe OKANLI

İstanbul Medeniyet University, Faculty of Health
Sciences, Department of Nursing, Division of
Psychiatric Nursing, İstanbul, Türkiye

E-mail: a.okanli@gmail.com

Anne H. OUTWATER

Muhimbili University of Health and Allied Sciences,
Tanzania

E-mail: anneoutwater@yahoo.com

Peter PHILLIPS

City University London, School Of Health Sciences
Northampton Square, UK

E-mail: pea.phillips@gmail.com

Evanthia SAKELLARİ

University of West Attica, Greece
E-mail: sakellari@teiath.gr

Gül ÜNSAL

Marmara University, Faculty of Health Sciences,
Department of Nursing, Division of Psychiatric
Nursing, İstanbul, Türkiye

E-mail: gulunsal@gmail.com

TECHNICAL EDITOR

Arzu AYDOĞDU

İstanbul University, Faculty of Medicine, Department of Psychiatry,
İstanbul, Türkiye

E-mail: arzuaydogdu@yahoo.com

Ayşe TANŞU

İstanbul Rumeli University Vocational School of Health Services,
İstanbul, Türkiye

E-mail: ayse.tansu@rumeli.edu.tr

ENGLISH EDITING

Language editing provided by Kare Publishing

STATISTICAL CONSULTANT

Rian DIŞÇI

İstinye University, İSTANBUL

E-mail: riandisci@gmail.com

OWNER AND PUBLISHING MANAGER

Nurhan EREN

INDEXING

The Journal of Psychiatric Nursing is indexed in Gale Engage, the Scientific and Technological Research Council of Türkiye (TUBITAK) Turkish Medical Index, the Turkish National Citation Index, EBSCO, the Turkish Psychiatric Index, and the Web of Science Emerging Sources Citation Index (ESCI), Directory of Open Access Journals (DOAJ), Scopus, ProQuest, Scope Database

ISSUED BY THE PSYCIATRIC NURSES ASSOCIATION

President	Gül DİKEÇ (<i>Fenerbahçe University, Faculty of Health Sciences</i>)
Vice President	Tuğba Pehlivan SARIBUDAK (<i>Istanbul Arel University, Faculty of Health Sciences</i>)
Secretary	Gizem ŞAHİN BAYINDIR (<i>Istanbul University - Cerrahpaşa, Florence Nightingale Faculty of Nursing</i>)
Assistant Secretary	Merve SARITAŞ (<i>Health Sciences University, Hamidiye Faculty of Nursing</i>)
Treasurer	Seda KARAKAYA ÇATALDAŞ (<i>Koç University, Faculty of Nursing</i>)
Assistant Treasurer	Tuğba ŞAHİN TOKATLIOĞLU (<i>Istanbul Aydın University, Faculty of Health Sciences</i>)
Members	Vesile ADIGÜZEL (<i>Yalova University, Faculty of Health Sciences</i>) Gülten GÜLEŞEN (<i>Bakırköy Mental Nervous Diseases Training and Research Hospital</i>) Elif Hilal TOPRAK (<i>Erenköy Mental Nervous Diseases Training and Research Hospital</i>)

Address: Merkez Mah. Abide-İ Hürriyet-Cadde Dış Kapı No:211 -- Black Out Is Merkezi İç Kapı No: 64 Şişli/İstanbul

GSM: +90 539 917 17 60 **Web:** www.phdernegi.org

E-mail: info@phdernegi.org / phdernegi@gmail.com

CORRESPONDENCE

E-mail: phdergi@phdernegi.org

Journal of Psychiatric Nursing Publication Coordination: KARE Publishing

Tel: 0216 550 6 111 Faks: 0216 550 6 112

E-mail: kareyayincilik@gmail.com

Address: Göztepe Mah. Fahrettin Kerim Gökay Cad. No: 200 Da: 2, Göztepe, Kadıköy, İstanbul-Türkiye

Contact: KARE Publishing

Published four times a year.

Type of publication: Periodical

Design: KARE Medya

Cover: Cengiz AKIN

JOURNAL OF PSYCHIATRIC NURSING

VOLUME: 15 ISSUE: 3 YEAR: 2024

CONTENTS

EDITORIAL

Nurhan Eren, Nazmiye Kocaman Yıldırım I

EXPERIMENTAL RESEARCH

The effect of conscious mindfulness-based program (MBP) applied to emergency nurses on their anxiety and quality of life: A randomized controlled study

Behice Belkıs Çalışkan, Ayşegül Güneş, Yasemin Eda Tekin, Meryem Yıldız Ayvaz, Hamiyet Kızıl 225-233

The effect of the communication skill development psychoeducation based on Kolcaba's comfort theory on the caring nurse-patient interaction levels

Serap Güleç Keskin, Kübra Gülirmak Güler, Elif Güzide Emirza, Ercan Tunç 234-242

ORIGINAL ARTICLES

Examining the effect of music therapy on self-esteem, motivation, and perceived stress levels of outpatients with schizophrenia

Belda Çağlayan, Satı Dil 243-250

Examining the level of codependency in caregivers of individuals with chronic mental illnesses

Tuğba Aşkan, Burcu Ceylan 251-261

Suicide literacy levels of nursing students: A cross-sectional study

Nihan Altan Sarıkaya, Nisa Akgün, Çisem Taş 262-268

QUALITATIVE RESEARCH

Metaphors of postgraduate students for psychiatric nursing "Seeing yourself in the mirror": A qualitative study

Ege Miray Topcu, Mahire Olcay Çam 269-275

ORIGINAL ARTICLES

The relationship between insight and quality of life in patients with schizophrenia

Zeynep Güngör, Özlem Şahin Altun 276-285

The effect of mindfulness-based group skill training for mothers who have children with intellectual disabilities during the COVID-19 pandemic: A feasibility study

Merve İnan Budak, Gül Ünsal 286-297

Psychiatric competencies of general emergency nurses: A cross-sectional study

Sara Khandanpoor, Marjan Hajfiroozabadi, Zahra Tayebi 298-304

The impact of parental attitudes on alexithymia in children with chronic diseases

Edanur Tar Bolacalı, Sibel Küçükkoğlu 305-315

Examining the relationship between internet addiction and social safeness and pleasure level in nursing students

Merve Kızılırmak Tatu, Berfin Duman 316-326

QUALITATIVE RESEARCH

Barriers to Caregiver preparedness from the perspective of family caregivers and healthcare providers of people with schizophrenia: A qualitative study

Azadeh Eghbal Manesh, Asghar Dalvandi, Mohammad Zoladl 327-335

SYSTEMATIC REVIEW

The effectiveness of the illness management and recovery program in individuals with schizophrenia: A systematic review

Gülten Uzun, Neslihan Lök 336-347

REVIEW

Quality of life among Indonesian school-aged children with attention-deficit hyperactivity disorder: A concept analysis

Fauzan Saputra, Eka Sutrisna, Arista Ardilla, Fauziah 348-356