



# The Predictive Value of C-reactive Protein to Albumin Ratio to Detect Contrast-induced Acute Kidney Injury in Patients with Acute Myocardial Infarction Undergoing Percutaneous Coronary Intervention

*Akut Miyokart Enfarktüsü Nedeniyle Perkütan Koroner Girişim Uygulanan Hastalarda Kontrast Kaynaklı Akut Böbrek Hasarı Tespitinde C-reaktif Protein - Albümin Oranının Öngördürücü Değeri*

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## ABSTRACT

**Aim:** The present study aims to investigate the predictive value of the peak C-reactive protein to reduced albumin ratio (CAR) in the development of contrast-induced acute kidney injury (CI-AKI) in patients with acute myocardial infarction (AMI) undergoing primary percutaneous coronary intervention (pPCI).

**Material and Method:** Two hundred and ten patients with non-ST and ST-elevation AMI undergoing pPCI were recorded. Renal function parameters and highest CAO values of the patients after pPCI were recorded from the patient files. The patient population was divided into the low-, mid-, and high-CAR tertiles (all n=70) after their CAR values were ranked from least to greatest.

**Results:** Eighty-nine (42.38%) patients developed CI-AKI. The absolute increase in serum creatinine (sCr) was significantly higher in patients in the high-CAR tertile (0.31, interquartile range (IQR): 1.925–0.555) than in the low-CAR (0.2, IQR: 0.118–0.27) and mid-CAR tertiles (0.2, IQR: 0.13–0.33;  $p<0.001$ ). The area under the curve of CAR was 0.689 (95% CI: 0.614–0.763;  $p<0.001$ ) in the receiver operating characteristic analysis. After adjusting for other risk factors of CI-AKI, CAR remained predictors of the development of CI-AKI (OR: 1.345, 95% CI: 1.009–1.794,  $p=0.043$ ).

**Conclusion:** The elevated CAR value is independent predictors in the development of CI-AKI in patients with AMI undergoing pPCI. In this patient group, the elevated CAR value after pPKG may alert us to more improve CI-AKI.

**Key words:** acute myocardial infarction; C-reactive protein to albumin ratio; contrast-induced acute kidney injury

## ÖZET

**Amaç:** Bu çalışmada akut miyokart enfarktüsü (AME) nedeniyle primer perkütan koroner girişim (pPKG) yapılan hastalarda kontrast kaynaklı akut böbrek hasarı (KK-ABH) gelişiminde C-reaktif protein - albümin oranının (CAO) öngördürücü değerini belirlenmesi amaçlanmaktadır.

**Materyal ve Metot:** Çalışmaya pPKG uygulanan ST-elevasyonsuz ve ST-elevasyonu 210 AME'li hasta dâhil edildi. Hastaların pPKG sonrası böbrek fonksiyon parametreleri ve en yüksek CAO değerleri hasta dosyalarından kaydedildi. Çalışma popülasyonunun CAO değerleri en küçükten en büyüğe doğru sıralandıktan sonra düşük-, orta- ve yüksek-CAO olmak üzere üç gruba ayrıldı (her n=70).

**Bulgular:** Seksen dokuz hastada (%42,38) KK-ABH gelişti. Serum kreatininindeki (sCr) mutlak artışı, yüksek-CAO grubunda [0,31, interkuartil aralık (IQR): 1,925–0,555], düşük- (0,2, IQR: 0,118–0,27) ve orta-CAO'dan önemli ölçüde daha yüksek bulundu (0,2, IQR: 0,13–0,33;  $p<0,001$ ). Receiver operating characteristic analizinde CAO'ya ait eğri altındaki alan 0,689 (95 %CI: 0,614–0,763;  $p<0,001$ ) bulundu. KK-ABH gelişimine neden olacak diğer risk faktörleri ayarlandıktan sonra yapılan çok değişkenli regresyon analizi, CAO'nun KK-ABH gelişimini öngördürecek olduğunu gösterdi (OR: 1,345, %95 CI: 1,009–1,794,  $p=0,043$ ).

**Sonuç:** Yüksek CAO değerleri, pPCI uygulanan AME hastalarında KK-ABH gelişiminde bağımsız öngördürücüdür. Bu hasta grubunda, pPKG sonrası yüksek CAO değeri KK-ABH'nin gelişebileceği yönünde bizi uyarmalıdır.

**Anahtar kelimeler:** akut miyokart enfarktüsü; C-reaktif proteinin albümin oranı; kontrast-kaynaklı akut böbrek hasarı

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## Introduction

Contrast induced acute kidney injury (CI-AKI) is the third leading cause of iatrogenic renal insufficiency, which usually occurs within hours following percutaneous coronary procedures<sup>1,2</sup>. Its incidence is around 2% in the general population, but increases to 50% in high-risk groups especially after percutaneous coronary intervention (PCI)<sup>3</sup>.

Even though, the mechanism has not been clearly understood, the inflammation plays an important role in the pathophysiologic reason of CI-AKI<sup>4</sup>. C-reactive protein (CRP) is well-known marker of systemic inflammation, and it's shown that the elevated CRP level is associated with cardiovascular adverse events and CI-AKI in patient with acute myocardial infarction (AMI)<sup>5</sup>. Serum albumin (sALB), which is the most abundant protein in human plasma, is an acute phase reactant. It was shown that sALB concentration was reduced during the systemic inflammation and is associated with poor clinical outcomes<sup>6,7</sup>.

In the recent years, the C-reactive protein to albumin ratio (CAR) as a new marker of systemic inflammation has been investigated in various diseases, especially sepsis and malignancies<sup>8,9</sup>. AMI is an inflammatory process and based on the theory that increased inflammation may increase the risk of CI-AKI development, we aimed to evaluate the predictive value of CAR and sALB to predicting the development of CI-AKI in patients with non-ST and ST-elevation AMI.

## Material and Method

### Study Population

We retrospectively screened the patients who underwent primary PCI for AMI between January 2017 and March 2019. The sample sizes for the groups were calculated using the OpenEpi sample size calculation program (<https://www.openepi.com/SampleSize/SSCC.htm>). Accordingly, we enrolled 89 and 121 in the CI-AKI group and no-CI-AKI group, respectively (total n: 210). Demographic, clinic, laboratory, echocardiographic and angiographic data obtained from the patient files end hospital digital record. An AMI was diagnosed according to the criteria recommended by the 2017 European Society of Cardiology Guidelines<sup>10</sup>. The study was started after obtaining the written approval from the local ethics board (registration number: 80576354-050-99/176); the research protocols were as per the Declaration of Helsinki.

Inclusion criteria; (1) initial eGFR >60 ml/min; (2) no history of acute or chronic kidney disease; (3) the initial sCr value is within the normal range (0.7–1.2 mg/dl). Patients who were diagnosed with stable or unstable angina pectoris, hypotension (arterial blood pressure below 90/60 mmHg during hospital stay), decompensated congestive heart failure or pulmonary edema, use of intra-arterial balloon pump (IABP) therapy, cardiogenic shock, coronary artery bypass grafting operation and/or PCI and prior contrast media exposure within 1 month were excluded. Also, patients with anemia, a history of myocarditis, pericarditis, severe valve disease, active infection, chronic pulmonary or liver disease, malignancy and connective tissue disorder and use of nephrotoxic drugs previous in 1 week were excluded from the study.

