



## Research Article

# Towards a predicted anti-aging molecular targets of asiaticoside based on bioinformatics analysis

✉ Maria Violita Sekar Ayu Kencana<sup>1</sup>, ✉ K. Ariex Widyantara<sup>1</sup>, ✉ Yosef Alpha Christian<sup>1</sup>, ✉ Bakti Wahyu Saputra<sup>2</sup>,  
✉ Agustina Setiawati<sup>1</sup>

<sup>1</sup>Department of Pharmaceutical Biology, Faculty of Pharmacy, Sanata Dharma University, Yogyakarta, Indonesia

<sup>2</sup>Department of Pharmaceutical Chemistry, Faculty of Pharmacy, Universitas Gadjah Mada, Yogyakarta, Indonesia

### Abstract

**Objectives:** Human skin, the largest organ, serves as a critical barrier against environmental damage and microbial invasion. The skin aging process leads to collagen degradation, reduced elasticity, and wrinkle formation, influenced by intrinsic and extrinsic factors. This process has driven significant interest in the anti-aging market, which is expected to grow to \$44.5 billion by 2030. Asiaticoside (AS) has exhibited anti-aging properties by promoting collagen synthesis and fibroblast proliferation.

**Methods:** This study employed bioinformatics analyses to identify molecular targets and pathways modulated by AS in skin aging. The gene databases were extracted from PubMed ([www.ncbi.nlm.nih.gov](http://www.ncbi.nlm.nih.gov)), OMIM ([www.omim.org](http://www.omim.org)), and GeneCards ([www.genecards.org](http://www.genecards.org)). Protein-protein interaction (PPI) networks and CytoHubba algorithms (MCC, DMNC, MNC) identified ten key genes implicated in the skin aging cascade. To validate the results, molecular docking was conducted to assess AS's binding affinity to these targets.

**Results:** This study identified IL-1 $\beta$ , JUN, TGF- $\beta$ 1, CCL-2, MMP-9, STAT-3, MAPK-3, CXCL-8, MMP-2, and KDR as potentially targeted by AS in the skin aging cascade. Molecular docking revealed a strong binding affinity of AS with MMP-9 (-8.16 kcal/mol), indicating its role in inhibiting ECM degradation.

**Conclusion:** This study highlights AS's potential as a promising anti-aging agent by targeting key proteins and pathways, paving the way for further therapeutic exploration. This prediction of molecular pathways should be further verified by *in vitro* and *in vivo* experiments.

**Keywords:** Asiaticoside, bioinformatics, molecular docking, pathway, skin aging

**How to cite this article:** Kencana MVSA, Widyantara KA, Alpha Christian Y, Saputra BW, Setiawati A. Towards a predicted anti-aging molecular targets of asiaticoside based on bioinformatics analysis. Int J Med Biochem 2025;8(2):78–88.

Skin, the outermost and largest organ, serves as a protective layer for underlying tissue from microbial infection and contributes as an essential barrier against environmental damage [1–5]. The human skin is the first organ that exhibits obvious signs of aging, undergoing progressive changes in both morphology and physiology with age [6]. Awareness about skin aging has expanded lately as society becomes more conscious of beauty. Thus, numerous studies on the factors and strategies to slow skin aging have gained popularity in cosmetic medicine nowadays [7]. The global facial rejuvenation market is predicted to elevate significantly from \$24.6 bil-

lion to approximately \$44.5 billion by 2030 due to the increase in aging populations. Thus, technological innovations have greatly improved public interest in beauty and skin health, and attempts to delay skin aging are growing rapidly [8].

Skin aging refers to a natural, multifaceted, and complicated biological degenerative process [6, 7, 9, 10]. Three skin layers—epidermis, dermis, and subcutaneous—experience degenerative alterations due to aging, with dermal changes being the most obvious [11]. Skin aging is identified by features including skin laxity, wrinkles, elasticity loss, and a rough-looking texture [10]. Its aging process is accelerated by

**Address for correspondence:** Agustina Setiawati, Ph.D. Department of Pharmaceutical Biology, Faculty of Pharmacy, Sanata Dharma University, Yogyakarta, Indonesia

**Phone:** +628112636672 **E-mail:** [nina@usd.ac.id](mailto:nina@usd.ac.id) **ORCID:** 0000-0001-6301-3413

**Submitted:** November 01, 2024 **Revised:** December 23, 2024 **Accepted:** December 24, 2024 **Available Online:** March 06, 2025

**OPEN ACCESS** This is an open access article under the CC BY-NC license (<http://creativecommons.org/licenses/by-nc/4.0/>).



a combination of endogenous and exogenous factors more than in any other body organ [6, 12, 13]. The endogenous factors are characterized by a reduced ability to regenerate, decreased stratum corneum permeability, epidermal atrophy that mostly affects the stratum spinosum, as well as a reduction in fibroblast and collagen levels in the dermis [5, 12]. Collagen is a protein that provides tensile strength, firmness, and elasticity and supports skin integrity [14]. Exogenous factors, mainly resulting from exposure to ultraviolet (UV) rays, lead to progressive skin damage and play a role in the aging process known as photoaging [5, 15–17]. Chronic UV exposure on human skin activates the expression of matrix metalloproteases (MMPs), impacting collagen and elastin fibers in the dermis and ultimately resulting in solar elastosis. Both endogenous and exogenous factors decrease collagen, the primary factor associated with aging skin, which encourages extracellular matrix (ECM) degradation, skin laxity, deep wrinkle formation, and hyperpigmentation [10, 16, 18]. The skin aging process increases dryness, dullness, coarseness, sagging, and loss of elasticity due to a decrease in skin surface hydration [19, 20].

