

BLINK REFLEX IN MIGRAINE
HEADACHE • FACTORS
AFFECTING POSTOPERATIVE
HYPOCALCEMIA AFTER
THYROID SURGERY:
IMPORTANCE OF INCIDENTAL
PARATHYROIDECTOMY •
RELATIONSHIP BETWEEN

NEWBORN CRANIOTABES
AND VITAMIN D STATUS
• REHABILITATION AFTER
SUCCESSFUL FINGER
REPLANTATION • STENT
VERSUS BYPASS: THE
REASONS AND RISK FACTORS
FOR EARLY READMISSION TO
HOSPITAL AFTER MYOCARDIAL

REVASCULARIZATION • THE
USE OF COMPLEMENTARY
MEDICINE IN PATIENTS
WITH DIABETES • IS
TRIGLYCERIDE/HDL RATIO
A RELIABLE SCREENING
TEST FOR ASSESSMENT OF
ATHEROSCLEROTIC RISK IN
PATIENTS WITH CHRONIC

INFLAMMATORY DISEASE?
• RELATIONSHIP BETWEEN
SIZE OF VARICES AND
PLATELET COUNT/SPLEEN
SIZE RATIO IN CIRRHOTIC
PATIENTS • COMPARISON OF
MIRTAZAPINE, GABAPENTIN
AND ONDANSETRON TO
PREVENT INTRATHECAL

MORPHINE-INDUCED
PRURITUS • ACUTE
APPENDICITIS IN PREGNANCY:
CASE SERIES AND REVIEW
• A PATIENT PRESENTING
WITH ACUTE HEART FAILURE:
A DILEMMA OF DIAGNOSIS
• PLEOMORPHIC ADENOMA
OF THE LARYNX • FAHR'S

SYNDROME PRESENTING
WITH EPILEPTIC SEIZURE:
TWO CASE REPORTS • A
RARE CAUSE OF INTESTINAL
OBSTRUCTION IN A NEWBORN:
CONGENITAL BAND
COMPRESSION • A BRIEF
SUMMARY OF CLINICAL TYPES
OF PSORIASIS



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ORIGINAL
ARTICLES

VI INSTRUCTIONS FOR THE AUTHORS

IX EDITORIAL

- 1–8 Blink reflex in migraine headache**
Z. Unal, F. Mayda Domac, E. Boylu, A. Kocer, T. Tanridag, O Us
- 9–14 Factors affecting postoperative hypocalcemia after thyroid surgery: Importance of incidental parathyroidectomy**
I. A. Ozemir, M. Z. Buldanli, O. Yener, M. Leblebici, T. Eren, H. Baysal, O. Alimoglu
- 15–21 Relationship between newborn craniotabes and vitamin D status**
M. Ercan, M. Ozcetin, M. Karaci, G. Ozgurhan, A. Yasar, B. Guven
- 22–26 Rehabilitation after successful finger replantation**
M. Ugurlar, F. Kabakas, H. Purisa, I. Sezer, P. Celikdelen, I. B. Ozcelik
- 27–33 Stent versus bypass: The reasons and risk factors for early readmission to hospital after myocardial revascularization**
M. Sargin, M. A. Tatlisu, M. Tasdemir Mete, N. Selcuk, S. Bayer, S. Akansel, S. Aykut Aka, M. Eren
- 34–38 The use of complementary medicine in patients with diabetes**
M. Ilhan, B. Demir, S. Yuksel, S. Aydin Çatakli, R. S. Yıldız, O. Karaman, E. Taşan
- 39–45 Is triglyceride/HDL ratio a reliable screening test for assessment of atherosclerotic risk in patients with chronic inflammatory disease?**
N. Keles, F. Aksu, G. Aciksari, Y. Yilmaz, K. Demircioglu, O. Kostek, M. E. Cekin, M. Kalcik, M. Caliskan
- 46–52 Relationship between size of varices and platelet count/spleen size ratio in cirrhotic patients**
K. Ozdil, O. Ozturk, E. S. Calik, E. S. Akbas, E. Kanat, Z. Caliskan, H. Demirdag, R. Kahraman, A. Bulur, N. Mutlu Bilgic, L. Doganay, H. M. Sokmen
- 53–59 Comparison of mirtazapine, gabapentin and ondansetron to prevent intrathecal morphine-induced pruritus**
A. Akhan, F. D. Subasi, G. Bosna, O. Ekinci, H. Pamuk, S. Batan, R. Y. Ateser, G. Turan
- 60–63 Acute appendicitis in pregnancy: Case series and review**
B. Burcu, O. Ekinci, T. Atak, K. Orhun, T. T. Eren, O. Alimoglu
- 64–66 A patient presenting with acute heart failure: A dilemma of diagnosis**
A. Kaya, B. A. Aydin, A. Oz, E. Bozbeyoglu, M. Eren
- 67–70 Pleomorphic adenoma of the larynx**
M. Doğan Altunpulluk, M. H. Karabulut, G. Kır, Ş. Şahin
- 71–74 Fahr's syndrome presenting with epileptic seizure: Two case reports**
N. Ongun, E. Degirmenci, C. Erdogan
- 75–78 A rare cause of intestinal obstruction in a newborn: Congenital band compression**
E. Aydin
- 79–82 A brief summary of clinical types of psoriasis**
G. Sarac, T. T. Koca, T. Baglan

CASE
SERIESCASE
REPORTSINVITED
REVIEW

INSTRUCTIONS FOR THE AUTHORS

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Dear readers of Northern Clinics of Istanbul,

I am very pleased to present the first issue of NCI for 2016. I would like to express my sincere thanks to our authors, to the reviewers who evaluated our manuscripts, and to you, the readers, for showing interest in our journal. With your support, we are achieving greater success with every day. NCI is now part of the Scientific and Technological Research Council of Turkey (TÜBİTAK) Turkish Academic Network and Information Centre (ULAKBİM) Turkish Medical Index Database. In addition, our application to join the PubMed Central index has been accepted. As of now, our journal is indexed in 2 national (TÜBİTAK ULAKBİM and Citation Index of Turkey) and 4 international indices. (EBSCO, Cumulative Index to Nursing and Allied Health Literature [CINAHL], and Index Copernicus [IC]).

This issue of our journal contains 9 original research articles, 5 case reports, and 1 review article. The original research articles explore topics including treatment of diabetes with complimentary medicine, craniotabes and vitamin D, the relationship between the size of varices and platelet count/spleen size ratio in cirrhotic patients, postoperative hypocalcemia after thyroid surgery, blink reflex in migraine headaches, use of triglyceride/HDL ratio to assess atherosclerotic risk in patients with chronic inflammatory diseases, rehabilitation after finger replantation, preventing intrathecal morphine-induced pruritus, and a comparison of stent versus bypass after myocardial revascularization. We have very interesting case reports that discuss acute appendicitis in pregnancy, congenital band compression in a newborn, pleomorphic adenoma of the larynx, Fahr's syndrome presenting with epileptic seizure, and a challenging case of aortic dissection. Finally, in this issue we also have a review article concerning clinical types of psoriasis.

We congratulate the authors who contributed their work to the contents of this issue, and we are very grateful to the reviewers and the editorial board of the journal for giving their valuable time to the evaluation of the manuscripts.

See you in the next issue,

Bekir Durmus, Assoc. Prof. M.D.

Editor-in-Chief