### Laboratory Measurements

Detailed laboratory parameters of patients were obtained at admission and serum creatinine (sCr), CRP and sALB levels were measured at 24, 48, 72 and 96 hours after PCI during the hospital stay. sCr, CRP and sALB levels was measured using Electrochemiluminescent (ECL) processes using Cobas 6000 system (Roche, Minato-ku, Tokyo). The CAR was calculated as the ratio of peak CRP to the lower sALB.

Acute Kidney Injury Network (AKIN) and Risk, Injury, Failure, Loss of kidney function, and End-stage kidney disease (RIFLE) are used frequently in terms of AKI classification<sup>11,12</sup>. However, the definition of the European Society of Urogenital Radiology (ESUR) is widely accepted for the contrast-induced acute kidney injury (CI-AKI)<sup>3,13</sup>. According to this definition, an absolute increase of  $\geq 0.5$  mg/dl or 44 mmol/L or  $\geq 25\%$  in the basal sCr value within 24–72 hours after contrast exposure makes the diagnosis of CI-AKI. In the present study, we preferred to use the definition of the ESUR for CI-AKI diagnosis and the groups were constituted according to the aforementioned definition. The estimated glomerular filtration rate (eGFR) was calculated automatically by Cobas 6000 system using the chronic kidney disease epidemiology collaboration equation [ $eGFR = 141 * \min(sCr/\kappa, 1)^\alpha * \max(sCr/\kappa, 1) - 1.209 * 0.993Age * 1.018$  (if female) \* 1.159 (if black);  $\kappa$  is 0.7 for females and 0.9 for males,  $\alpha$  is -0.329 for females and -0.411 for males, min indicates the minimum of sCr/ $\kappa$  or 1, and max indicates the maximum of sCr/ $\kappa$  or 1]<sup>14</sup>. On the day of peak sCr,

the total fluid intake and volume of urine output were recorded from the daily patient observation forms.

Left ventricular ejection fraction (LVEF) was measured on admission with two-dimensional echocardiography using the modified Simpson's method, using a Vivid 7 cardiovascular ultrasound system (General Electric, Mil-Waukee, Wisconsin) equipped with a 3.6 MHz transducer.

### Coronary Angiography

Coronary angiography and pPCI was performed by a coronary interventional cardiologist team, according to standard Judkins technique, using the femoral approach and 6-F diagnostic and 6 or 7-F guiding catheters, respectively. Infarct related artery (IRA) was defined as the presence of  $\geq 50\%$  luminal diameter narrowing in culprit major coronary artery which is compatible with presented ST segment change on electrocardiography. Before the pPCI, all patients received 300 mg acetylsalicylic acid, 600 mg clopidogrel and a bolus of 80–100 U/kg unfractionated heparin, if deemed necessary, followed by an additional bolus heparin and nitroglycerin during the procedure. The stent length was given as the sum of the all implanted stents to the IRA and the other coronary arteries with the critical stenosis in the same patient. The syntax score which is an angiographic grading tool to determine the complexity of the coronary artery disease was calculated using the syntax score calculator. (<http://www.syntaxscore.com/calculator/start.htm>). In all patients, iso-osmolar CM was used, however, its volume was left to the discretion of the coronary interventional cardiologist.

### Statistical Analysis

Continuous variables were tested for normal distribution through the Kolmogorov-Smirnov test and homogeneity of variance with the Levene's test. Categorical variables were given as percentages, parametric variables were presented as means  $\pm$  SD and non-parametric variables were presented as median (25th-75th). Categorical variables analyses were compared by the Pearson Chi-Square test or the Fisher Exact test, parametric continuous variables analyses were compared by Independent Sample T test and nonparametric continuous variables and categorical variables were compared by the Mann-Whitney U test. The strength of association between CAR, creatinine, albumin and other values were performed using Spearman correlation (for

non-parametric variables) or Pearson correlation (for parametric variables). The univariate and multivariable logistic regression analysis was used to evaluate the independent contribution of CAR and other risk factors including age, diabetes, smoking, neutrophil count, volume of radiocontrast media, eGFR and LVEF to the development of CI-AKI. All confidence intervals were 95%. P values  $< 0.05$  were considered statistically significant. All statistical analyses were performed by using the SPSS statistical software, version 23.0 (Statistical Package for the Social Sciences, – IBM, Chicago, IL, USA). Non-parametric variables were marked with '\*' in all tables.

### Results

Among the 210 patients enrolled in the study (mean age  $65.8 \pm 12.8$ , 29% were male), the incidence of CI-AKI was 42% (n: 89). The patients with CI-AKI were had a higher frequency of diabetes mellitus, hypertension and family history of coronary artery disease than those without ( $p < 0.05$ , for all). The baseline cholesterol and triglyceride (TG) levels were higher in patients with CI-AKI than those without. After onset of CI-AKI, the peak uric acid, white blood cell count (WBC), neutrophil count (NC), sCr, CRP and the increase in sCr levels were higher in patients with CI-AKI than those without, while the lower eGFR and LVEF<sub>post-PCI</sub> levels were lower in the CI-AKI group compared with the no-CI-AKI group ( $p < 0.05$ , for all). On the day when the sCr level peaked, the total fluid intake was higher in patients with CI-AKI than those without ( $2004.89 \pm 793.56$  vs  $0.1857.35 \pm 558.57$ ), but the difference was not statistically significant ( $p = 0.146$ ). The total urine output was lower in patients with CI-AKI than those without ( $888.21 \pm 520.38$  vs  $1066.83 \pm 556.09$ ), and the difference between the groups was statistically significant ( $p = 0.030$ ). The CAR value [ $1.159$  ( $0.502$ – $2.970$ ) vs  $0.515$  ( $0.288$ – $0.949$ );  $p < 0.001$ ] was higher in patients with CI-AKI than those without. Except for 1 stent implantation in the CI-AKI groups, no significant difference was found for 2 and 3 stent implantations in the CI-AKI groups and CAR tertiles. There was no significant difference in terms of infarct related artery (IRA) and stent diameter but, implanted stent length was longer in patients with CI-AKI than those without [median: 24 (interquartile ratio (IQR): 18–28.5 mm) vs median: 22 (IQR: 18–26 mm),  $p = 0.030$ ]. Although, the in-hospital mortality rate was found to be higher in CI-AKI group (6.7% vs 2.5%), it was not

statistically significant ( $p=0.132$ ). Looking at the time when serum creatinine peaks, it was longer in patients with CI-AKI group than those without ( $72.91\pm 30.37$  vs.  $62.44\pm 25.16$ ,  $p<0.010$ ). Similarly, the mean of the time of CAR was found to be longer in patients with CI-AKI group than those without ( $56.2\pm 26.73$  vs.  $53.14\pm 25.04$ ,  $p<0.001$ ). The mean of the overall time of CAR was found to be shorter than the mean of the overall time of peak sCr in all patients with AMI undergoing pPCI ( $54.43\pm 25.74$  vs.  $66.75\pm 27.83$ ,  $p<0.001$ ). The demographic, clinical, laboratory and angiographic characteristic of the patients were given in Table 1.