The utilization of biologically active compounds continues to be a rising trend in the 21<sup>st</sup> century, marked by the growth of the global natural cosmetics market [21]. Biologically active compounds with pharmaceutical properties, often referred to as cosmeceuticals, represent the latest advancement in beauty care products aimed at reducing wrinkles [22]. There are abundant botanical products that have been clinically proven to prevent the skin aging process. Among them, *Centella asiatica* contains natural products such as asiaticoside, madecassoside, asiatic acid, and madecassic acid [10, 23]. Asiaticoside and madecassoside are the two major terpenoid glycosides that have demonstrated anti-skin-aging effects [24, 25].

Asiaticoside (AS) (Fig. 1a) is a major pentacyclic triterpene glycoside (saponin) with similar sugar chains (Glu-Glu-Rha) bonded to its carboxyl groups [10, 26, 27]. Asiaticoside (AS) is synthesized through glycosylation followed by a rhamnosylation reaction of asiatic acid, catalyzed by UDP-glucosyltransferases (UGTs), which initially attach a glucose molecule to the carboxyl group at C-28 [27]. It increased normal human skin cell migration, adhesion, and proliferation [28]. In addition, AS, an active main secondary metabolite in *Centella asiatica*, induces anti-aging properties by promoting collagen levels and encouraging the growth of normal dermal fibroblasts [29–31]. Nevertheless, it is commonly used for cosmetic purposes in topical applications [32]. Previous studies have proven that AS possesses anti-aging properties by inducing collagen synthesis in dermal fibroblasts via the activation of TGF- $\beta$  signaling pathways [33]. However, the precise mechanisms by which it interferes with skin aging at the molecular level remain uncertain. Since asiaticoside and madecassoside are major biomarkers of triterpenoid glycosides in *Centella asiatica* [34, 10], this study further analyzed both compound combinations for skin anti-aging.

This investigation outlined a molecular pathway related to bioinformatics assessments of AS's effects on skin aging. Over the past few years, bioinformatics analysis has been widely

used for generating diverse datasets that analyze protein and gene expression levels, identifying various genes involved in pathways associated with skin aging [20]. Furthermore, bioinformatics assists in determining the molecular mechanisms underlying specific clinical alterations rapidly and precisely [7]. As a result, 10 top genes were ranked as the most influential genes using three network scoring methods: MCC (Maximal Clique Centrality), DMNC (Density of Maximum Neighborhood Component), and MNC (Maximum Neighborhood Component). These algorithms measure centrality by predicting and exploring the distance from the direct neighborhood of a vertex [20, 35].

This study employs molecular docking and simulation approaches for protein-ligand interactions to facilitate the discovery of innovative skin aging treatments. Thus, AS interacts with key molecular pathways associated with skin aging, which can be computationally predicted and validated by molecular docking and bioinformatics tools. Asiaticoside, by acting on MMP-2/9, plays a crucial role in the degradation of the extracellular matrix, making it a promising agent for skin rejuvenation. Furthermore, the combination of asiaticoside and madecassoside targeted metabolic enzymes such as CYP and UGT to protect the skin aging process from environmental oxidative stress. In conclusion, our research has outlined how asiaticoside targets various molecular pathways such as interleukins, growth regulators, metabolic enzymes, and matrix metalloproteinases, all of which are involved in inhibiting skin aging activities. Furthermore, this prediction of molecular pathways should be further verified by *in vitro* and *in vivo* experiments.

## Materials and Methods

### Data mining and collection

Key proteins and genes involved in the skin aging mechanism were retrieved from public biomedical databases, including PubMed ([www.ncbi.nlm.nih.gov](http://www.ncbi.nlm.nih.gov)), OMIM ([www.omim.org](http://www.omim.org)), and GeneCards ([www.genecards.org](http://www.genecards.org)), as a preliminary step in the analysis. The targets of asiaticoside, encompassing both direct and indirect influences on these biomolecules, were identified via [www.stitch.embl.de](http://www.stitch.embl.de). An interactive Venn diagram tool ([www.interactivenn.net](http://www.interactivenn.net)) was applied to identify the specific proteins and genes influenced by asiaticoside in relation to skin aging [36].

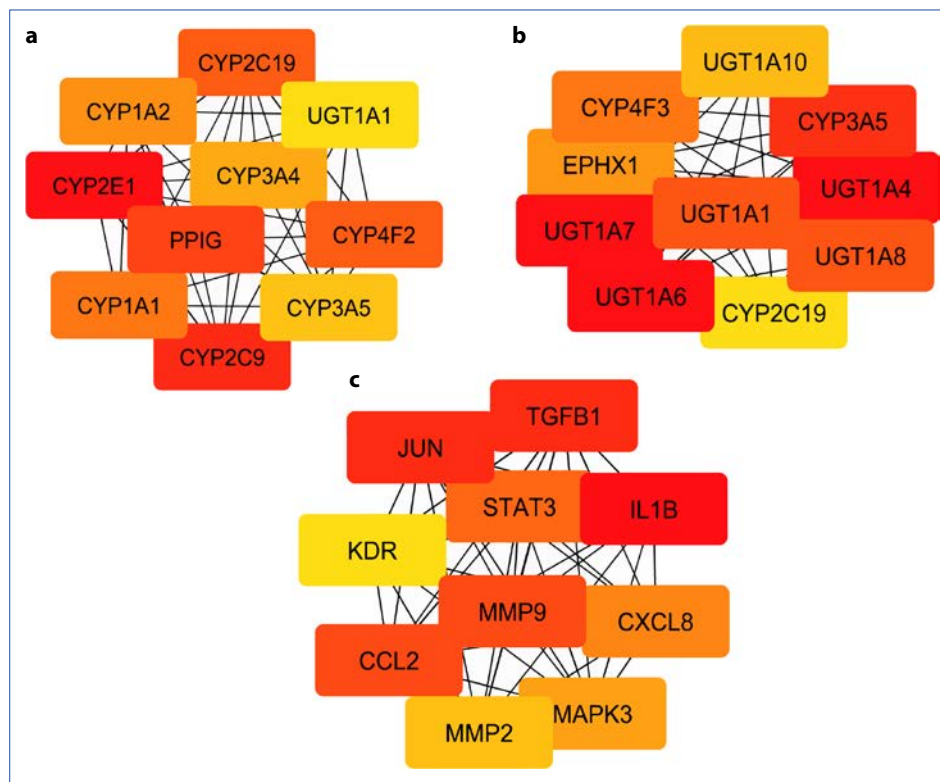
### Construction of protein interaction networks and gene clustering

The construction of a protein-protein interaction (PPI) network and gene clustering involved mapping the dynamic, complex interactions among multiple proteins. Direct and indirect protein interactions were extracted using STRING-DB v11.5 (<https://string-db.org>), forming the basis of the interaction network. Subsequently, gene analysis was performed with Cytoscape 3.10.1 (<https://cytoscape.org/>), a platform designed to visualize molecular interaction networks effectively [20].

### Analysis of hub gene expression levels

The study employed MNC and Degree algorithms from the CytoHubba plugin to identify the top 10 genes with the





**Figure 2.** The clustering of the top 10 genes of AS related to skin aging according to MCC (a), DMNC (b), and MNC algorithm (c) in CytoHubba.

AS: Asiaticoside; MCC: Maximal clique centrality; DMNC: Density of maximum neighborhood component; MNC: Maximum neighborhood component.

## Results

AS (Fig. 1a) is a saponin glycoside with sugar molecules (glucose-glucose-rhamnose) that are attached to the triterpene group [37]. Using the specified screening criteria, two data sets were generated through the Venn diagram tool. A total of 19,608 genes involved in the skin aging process were compared with 68 genes that interacted with AS. Venn diagram analysis identified 86 genes associated with asiaticoside that are linked to skin aging (Fig. 1b). The PPI network showed that 86 gene targets of AS interact with each other to produce two major interconnected networks (Fig. 1c). Since asiaticoside coexists with madecassoside in plant extract, we further conducted bioinformatics and molecular docking analysis of both compounds in the skin aging process.

Madecassoside (MS) is a triterpenoid saponin (Appendix 1a), which has been studied for its anti-inflammatory and wound-healing properties [10]. AS, in combination with MS, targets 21 genes related to the skin aging process, all of which are metabolic enzymes such as cytochrome P450 (CYP), arachidonate 5-lipoxygenase (ALOX5), UDP-glucuronosyltransferases (UGTs), cytochrome P450 oxidoreductase (POR), and peptidylprolyl isomerase G (PPIG) (Appendix 1b, c). Furthermore, the MCC, DMNC, and MNC methodologies quantify gene interactions based on interaction degree, with each approach identifying the highest-ranking genes within the

top 10 results of the analysis. The ranks, shown in Figure 2, sequence the genes most affected by AS that contribute to skin aging. There was only one independent cluster based on each algorithm. The genes targeted by AS with the highest scores based on the MCC algorithm are CYP2E1 and CYP2C9 (Fig. 2a). Meanwhile, based on the DMNC algorithm: UGT1A7, UGT1A6, UGT1A4, and CYP3A5 were identified (Fig. 2b), and based on the MNC algorithm, there are IL-1 $\beta$ , JUN, and TGF- $\beta$ 1 (Fig. 2c). The biological functions of the genes related to skin aging, based on MNC data, are presented and analyzed in Table 1. When combined with MS, the top target genes based on MCC, DMNC, and MNC are subclasses of CYPs (CYP3A5, CYP1A2) (Appendix 2).