The CAR values of the patients were ranged from the smallest (0.014) to the largest (9.987), and divided into three groups with equal number of patients (70 patients in each group). Patients' CAR values  $<0.415$  was included in to the lower CAR tertile, those with  $>0.415$  to  $\leq 1.076$  was included in to the mid-CAR tertile, and those with  $>1.076$  was included in to the high-CAR tertile. The distribution of patients' characteristics into the three tertiles was given in Table 2. The rate of patients with CI-AKI was significantly higher in high CAR tertile than the mid- and low-CAR tertiles (65.7% vs 31.4% vs 30%, respectively;  $p<0.001$ ). As in CI-AKI group, patients in the high-CAR tertiles had a higher rate of smoking, hypertension and diabetes mellitus compared to the patient in the mid- and low-CAR tertiles ( $p=0.028$ ,  $p=0.034$ ,  $p<0.001$ , respectively).

Except from the basal lymphocyte count (LC), no significant difference was detected between the basal LC between the CAR tertiles ( $p=0.442$   $p=0.394$   $p=0.019$ ). However, with the increasing sCr values, there was an increase in the peak NC while there was a decrease in the peak LC ( $p<0.001$ ,  $p<0.001$ ,  $p=0.012$ , respectively). Moreover, the development of CI-AKI was significantly increased as the median levels of CRP increased (0.909 vs 2.583 vs 7.552, respectively;  $p<0.001$ ), while the median levels of lower ALB value decreased (3.74 vs 3.58 vs 3.21, respectively;  $p<0.001$ ) (Figure 1).

The in-hospital mortality rate was found to be higher in patients with high-CAR tertile (10%) than those with low-CAR (1.4%) and mid-CAR tertile (1.4%) ( $p=0.015$ ).

The correlation analyzes between peak CAR, CRP, sALB and demographic, clinical, laboratory and

angiographic characteristic of the patients were given in Table 3. A significant correlation was found between the peak CRP and DM, peak sCr, increase of sCr, baseline sALB, lower sALB, decrease of sALB values, lower eGFR, decrease of eGFR, LVEF, CM volume and syntax score. Similarly, a significant correlation was found between the lower sALB values and gender, DM, smoking, TG, peak sCr, increase of sCr, baseline CRP, peak CRP, increase of CRP, lower eGFR, CM volume and syntax score. A significant correlation was also found between the CAR and DM, increase of sCr, lower eGFR, decreases of eGFR and LVEF values; but there was no significant correlation between CAR and gender, smoking, TG, baseline sCr, all eGFR values and AMI type. The correlation graphics between the CAR, increase of sCr and decrease of sALB values were shown on Figure 2.

To determine the independent predictors of the development of CI-AKI, univariate and multivariate logistic regression analyses with an enter model were performed using the variables included gender, smoker, diabetes mellitus, dyslipidemia, hypertension, peak NC, peak CRP, lower sALB, CAR, LVEF<sub>post-PCI</sub> and the CM volume. Except from the gender and dyslipidemia, other variables were showed the significant and marginal association with CI-AKI in the univariate logistic regression analyses ( $p<0.05$ , for all). Age, hypotension, hemoglobin and hematocrit values, which are the known risk factors for the CI-AKI, were not included in the regression analysis models because the study groups were matched age groups and anemia and hypotensive patients were not included in the study. Also, to prevent the multicollinearity statistic problem, CRP and albumin, which constitute the CRP to albumin ratio, were not included in the multivariate regression analysis module. In the multivariate regression analysis, smoking (OR: 2.366, 95% CI: 1.117–5.010;  $p=0.024$ ), DM (OR: 3.949, 95% CI: 1.792–8.701;  $p=0.001$ ), HT (OR: 2.647, 95% CI: 1.257–5.573;  $p=0.010$ ), CAR (OR: 1.345, 95% CI: 1.009–1.794;  $p=0.043$ ), LVEF (OR: 0.924, 95% CI: 0.871–0.980;  $p=0.008$ ), peak NC (OR: 1.162, 95% CI: 1.028–1.313;  $p=0.016$ ) and the CM volume (OR: 1.007, 95% CI: 1.001–1.012;  $p=0.012$ ) were found to be an independent predictors of CI-AKI (Table 4).

Receiver operating characteristics (ROC) curve analysis was performed to determine whether CAR was a strength predictor than CRP and albumin in predicting CI-AKI. The area under the ROC curve (AUC)

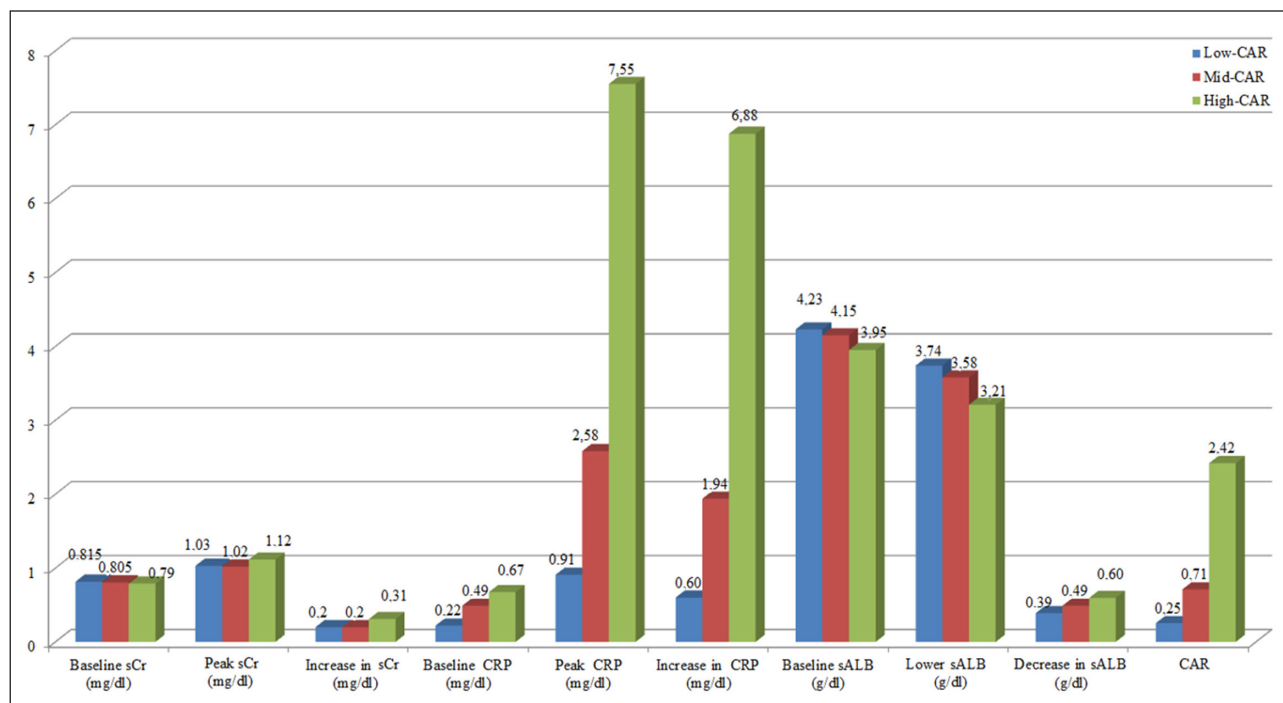
**Table 1.** The demographic, clinical, laboratory (baseline and peak value of sCr, and sCRP and lower value of sALB within 24 to 96 hours following the intravascular administration of CM), echocardiographic and coronary angiographic characteristics of all patients, patients with without the no-CI-AKI and CI-AKI.