Molecular docking studies were conducted to predict the potential binding of AS, and further studies were carried out to investigate the relationship between anti-aging-related genes and AS. We selected IL-1B and MMP-9 as target genes for molecular docking with AS. MMP-9 and AS showed eight H-bonds to Pro421, His401, His411, Leu397, Leu418, Glu402, Leu188, and Ala189 (Fig. 3). UGTs are seen to have multiple hydrophobic bonds with Leu110 at IL-1B and Leu188, Val398, and Tyr423 at MMP9. In this process, AS showed lower binding energy at MMP-9, which is  $-8.16$  kcal/mol, compared to  $-5.57$  kcal/mol at IL-1B (Table 2), where AS has Van der Waals interactions with Asp12, Asn108, and Lys109 on IL-1B, as well as with Phe110, Ala191, His190, His405, Tyr420, Met422, Leu187,

**Table 1. Top 10 proteins network interaction ranked by MNC algorithm**

No	Gene symbol	Gene/protein name/abbreviation	Biological function related to skin aging	Reference
1	IL-1 $\beta$	Interleukin 1 $\beta$	IL-1 $\beta$ is an inflammatory mediator that is induced by main mediators in the inflammatory responses (CCL-2), activating signaling activities of STAT-3. The maturation and release of IL-1 $\beta$ is regulated by an inflammatory signaling platform called inflammasome.	[70–74]
2	JUN	c-Jun	Activated by ERK pathways. Combines with c-Fos to form the transcription factor AP-1 which stimulates MMP-2/9 transcription. Increased MMP transcription accelerates the degradation of collagen.	[39, 45]
3	TGF- $\beta$ 1	Transforming Growth Factor $\beta$ 1	TGF- $\beta$ 1 is a one of TGF- $\beta$ isoform that induced Smad 2 and Smad 3 phosphorylation which function as a transcriptional activator to induced MMP-2/ 9 transcription.	[50, 54, 58]
4	CCL-2	Chemokine (C-C motif) ligand 2	Also known as monocyte chemotactic/chemoattractant protein 1 (MCP). CCL-2 is an inflammatory chemokine secreted by macrophage that induces activation to promote inflammation after binding to its ligand CCR-2. CCL-2 activates a series of downstream signals such as JAK which then activates phosphorylation STAT 3/5 which then activates phosphorylation IL-1 $\beta$ /CXCL-8.	[75–77]
5	MMP-9	Matrix metalloproteinase 9	MMP-9 is known as gelatinase B. The expression of MMP-9 is stimulated by AP-1 and produced by keratinocytes. MMP-9 can degrade gelatin types I and V, collagen types IV and V, fibronectin in dermal fibroblast cells located in the ECM thereby stimulating skin aging.	[18, 44, 52, 78–81]
6	STAT-3	Signal Transducer and Activator of Transcription 3	Activated by CCL-2 which then lead to upregulation expression of MMP-2/9. The STAT-3 pathway is activated in response to several cytokines, including IL-1 $\beta$ and CXCL-8.	[66, 73, 76, 82]
7	MAPK-3	Mitogen-Activated Protein Kinase 3	Also known as extracellular signal-regulated kinases (ERKs), it is present in the cytoplasm and translocated into the nucleus. MAPK-3 (JNK, ERK, and p38) transfers extracellular signals to the nucleus, thereby activating transcription factors and inducing AP-1 as a downstream activator of MAPK, which then induced and regulates the transcription of MMP 2/9.	[15, 17]
8	CXCL-8	Chemokine (C-X-C motif) ligand 8	Also known as IL-8, activated by CCL-2 signaling pathway which then activates the phosphorylation of JAKs and STAT3.	[67, 77, 83, 84]
9	MMP-2	Matrix Metalloproteinase 2	MMP-2 is known as gelatinase A. The expression of MMP-2 is stimulated by AP-1 and produced by keratinocytes. MMP-2 can degrade gelatin type I, collagen types IV, V, VII, X in dermal fibroblast cells located in the ECM thereby stimulating skin aging.	[18, 42, 52, 78–81]
10	KDR	Kinase insert Domain Receptor	Also referred to as VEGFR-2, VEGF receptor is bound by VEGF-A, activating downstream pathways like MAPK1/3, which then regulates transcription factors AP-1 (c-Jun, c-Fos).	[46, 85, 86]

MNC: Maximum neighborhood component.

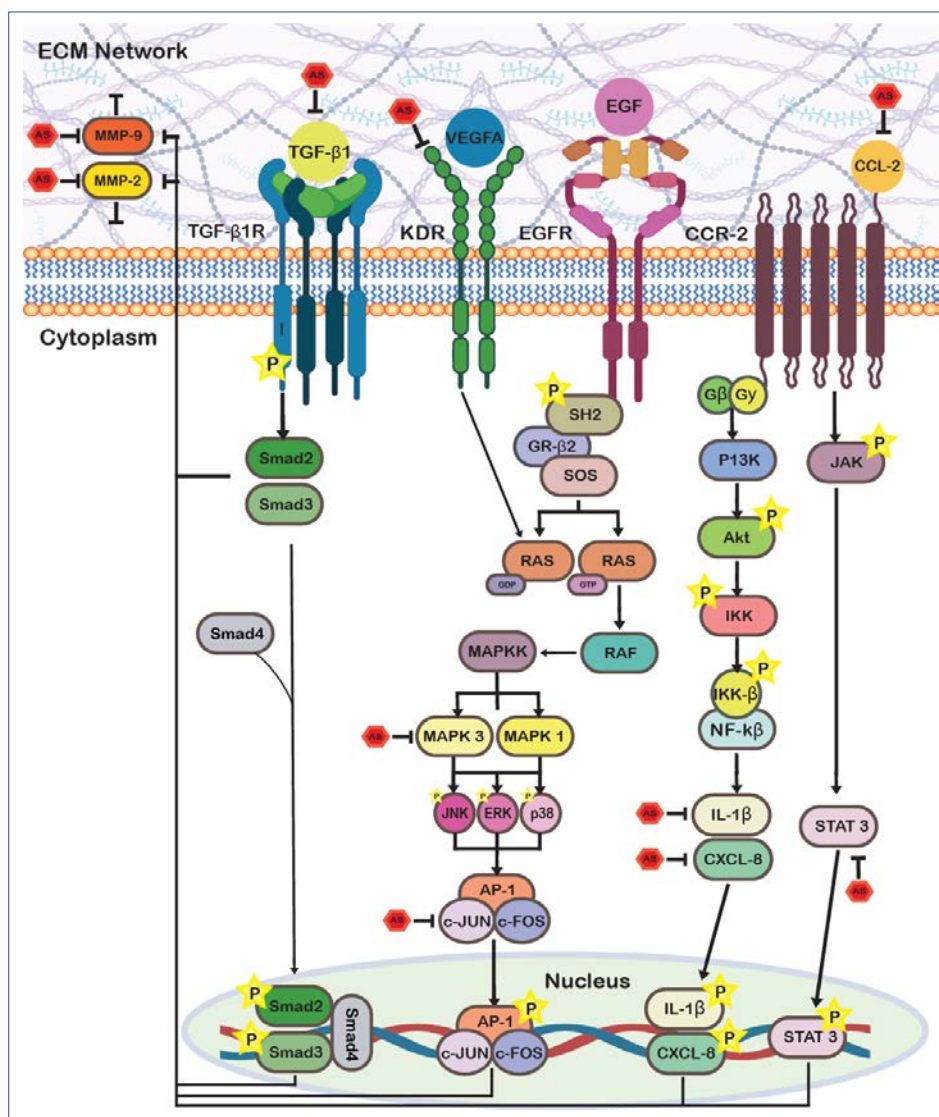
Tyr393, and Gly186 on MMP9 (Fig. 3). This study is considered valid based on the calculation of RMSD control, where the value for IL1B was 1.74 Å and for MMP9 was 1.65 Å. These results allow the specific binding of AS to MMP9, where the genes play important roles in the anti-aging pathway.

Furthermore, we conducted molecular docking of AS and MS to CYP3A5 as one of the possible molecular targets based on MCC, DMNC, and MNC algorithms. AS indicated a lower binding energy of –11.82 kcal/mol than MS to CYP3A5 (–10.43 kcal/mol). AS has Van der Waals interactions with Leu108, Ser107, Leu120, Phe220, Gly306, Thr309, Thr310, Val313, Phe367, Pro368, Ala447, Met451, and Leu481. It also formed hydrogen bonds with Arg106, Phe213, Val369, and Glu374. On the other hand, MS interacts with CYP3A5 through hydrogen bonding at Arg106, Ser107, Gly109, Ala305, Thr309, Glu308, Phe304, and Phe434. It binds con-

siderably to Arg105, Leu108, Ser119, Leu120, Phe210, Ile303, Gly306, Tyr307, Val369, Ala370, Arg372, Leu373, Glu374, Arg375, Pro433, Arg439, Asn440, Cys441, Gly435, and Leu481 through Van der Waals interactions (Appendix 3, 4). These findings are validated by confirming the binding energy of clobetasol propionate as the control, with a binding energy value of 8.11 kcal/mol.

Through a literature review, this study predicted the molecular cascade pathway illustrated in Figure 4. TGF- $\beta$ 1 (Transforming Growth Factor- $\beta$ 1), VEGFA (Vascular Endothelial Growth Factor A), EGF (Epidermal Growth Factor), and CCL-2 (Chemokine (C-C motif) ligand 2) bind to their respective receptors, triggering a molecular cascade within the cytoplasm. This cascade eventually leads to the phosphorylation of MMP-2/9 in the ECM, resulting in collagen degradation. AS is predicted to interact with certain molecules, inhibiting skin aging.