Variable	Contrast induced acute kidney injury (CI-AKI)						
	Overall n=210		No-CI-AKI n=121		CI-AKI n=89		p
Age (years)	65.8	±12.8	64.3	±12.03	67.8	±13.5	0.055
Male gender, n (%)	149	(71)	84	(69.4)	65	(73)	0.340
BMI (kg/m <sup>2</sup> )	26.32	±4.74	25.89	±4.77	26.92	±4.65	0.117
STEMI, n (%)	165	(78.6)	84	(69.4)	81	(91)	<0.001
Hypertension, n (%)	92	(43.8)	42	(34.7)	50	(56.2)	0.002
Diabetes mellitus, n (%)	74	(35.2)	22	(18.2)	52	(58.4)	<0.001
Dyslipidemia, n (%)	75	(35.7)	49	(40.5)	26	(29.4)	0.092
Smoking, n (%)	87	(41.4)	41	(33.9)	46	(51.7)	0.010
Family history, n (%)	66	(31.7)	35	(28.9)	31	(35.6)	0.305
SBP (mmHg)	129.5	(115.8–149.3)	127	(114–142.5)	137	(118–162.5)	0.018*
DBP (mmHg)	83	±13.2	81.4	±12.3	84.1	±14.1	0.148
Hemoglobin (mg/dl)	14.04	±2.15	13.98	±2.14	14.12	±2.19	0.776
BGL (mg/dl)	131	(108.75–163)	124	(104–154)	143	(117–168)	0.015*
Baseline Cholesterol (mg/dl)	165.3	±36.9	170.8	±35.4	157.98	±37.7	0.019
Baseline LDL (mg/dl)	98.7	±34.17	100.96	±33.8	95.8	±34.7	0.302
Baseline HDL (mg/dl)	38	(31.95–45.3)	38	(31.8–44.3)	39.5	(31.9–5)	0.702*
Baseline TG (mg/dl)	111	(87.8–150.8)	125	(93.8–172)	98.5	(78.8–129)	0.001*
Peak uric acid (mg/dl)	5.35	(4.5–6.3)	5.1	(4.2–6.1)	5.6	(4.8–6.9)	0.036*
Baseline NC (10 <sup>3</sup> /μl)	5.3	(4.18–7.53)	5.1	(4.1–6.4)	5.5	(4.2–9.2)	0.111*
Peak NC (10 <sup>3</sup> /μl)	7.52	(5.7–10.1)	6.7	(5.51–9.3)	9.7	(6.38–11.56)	<0.001*
Baseline LC (10 <sup>3</sup> /μl)	1.6	(1.24–2.22)	1.7	(1.3–2.3)	1.55	(1.1–2.1)	0.041*
Lower LC (10 <sup>3</sup> /μl)	1.6	(1.2–2.2)	1.7	(1.21–2.3)	1.47	(1.095–2)	0.242*
Fluid intake (ml/24 h)	1919.99	±670.43	1857.35	±558.57	2004.89	±793.56	0.146
Urine output (ml/24 h)	990.99	±546.93	1066.83	±556.09	888.21	±520.38	0.030
Baseline eGFR (ml/min)	92.8	(76.5–102.5)	92.8	(79.9–101.4)	92.98	72.2–104.4)	0.974*
Lower eGFR (ml/min)	74.5	(55.13–87.02)	78.3	(65.05–93.16)	62.37	(47.41–80.94)	<0.001*
Decrease in eGFR (ml/min)	13.67	(7.98–24.18)	11.18	(5.13–15.93)	24.73	(12.52–30.46)	<0.001*
Decrease in eGFR (%)	17.6	(9.4–27.5)	13.09	(6.5–19.4)	30.6	(17.8–36.9)	<0.001*
Baseline sCr (mg/dl)	0.80	(0.68–0.948)	0.815	(0.713–0.968)	0.775	(0.653–0.91)	0.063
Peak sCr (mg/dl)	1.035	(0.883–1.208)	1	(0.843–1.13)	1.15	(1–1.430)	<0.001
Increase in sCr (mg/dl)	.21	(0.15–0.34)	0.16	(0.1–0.2)	0.37	(0.3–0.52)	<0.001
Increase in sCr (%)	27.03	(17.38–44)	19.51	(13.53–25)	45.59	(38.4–58.48)	<0.001
Baseline CRP (mg/dl)	0.376	(0.198–0.829)	0.351	(0.200–0.603)	0.399	(0.168–1.171)	0.083*
Peak CRP (mg/dl)	2.538	(1.160–4.998)	1.917	(1.050–3.422)	3.958	(1.697–9.317)	<0.001*
Baseline sALB (g/dl)	4.123	(3.803–4.32)	4.155	(3.85–4.358)	4.070	(3.750–4.300)	0.138*
Lower sALB (g/dl)	3.510	±0.460	3.619	±0.429	3.369	±0.465	<0.001
CAR	0.705	(0.321–1.505)	0.515	(0.288–0.949)	1.159	(0.502–2.970)	<0.001*
Time of peak sCr (hour)	66.75	±27.83 p<0.001	62.44	±25.16	72.91	±30.37	0.010
Time of CAR (hour)	54.43	±25.74	53.14	±25.04	56.2	±26.73	0.416
Peak troponin-I (ng/mL)	52.9	(17.68–180)	38.39	(14.03–106)	79.6	(25–180)	0.058*
LMCA (critic lesion), n (%)	5	(2.4)	3	(2.5)	2	(2.4)	0.913
IRA, n (%)							
LAD	85	(40.5)	52	(43)	33	(37.1)	0.390
RCA	72	(34.3)	36	(29.8)	36	(40.4)	0.107
Cx	37	(17.6)	23	(19)	14	(15.7)	0.586
Other	16	(7.6)	10	(8.3)	6	(7.6)	0.681
Stent, n (%)							
One	182	(86.7) p=0.068	110	(90.9)	72	(80.9)	0.035
Two	23	(11)	10	(8.3)	13	(14.6)	0.146
Three	5	(2.4)	1	(0.8)	4	(4.5)	0.085
Stent diameter (mm)	3.03	±0.48	3.08	±0.499	2.98	±0.444	0.131
Stent length (mm)	22.5	(18–27)	22	(18–26)	24	(18–28.5)	0.030*
Radiopaque agent (ml)	198	(150–250)	200	(150–200)	200	(200–300)	<0.001
Length hospital stay (days)	5	(4–6)	4	(4–5)	6	(4–7)	<0.001
LVEF <sub>post-PCI</sub> (%)	50	(46–54)	54	(50–55)	47	(40–49)	<0.001
Mortality, n (%)	9	(4.3)	3	(2.5)	6	(6.7)	0.132

sALB: serum albumin, BGL: basal glucose level, BMI: body mass index, CAR: peak C – reactive protein to lower albumin ratio, CI-AKI: contrast-induced acute kidney injury, CM: contrast media, CRP: C-reactive protein, Cx: circumflex, DBP: diastolic blood pressure, eGFR: estimated glomerular filtration rate, HDL: high density lipoprotein, IRA: infarct-related artery, LAD: left anterior descending artery, LC: lymphocyte count, LDL: low density lipoprotein, LMCA: left main coronary artery, LVEF: left ventricle ejection fraction, NC: neutrophil count, RCA: right coronary artery, SBP: systolic blood pressure, post-PCI: post-percutaneous coronary intervention, sCr: serum creatinine, STEMI: ST-elevation myocardial infarction, TG: triglyceride. \*Data are expressed as median (25th–75th percentiles).