**Figure 4.** Predicted molecular cascade of AS in skin aging.

IL-1 $\beta$ : Interleukin 1 $\beta$ ; JUN: c-Jun; TGF- $\beta$ 1: Transforming growth factor  $\beta$ 1; CCL-2: Chemokine (C-C motif) ligand 2; MMP-9: Matrix metalloproteinase 9; STAT-3: Signal transducer and activator of transcription 3; MAPK-3: Mitogen-activated protein kinase 3; CXCL-8: Chemokine (C-X-C motif) ligand 8; MMP-2: Matrix metalloproteinase 2; KDR: Kinase insert domain receptor; AS: Asiaticoside.

receptor-binding protein 2 (GRB2). Simultaneously, GRB2 binds to the ornithine conversion factor, Son of Sevenless (SoS), promoting the activation of the Rat Sarcoma Virus (RAS) protein, a small GTPase. Upon activation, RAS recruits and activates

downstream RAF (Rapidly Accelerated Fibrosarcoma) kinases [52, 53]. Subsequently, the activated RAF phosphorylates and triggers mitogen-activated protein kinase kinase (MAPKK) signaling [46]. Activated MAPKK phosphorylates mitogen-ac-

**Table 2. Molecular docking of asiaticoside with IL-1 $\beta$  (6Y8I) and MMP-9 (1GKC)**

Target protein	Binding energy (kcal/mol)	H-bond residues	Hydrophobic residues	Van der Waals residues
IL-1 $\beta$	-5.57	Phe150, Met148, Arg11, Lys103, Thr147, Gln15, Gln149	Leu110	Asp12, Asn108, Lys109
MMP-9	-8.16	Pro421, His401, His411, Leu397, Leu418, Glu402, Leu188, Ala189	Val398, Tyr423	Phe110, Ala191, His190, His405, Tyr420, Met422, Leu187, Tyr393, Gly186

IL-1 $\beta$ : Interleukin 1 $\beta$ ; MMP-9: Matrix metalloproteinase 9; Phe: Phenylalanine; Met: Methionine; Arg: Arginine; Lys: Lysine; Gln: Glutamine; Leu: Leucine; Asp: Aspartic acid; Asn: Asparagine; Pro: Proline; His: Histidine; Glu: Glutamic acid; Val: Valine; Tyr: Tyrosine.

tivated protein kinases (MAPKs), such as MAPK-1/3, which subsequently phosphorylate the JNK, ERK, and p38 signaling pathways [41, 54]. This leads to the phosphorylation of the AP-1 complex (c-Fos and c-Jun), which translocates into the nucleus to directly regulate MMP-2/9 expression within the extracellular matrix (ECM) network [5, 39, 41, 44]. AP-1 indirectly suppresses collagen biosynthesis and promotes collagen degradation through multiple mechanisms. It alters the balance between MMPs and TIMPs, favoring MMP dominance. When MMPs prevail over TIMPs, collagen and other fibrillar structures undergo degradation [48]. RAS downstream signaling pathways are also activated by VEGFA binding to its receptor, KDR [55].

Meanwhile, TGF- $\beta$ 1, TGF- $\beta$ 2, and TGF- $\beta$ 3, the three isoforms of the transforming growth factor (TGF- $\beta$ ) subfamily, play distinct roles in various biological processes [56]. TGF- $\beta$  plays a crucial role in regulating ECM synthesis and managing collagen breakdown through activation of the Smad signaling pathway [11]. TGF- $\beta$ 1 modulates the expression of several MMPs, including MMP-2 and MMP-9, contributing to extracellular matrix remodeling. TGF- $\beta$ 1 increases the activation of MMP-2/9 via phosphorylation of the transcription factors Smad-2/3 (canonical Smad signaling) facilitated by its receptors (TGF- $\beta$ R1 and TGF- $\beta$ R2), which assemble into homodimeric and heterodimeric complexes essential for signaling [48, 54, 57]. Smad-2/3 then complexes with Smad4 and translocates to the nucleus, inducing the expression of MMP-2/9 [50, 54, 58].

The upregulation of MMP-2/9 is further initiated by the activation of CCL-2 (MCP-1) [59–62]. CCL-2 plays a critical role in driving disease progression by enabling the attraction of immune cells like monocytes and macrophages to inflammatory sites, thereby enhancing immune cell infiltration and contributing to fibrotic tissue remodeling [62, 63]. Upon binding to its receptor, C-C motif chemokine receptor 2 (CCR-2), CCL-2 activates the phosphatidylinositol 3-kinase (PI3K)/protein kinase B (Akt) and JAK/STAT pathways [62]. The PI3K/Akt pathway triggers NF- $\kappa$ B, which then moves into the cell nucleus to begin gene transcription, leading to the expression of factors like interleukin-1 $\beta$  (IL-1 $\beta$ ) and chemokine (C-X-C motif) ligand 8 (CXCL-8), ultimately resulting in the production and release of these cytokines [41, 52, 59, 63–65]. CCL-2/CCR-2 signaling also activates the JAK/STAT pathway through the stimulation of Janus kinase 2 (JAK-2), which subsequently triggers downstream signaling cascades, including the activation of STAT3/5. This ultimately regulates the transcriptional activation of MMP-2/9, thereby exacerbating the detrimental effects on the skin [64, 66, 67].

Additionally, earlier research has shown that AS reduces TGF- $\beta$ 1 expression by decreasing its mRNA synthesis [10, 29]. Beyond its anti-fibrotic actions, AS also possesses potent anti-inflammatory effects by blocking IL-1 $\beta$  production, further supporting its potential therapeutic role in skin aging and fibrosis [68]. In Figure 4, AS has been shown to inhibit several key molecular targets, including MMP-2/9, CXCL-8, KDR, c-Jun, CCL-2, STAT3, and MAPK3, demonstrating its potential therapeutic role in mitigating skin damage and fibrosis by modulating both upstream and downstream components of these pathways.