**Table 2.** The demographic, clinical, laboratory, echocardiographic and coronary angiographic characteristics of patients with the low-CAR, mid-CAR and high-CAR.

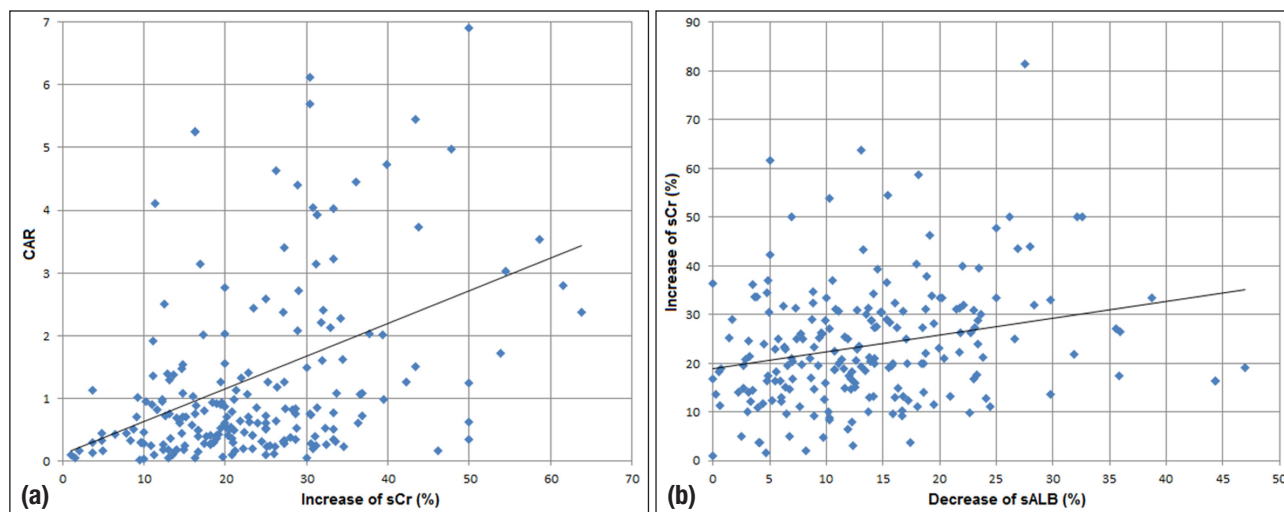
	Peak C-reactive protein to lower albumin ratio (CAR)						
	Low-CAR ( $\leq$ . 415) n=70		Mid-CAR ( $>$ 415 to $\leq$ 1.076) n=70		High-CAR ( $>$ 1.076) n=70		p
Age (years)	62.5	$\pm$ 10.7	63.3	$\pm$ 12.6	71.5	$\pm$ 12.99	<0.001
Male gender, n (%)	51	(72.9)	53	(75.7)	45	(64.3)	0.301
BMI (kg/m <sup>2</sup> )	26.94	$\pm$ 4.5	26.5	$\pm$ 4.37	25.5	$\pm$ 5.25	0.205
Smoker, n (%)	25	(35.7)	24	(34.3)	38	(41.4)	0.028
Hypertension, n (%)	24	(34.3)	29	(41.4)	39	(55.7)	0.034
Diabetes mellitus, n (%)	12	(17.1)	24	(34.3)	38	(54.3)	<0.001
Family history, n (%)	18	(26.1)	24	(34.3)	24	(34.8)	0.467
Dyslipidemia, n (%)	29	(41.4)	25	(35.7)	21	(30)	0.370
Hemoglobin (mg/dl)	14.21	$\pm$ 2.12	14.22	$\pm$ 1.78	13.68	$\pm$ 2.53	0.544
BGL (mg/dl)	123	(103–150)	131	(109–163)	139	(117.1–196.5)	0.006*
Cholesterol (mg/dl)	165.6	$\pm$ 35.2	167.1	$\pm$ 36.8	163.3	$\pm$ 39.1	0.849
LDL (mg/dl)	94.9	$\pm$ 31.6	105.4	$\pm$ 34.6	96.1	$\pm$ 35.8	0.180
HDL (mg/dl)	40	(32.3–49)	38	(31–44)	38	(32–45)	0.520*
Triglyceride (mg/dl)	122.5	(88.3–171.3)	123	(92.5–171)	107	(82–138)	0.259*
Baseline LC (10 <sup>3</sup> / $\mu$ l)	5.4	(4.13–6.68)	4.8	(4.23–7.07)	5.8	(3.97–9.23)	0.394*
Peak NC (10 <sup>3</sup> / $\mu$ l)	6.6	(5.4–9.3)	7.2	(5.195–9.75)	8.569	(6.3–11.73)	<0.001*
Baseline NC (10 <sup>3</sup> / $\mu$ l)	1.74	(1.34–2.3)	1.7	(1.2–2.3)	1.51	(1–2.01)	0.019*
Peak LC (10 <sup>3</sup> / $\mu$ l)	1.84	(1.38–2.3)	1.62	(1.2–2.55)	1.41	(1.01–1.975)	0.012*
Baseline sCr (mg/dl)	.815	(0.698–0.965)	.805	(0.7–0.97)	0.790	(0.67–0.91)	0.675*
Peak sCr (mg/dl)	1.03	(0.868–1.193)	1.02	(0.878–1.153)	1.115	(0.913–1.423)	0.098
Increase of sCr (mg/dl)	0.2	(0.118–0.27)	0.2	(0.13–0.33)	0.31	(1.925–0.555)	<0.001*
Increase of sCr (%)	18.8	(12.8–26.1)	20.1	(14.8–26.6)	30.2	(20–37.3)	<0.001*
Baseline CRP (mg/dl)	0.221	(0.11–0.356)	0.49	(0.279–0.839)	0.674	(0.277–2.283)	<0.001*
Peak CRP (mg/dl)	0.909	(0.614–1.195)	2.583	(1.931–3.189)	7.552	(5.015–11.933)	<0.001*
Increase in sCr (mg/dl)	0.6	(0.287–0.998)	1.938	(1.396–2.513)	6.878	(4.231–10.769)	<0.001*
Increase in sCr (%)	73.2	(53.09–84.1)	78.7	(65.8–85.8)	90.8	(73.2–96.5)	<0.001*
Baseline sALB (g/dl)	4.23	(4.085–4.393)	4.15	(3.815–4.365)	3.95	(3.703–4.165)	<0.001*
Lower sALB (g/dl)	3.74	$\pm$ 0.37	3.58	$\pm$ 0.38	3.21	$\pm$ 0.46	<0.001
Decrease of sALB (g/dl)	0.39	(0.208–0.678)	0.49	(0.298–0.7)	0.595	(0.34–1.013)	0.003*
Decrease of sALB (%)	9.8	(5.1–14.7)	12.2	(7.3–16.4)	16	(9.01–24.1)	<0.001*
Baseline eGFR (ml/min)	93.7	(79.2–104.1)	93.2	(75.5–103.6)	90	(75.4–98.2)	0.250*
Lower eGFR (ml/min)	76.2	(63.7–88.4)	76.8	(57.9–90)	66.6	(45.6–81.9)	0.007*
Decrease of eGFR (ml/min)	12.8	(5.99–21.1)	13.8	(8.3–19.7)	19.6	(8.8–28.3)	0.027*
Decrease of eGFR (%)	14.9	(6.97–25.2)	17.3	(9.1–25)	23	(11.2–33.9)	0.002*
CAR	0.254	(0.162–0.327)	.712	(0.533–0.872)	2.420	(1.517–4.032)	<0.001*
CI-AKI, n (%)	21	(30)	22	(31.4)	46	(65.7)	<0.001
STEMI, n (%)	54	(77.1)	51	(72.9)	60	(85.7)	0.168
Peak troponin-I (ng/ml)	40.28	(3.45–172.75)	55.75	(15.33–180)	58.67	(25–180)	0.347
LMCA (critic stenosis), n (%)	1	(1.4)	2	(2.9)	2	(2.4)	0.815
IRA, n (%)							
LAD	22	(31.4)	32	(45.7)	31	(44.3)	0.166
Cx	15	(21.4)	10	(14.3)	12	(17.1)	0.536
RCA	24	(34.3)	23	(32.9)	25	(35.7)	0.939
Other	9	(12.9)	5	(7.1)	2	(2.9)	0.082
Stent, n (%)							
One	64	(91.4)	61	(87.1)	57	(81.4)	0.218
Two	5	(7.1)	8	(11.4)	10	(14.3)	0.395
Three	1	(1.4)	1	(1.4)	3	(4.3)	0.441
Stent diameter (mm)	3.03	$\pm$ 0.54	2.99	$\pm$ 0.43	3.07	$\pm$ 0.46	0.568
Stent length (mm)	23	18–26	22	18–26	24	19–28.3	0.146*
Radiocontrast agent (ml)	200	73.2	189.7	81.5	212.2	80.3	0.436
Length of hospital stay, (days)	4	(4–5)	5	(4–5)	6	(5–7)	<0.001*
LVEF (%)	53	(49–55)	51.5	(47.75–54)	48	(40–50)	<0.001*
Syntax score	18.95	(13.9–22.3)	19	(13.8–26)	25.8	(16–32.93)	0.002*
Mortality, n (%)	1	(1.4)	1	(1.4)	7	(10)	0.015



**Figure 1.** The median concentrations of serum creatinine (sCr), serum albumin (sALB), C-reactive protein (CRP), and C-reactive protein to lower albumin rate (CAR) with the baseline, peak, and amount of increase in all patients before and after primary percutaneous intervention divided into the low-CAR (blue), mid-CAR (red) and high-CAR (green) groups.

**Table 3.** Correlation analysis between demographic, clinical, biochemical, echocardiographic and coronary angiographic characteristics of all patients and with the correlation coefficient  $r$  and  $p$  value.

	Increases in sCr		Peak CRP		Lower sALB		CAR	
	$r$	$p$	$r$	$p$	$r$	$p$	$r$	$p$
Gender	0.044	0.530	-0.076	0.275	0.202	0.003	-0.084	0.225
Diabetes mellitus	0.358	<0.001	0.249	<0.001	-0.331	<0.001	0.265	<0.001
Smoker	0.274	<0.001	0.021	0.769	-0.212	0.002	0.054	0.435
Triglyceride	-0.132	0.071	0.189	0.006	0.306	<0.001	-0.052	0.473
Baseline sCr	-	-	0.018	0.791	-0.038	0.580	0.026	0.704
Peak sCr	-	-	0.171	0.013	-0.219	0.001	0.183	0.008
Increases in sCr	-	-	0.255	<0.001	-0.313	<0.001	0.268	<0.001
Peak NC	215	0.002	0.336	<0.001	-0.227	0.001	360	<0.001
Baseline CRP	0.199	0.004	-	-	-0.271	<0.001	-	-
Peak CRP	0.255	<0.001	-	-	-0.375	<0.001	-	-
Increase in CRP	0.237	0.001	-	-	-0.349	<0.001	-	-
Baseline sALB	-0.243	<0.001	-0.167	0.016	-	-	-	-
Lower sALB	0.313	<0.001	-0.375	<0.001	-	-	-	-
Decrease in sALB	0.104	0.135	0.261	<0.001	-	-	-	-
CAR	0.267	<0.001	-	-	-	-	-	-
Baseline eGFR	-	-	-0.123	0.076	0.184	0.007	-0.128	0.064
Lower eGFR	-	-	-0.227	0.001	0.267	<0.001	-0.231	0.001
Decrease in GFR	-	-	0.169	0.015	-0.134	0.052	0.250	<0.001
AMI type (STEMI)	0.143	0.039	0.059	0.398	-0.140	0.043	0.046	0.511
LVEF <sub>post-PCI</sub>	-0.387	<0.001	0.403	<0.001	-0.037	0.597	-0.405	<0.001
CM volume	0.398	<0.001	-0.140	0.043	0.243	<0.001	0.060	0.390
Syntax score	0.207	0.003	0.201	0.004	-0.323	<0.001	-0.155	0.025



**Figure 2. a, b.** Correlation analysis between CAR and increase in sCr values [correlation coefficient ( $r$ )=0.357;  $p$ <0.001 (a)] and between increase in sCr and decrease in sALB values [ $r$ =0.248;  $p$ <0.001 (b)]

**Table 4.** The logistic regression analysis models of CAR for prediction of contrast-induced acute kidney injury

	$\beta$	S. E.	OR	95% C.I.	p values
Univariate regression analysis					
Gender	0.176	0.310	1.193	0.650–2.189	0.569
Smoker	0.736	0.286	2.087	1.191–3.657	0.010
Diabetes mellitus	1.844	0.319	6.324	3.384–11.820	<0.001
BGL	0.003	0.002	1.003	.999–1.007	0.114
Dyslipidemia	-0.500	0.298	0.606	0.338–1.087	0.093
Hypertension	0.880	0.287	2.411	1.375–4.229	0.002
Peak NC	0.188	0.049	1.207	1.097–1.329	<0.001
Peak CRP	0.176	0.041	1.193	1.101–1.292	<0.001
Lower sALB	-1.279	0.342	0.278	0.142–0.545	<0.001
CAR	0.495	0.120	1.640	1.296–2.076	<0.001
LVEF <sub>post-PCI</sub>	-0.136	0.026	0.873	0.830–0.918	<0.001
CM volume	0.008	0.002	1.008	1.004–1.012	<0.001
Multivariate regression analysis					
Smoker	0.861	0.383	2.366	1.117–5.010	0.024
Diabetes mellitus	1.374	0.403	3.949	1.792–8.701	0.001
Hypertension	0.973	0.380	2.647	1.257–5.573	0.010
Peak NC	0.150	0.062	1.162	1.028–1.313	0.016
CAR	0.297	0.147	1.345	1.009–1.794	0.043
LVEF <sub>post-PCI</sub>	-0.079	0.030	0.924	0.871–0.980	0.008
CM volume	0.007	0.003	1.007	1.001–1.012	0.012