Since AS and MS are terpenoid saponins, AS often coexists with MS in plant extract. Both of them inhibit metabolic enzymes related to skin aging, mainly CYPs and UGTs. During the aging process, oxidative stress contributes to the propagation of ROS and reduces enzymatic protection [69]. CYP subclasses are expressed in different skin layers and are responsible for several vitamin metabolisms, including retinoid acid, which contributes to skin aging. One of CYP's AS and MS targets is CYP3A5, which is primarily expressed in the basal layer of the skin epidermis [10]. To date, the findings of this study have initiated further research to confirm *in vitro* and *in vivo* skin aging experiments with the help of network pharmacology analysis through bioinformatics and molecular docking.

## Conclusion

Based on bioinformatics analysis, asiaticoside (AS) has been identified to target a wide range of key proteins involved in skin aging. These proteins function collaboratively within various molecular pathways, enhancing the therapeutic potential of AS in combating extracellular matrix (ECM) degradation and inflammation. AS modulates both upstream and downstream signaling mechanisms, including those involving MMP-2/9, TGF- $\beta$ 1, IL-1 $\beta$ , CXCL-8, KDR, c-Jun, CCL-2, STAT3, and MAPK3, to inhibit processes that contribute to skin aging. These findings provide crucial foundational data for further investigation into AS's *in vitro* and *in vivo* activities. AS's ability to regulate multiple molecular targets positions it as a promising candidate for anti-aging therapy. Further exploration of its clinical efficacy is warranted.

**Appendix files:** [https://jag.journalagent.com/ijmb/abs\\_files/IJMB-26122/IJMB-26122\\_\(2\)\\_IJMB-26122\\_Appendixes.pdf](https://jag.journalagent.com/ijmb/abs_files/IJMB-26122/IJMB-26122_(2)_IJMB-26122_Appendixes.pdf)

**Authorship Contributions:** Concept – A.S.; Design – A.S.; Supervision – A.S.; Funding – A.S.; Data collection &/or processing – M.V.S.A.K., Y.A.C., K.A.W., B.W.S.; Analysis and/or interpretation – M.V.S.A.K., A.S.; Literature search – M.V.S.A.K., K.A.W., B.W.S.; Writing – M.V.S.A.K., Y.A.C., K.A.W., B.W.S., A.S.; Critical review – A.S.

**Conflict of Interest:** The authors declare that there is no conflict of interest.

**Use of AI for Writing Assistance:** No AI technologies utilized.

**Financial Disclosure:** The authors declared that this study has received no financial support.

**Peer-review:** Externally peer-reviewed.

## References

1. Lima TPL, Passos MF. Skin wounds, the healing process, and hydrogel-based wound dressings: A short review. *J Biomater Sci Polym Ed* 2021;32(14):1910–25. [CrossRef]
2. Su J, Li J, Liang J, Zhang K, Li J. Hydrogel preparation methods and biomaterials for wound dressing. *Life* 2021;11(10):1–22. [CrossRef]
3. Firlar I, Altunbek M, McCarthy C, Ramalingam M, Camci-Unal G. Functional hydrogels for treatment of chronic wounds. *Gels* 2022;8(2):1–23. [CrossRef]