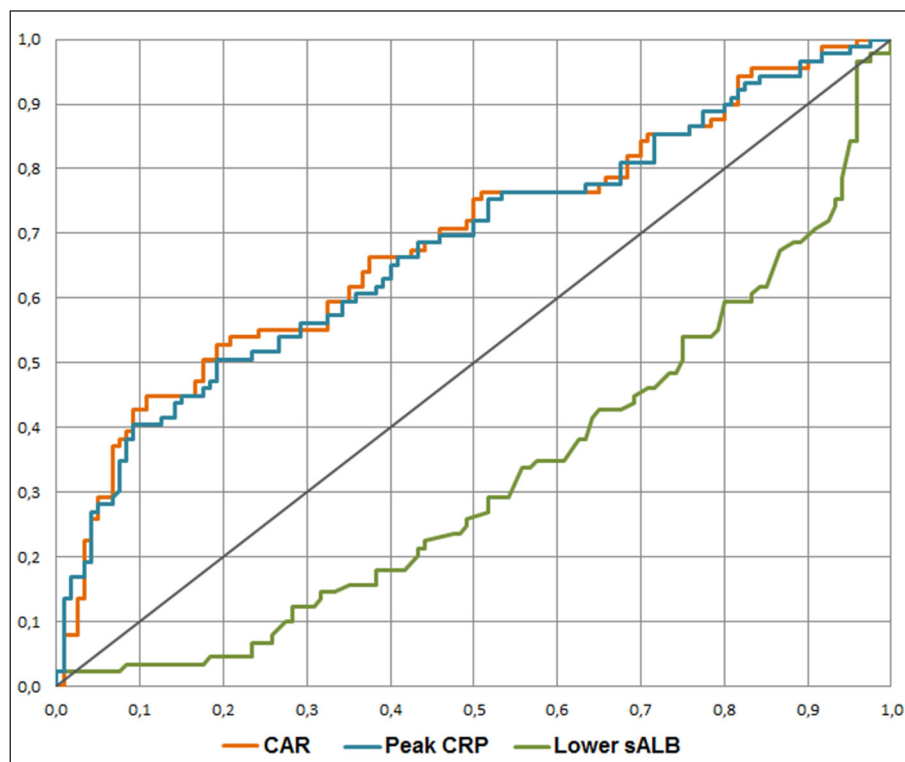
CI, confident interval; OR, odds ratio; SE, standard error.

of CAR (AUC 0.689, 95% CI 0.614–0.763;  $p$ <0.001) was significantly higher than that of CRP (AUC: 0.679, 95% CI 0.604–0.754;  $p$ <. 001) and sALB (AUC: 0.322, 95% CI 0.249–0.395;  $p$ <0.001). It was demonstrated that CAR was found to be the strongest, CRP was moderate strength, and sALB was a poor predictor for CI-AKI (Figure 3).

## Discussion

Present study demonstrated that, the CAR was associated with the occurrence of CI-AKI in patients with non-ST- and ST-elevation AMI, who had undergone pPCI, and also it was an independent predictor of CI-AKI development. Moreover, the CAR predicted





**Figure 3.** The receiver operator characteristic (ROC) curve analysis. The area under the ROC curve for predicting contrast-induced acute kidney injury of CAR, peak CRP, and lower sALB were 0.689 [95% confidence interval (CI): 0.614–0.763;  $p < 0.001$ ], 0.679 (95% CI: 0.604–0.754;  $p < 0.001$ ) and 0.322 (95% CI: 0.249–0.395;  $p < 0.001$ ), respectively.

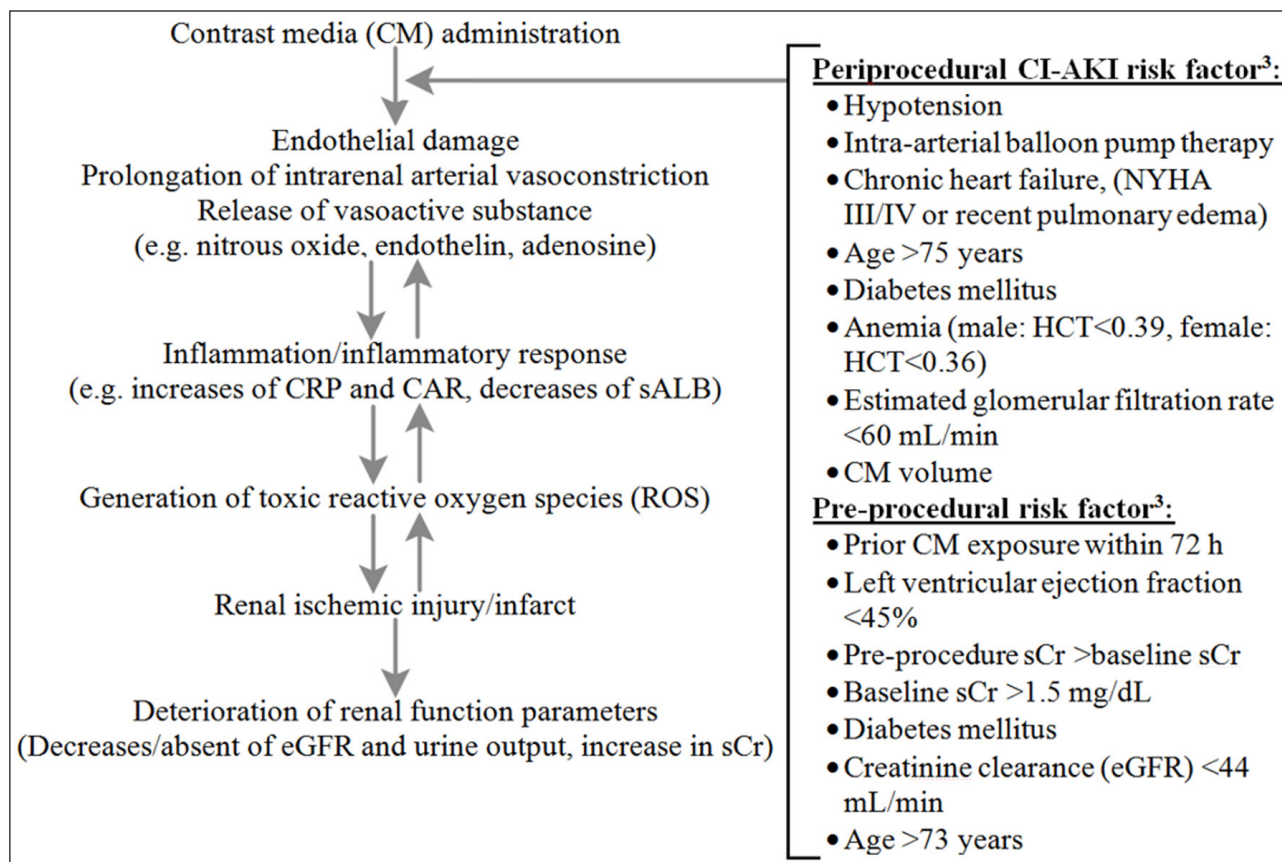
CI-AKI more accurately than either CRP or sALB. Furthermore, present study demonstrated that smoking, DM, HT, elevated CAR and elevated NC, using of high CM volume and lower LVEF are risk factors for CI-AKI.

All CM have more or less renal toxic effects. Their toxic effect is closely related to its osmolality, viscosity and iodine concentration. Although the use of hyperosmolar CM has been abandoned at present time, iso-osmolar and hypo-osmolar CM are also more viscous than plasma, which is inversely proportional to osmolality. The toxic effects of the CM have been shown to be directly related to its properties<sup>15</sup>. Although, the pathophysiologic mechanism of development CI-AKI is not clearly understood, the suggested pathophysiologic mechanisms of the development of CI-AKI are complex including induced and prolongation of intrarenal arterial vasoconstriction with resultant medullary hypoxia, renal vascular endothelial damage, generation of reactive oxygen species (ROS), and direct renal tubular toxicity<sup>16–18</sup>. In previous studies conducted in animal models have shown that intra-arterial infusion of increased dose of ionic-contrast media causes a transient increase of renal blood flow, and then subsequently

causes intense and prolonged vasoconstriction related the volume of CM leading to renal ischemic injury/infarct<sup>19,20</sup>. This effect decreases blood flow of approximately 40% and oxygen supply of 60%, especially in the outer medulla<sup>21–23</sup>. This effect has also been shown to be due to the local balance between endothelial vasoconstrictors such as endothelin<sup>19</sup> and adenosine<sup>20</sup> and vasodilators such as nitrous oxide<sup>24</sup> and prostaglandin<sup>25</sup> has been shown an impaired in favor of intrarenal arterial vasoconstrictors caused ischemic injury/infarct. In our study, it was shown that the CI-AKI group had higher the median of CM volume and increase of sCr. And also, it was shown that the increases of sCr values showed significant correlation with the CM volumes. These findings support the results observed in animal models, which the increased CM volume causes more renal ischemic injury/infarct<sup>21,22</sup>. The development chain of CI-AKI was shown on Figure 4.

#### CRP and CI-AKI

CRP primarily made in the liver in response to pro-inflammatory cytokines, in particular interleukin-6 is the non-specific acute phase reactant, and is a widely used biochemical marker for acute inflammation<sup>26</sup>.



**Figure 4.** The development chain of the contrast-induced acute kidney injury (CI-AKI).

The increased plasma concentration of CRP is indicative of systemic inflammation, and a few studies have shown that increased CRP concentration is associated with acute contrast-induced renal injury and an independent predictor of CI-AKI development<sup>23-29</sup>. In present study, the median of CRP level was also significantly higher in the both CI-AKI group than the no-CI-AKI group and high-CAR tertile than the low-CAR and mid-CAR tertiles. In addition, a strong positive correlation was found between CRP and sCr levels. Moreover, ROC analysis showed that CRP is an independent predictor in the development of CI-AKI. The results of our study are accordance with the results of previous studies. Although the relationship of CRP with CI-AKI is clearly not understood, the ability to promote precipitation of polycationic and polyanionic compounds, activation of the classical complement pathway, inhibition of endothelial nitric oxide synthase, impaired vascular reactivity, agglutination properties were thought a played role for development of CI-AKI.

#### *Albumin and CI-AKI*

Serum albumin is a well-known negative acute phase reactant, which is a good indicator of inflammatory process. In the setting of systemic inflammation, it has been shown to reduce albumin levels regardless of the patient's nutritional status<sup>6</sup> and to be an important predictor of poor prognosis in acute coronary syndromes<sup>30-32</sup>.

Murat et al.<sup>33</sup> demonstrated that low sALB pre-PCI increases the risk of developing CI-AKI in patients with acute coronary syndrome. In the present study, the median of sALB level was significantly lower in the both CI-AKI group than the no-CI-AKI group and high-CAR tertile than the mid-CAR and low-CAR tertiles. In addition, a strong negative correlation was found between sALB and sCr level. Moreover, ROC analysis showed that sALB is an independent predictor in the development of CI-AKI. These findings suggest that albumin plays a prominent role in the pathophysiological mechanism of development of CI-AKI. In this

study, the relationship between sALB and the development of CI-AKI was demonstrated for the first time, and was shown to be an independent predictor in patient with AMI undergoing pPCI.

Although the relationship between hypoalbuminemia and CI-AKI has been showed in patient with administered CM, its role in the mechanism of development of CI-AKI is unknown.

Albumin has been shown to act as a reservoir for short-lived free nitric oxide (NO). When PH falls due to tissue hypoxia, albumin-linked NO is released to maintain vascular tone<sup>34</sup>. Hypoxia by prolonged vasoconstriction induced by CM due to decreased NO concentration in renal tissue due to hypoalbuminemia may be one of the mechanisms leading to CI-AKI development<sup>35</sup>. Approximately 60% of the whole body albumin mass is in the interstitial space and 40–45% is in the vascular space, and accounts for 75–80% of normal plasma oncotic pressure<sup>36,37</sup>. Hypoalbuminemia reduces blood oncotic pressure and induces escape of fluid from intracellular space towards the interstitial space. The expanded interstitial space causes a relative decrease in hypovolemia in the intravascular space. Thus, the toxic effect of CM may be increased because of the relative decreased intra vascular volume due to hypoalbuminemia and increase of their distribution space.

Finally, the present and previous studies have shown a strong inversely correlation between sALB level and the magnitude of inflammation. In addition, hypoalbuminemia can increase blood viscosity by reducing erythrocyte flexibility and increasing the level of fibrinogen and impair endothelial function. Moreover, ALB has antioxidant activity. In the sitting of acute high grade inflammation, the effect on endothelial function and damage, the increased blood viscosity and reduced antioxidant activity, hypalbuminemia may cause the development of CI-AKI by augmenting of the toxic effect of CM.

### *CAR and CI-AKI*

The CAR, which is consists of CRP to sALB ratio, was first reported in patient with acute medical admissions to the acute medical assessment unit for patient outcome<sup>38</sup>. And also, it has been shown that elevated CAR is associated with poor prognosis in cardiovascular diseases and a predictor for cardiovascular events<sup>3</sup>.

It's well known that elevated CRP and reduced sALB were inversely related in patient with inflammatory disease. This inverse relationship between CRP and

sALB levels in inflammatory disease and the predictive values of CAR derived from these biomarkers in the development of CI-AKI has led us to investigate in patient with non-ST- and ST-elevation AMI undergoing pPCI.

In our study, the CI-AKI group had significantly higher median of CAR than the no-CI-AKI group. Similarly, the high-CAR tertile had significantly higher the median of peak sCr value, the absolute increase in sCr and the percentage increase in sCr than the mid-CAR and low-CAR. Although CAR groups were had small size, according to the ROC analyze, the AUC value of the CAR was found to be higher than CRP and sALB alone. Thus, our findings suggest that CAR has had more predictive value than CRP and sALB alone for predicting the development of CI-AKI in patients with AMI undergoing pPCI.

This study showed a significant association between CAR and sALB in the development and progression of CI-AKI and demonstrated that they are independent predictors of the development of the development of CI-AKI in patients with AMI undergoing pPCI. Given that CAR has a higher predictive value than CRP and sALB alone, it is a more appropriate tool to use for predicting the development of CIN in patients with AMI undergoing pPCI. In addition, patients with an elevated CAR may require more intensive therapy for the prevention or progression of CI-AKI.

Thus, we believe that our results point to a promising, simple, cheap and useful risk classification tool for predicting the development and progression of CI-AKI for all patients receiving CM.

### *Limitations*

Our study had some limitations. Firstly, it was a retrospective study and the study group consisted of patient enrolled in a single center. Secondly, in this study, which has a limited number of patients, the effect of CAR on cardiac events could not be evaluated. Thirdly, as we exclude high-risk patients such as used IABP or mechanical ventilation, hemodialysis and a history of coronary artery bypass grafting, the findings may not be used for this group of patients. However, we believe that CAR and ALB have the importance of being used as predictor of post-processing CI-AKI in most patients undergoing pPCI. Finally, this study reflects the predictive value of CAR for the period of hospitalization in predicting CI-AKI. Therefore, large-scale and long-term studies are needed to determine the long-term predictive capacity.

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The author received no specific funding for this work.

### Conflicts of Interests

The authors report no conflicts of interest.

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