4. Lai-Cheong JE, McGrath JA. Structure and function of skin, hair and nails. *Medicine* 2021;49(6):337–42. [CrossRef]
5. Lee H, Hong Y, Kim M. Structural and functional changes and possible molecular mechanisms in aged skin. *Int J Mol Sci* 2021;22(22):12489. [CrossRef]
6. Zouboulis CC, Ganceviciene R, Liakou AI, Theodoridis A, Elewa R, Makrantonaki E. Aesthetic aspects of skin aging, prevention, and local treatment. *Clin Dermatol* 2019;37(4):365–72. [CrossRef]
7. Xiao X, Feng H, Liao Y, Tang H, Li L, Li K, et al. Identification of key circadian rhythm genes in skin aging based on bioinformatics and machine learning. *Aging* 2023;15(20):11672–89. [CrossRef]
8. Griffiths TW, Watson REB, Langton AK. Skin ageing and topical rejuvenation strategies. *BJD* 2023;189(1):117–123. [CrossRef]
9. Bjørklund G, Shanaida M, Lysiuk R, Butnariu M, Peana M, Sarac I, et al. Natural compounds and products from an anti-aging perspective. *Molecules* 2022;27(20):7084. [CrossRef]
10. Tan SC, Bhattamisra SK, Chellappan DK, Candasamy M. Actions and therapeutic potential of madecassoside and other major constituents of *Centella asiatica*: A review. *Appl Sci* 2021;11(18):8475. [CrossRef]
11. Shin JW, Kwon SH, Choi JY, Na JI, Huh CH, Choi HR, et al. Molecular mechanisms of dermal aging and antiaging approaches. *Int J Mol Sci* 2019;20(9):2126. [CrossRef]
12. He X, Wan F, Su W, Xie W. Research progress on skin aging and active ingredients. *Molecules* 2023;28(14):1–28. [CrossRef]
13. Ng JY, Chew FT. A systematic review of skin ageing genes: Gene pleiotropy and genes on the chromosomal band 16q24.3 may drive skin ageing. *Sci Rep* 2022;12:13099. [CrossRef]
14. Reilly DM, Lozano J. Skin collagen through the lifestages: Importance for skin health and beauty. *Plast Aesthet Res* 2021;8:2. [CrossRef]
15. Qian H, Shan Y, Gong R, Lin D, Zhang M, Wang C, et al. Mechanism of action and therapeutic effects of oxidative stress and stem cell-based materials in skin aging: Current evidence and future perspectives. *Front Bioeng Biotechnol* 2023;10:1082403. [CrossRef]
16. Ke Y, Wang XJ. TGF $\beta$  signaling in photoaging and UV-induced skin cancer. *JID* 2021;141(4):1104–10. [CrossRef]
17. Fang M, Lee HM, Oh S, Zheng S, Bellere AD, Kim M, et al. Rosa davurica inhibits skin photoaging via regulating MAPK/AP-1, NF- $\kappa$ B, and Nrf2/HO-1 signaling in UVB-irradiated HaCaTs. *Photochem Photobiol Sci* 2022;21:2217–30. [CrossRef]
18. Kim M, Park HJ. Molecular mechanisms of skin aging and age-related diseases. *InTech* 2016;57–74. [CrossRef]
19. Yulianti L, Mardiyati E, Bramono K, Freisleben HJ. Time- and dose-dependent effects of *Centella asiatica* ethanolic extract encapsulated into chitosan nanoparticles on collagen III synthesis and proliferation in human dermal fibroblasts. *J Pharm Biomed Sci* 2016;6(5):315–27. [CrossRef]
20. Hu W, Jing Y, Yu Q, Huang N. Differential gene screening and bioinformatics analysis of epidermal stem cells and dermal fibroblasts during skin aging. *Sci Rep* 2022;12:12019. [CrossRef]
21. Ferreira MS, Magalhães MC, Oliveira R, Sousa-Lobo JM, Almeida IF. Trends in the use of botanicals in anti-aging cosmetics. *Molecules* 2021;26(12):3584. [CrossRef]
22. Shah F, Sarheed O, Ramesh KVR. A prospective study of knowledge and perception towards the efficacy of anti-aging cosmetics among the female population of Ras Al Khaimah, UAE. *JCDSA* 2017;7(3):275–89. [CrossRef]
23. Min DH, Yu YB, Kim TH, Kim H, Lee S. Pharmacological effects of pentacyclic triterpenoids isolated from *Centella asiatica*. *Hortic Environ Biotechnol* 2024;65(2):189–97. [CrossRef]
24. Bandopadhyay S, Mandal S, Ghorai M, Jha NK, Kumar M, Radha, et al. Therapeutic properties and pharmacological activities of asiaticoside and madecassoside: A review. *J Cell Mol Med* 2023;27(5):593–608. [CrossRef]
25. Jiang H, Zhou X, Chen L. Asiaticoside delays senescence and attenuates the generation of ROS in UV exposure cells through regulation of the TGF  $\beta$ 1/Smad pathway. *Exp Ther Med* 2022;24(5):667. [CrossRef]
26. Da Rocha PBR, Souza BS, Andrade LM, Dos Anjos JLV, Mendanha SA, Alonso A, et al. Enhanced asiaticoside skin permeation by *Centella asiatica*-loaded lipid nanoparticles: Effects of extract type and study of stratum corneum lipid dynamics. *J Drug Del Sci Tech* 2019;50:305–12. [CrossRef]
27. Kim OT, Jin ML, Lee DY, Jetter R. Characterization of the asialic acid glucosyltransferase, UGT73AH1, involved in asiaticoside biosynthesis in *Centella asiatica* (L.) Urban. *Int J Mol Sci* 2017;18(12):2630. [CrossRef]
28. Park KS. Pharmacological effects of *Centella asiatica* on skin diseases: Evidence and possible mechanisms. *eCAM* 2021;2021:1–8. [CrossRef]
29. Saeidinia A, Keihanian F, Lashkari AP, Lahiji HG, Mobayyen M, Heidarzade A, et al. Partial-thickness burn wounds healing by topical treatment: A randomized controlled comparison between silver sulfadiazine and centiderm. *Medicine* 2017;96(9):e6168. [CrossRef]
30. Ranjith GP, Jisha S, Hemanthakumar AS, Saji CV, Sheno RA, Sabu KK. Impact of potential stimulants on asiaticoside and madecassoside levels and expression of triterpenoid-related genes in axenic shoot cultures of *Centella asiatica* (L.) Urb. *Phytochemistry* 2021;186:112735. [CrossRef]
31. Pamornpathomkul B, Rangsimawong W, Rojanarata T, Opanasopit P, Chaiyodsilp C, Ngawhirunpat T. Lipid-based nanocarriers to enhance skin permeation and antioxidant activity of *Centella asiatica* extract. *MATEC Web Conf* 2018;192:1–4. [CrossRef]
32. Da Rocha PBR, Souza BS, Andrade LM, Marreto RN, Lima EM, Taveira SF. Development of a high-performance liquid chromatographic method for asiaticoside quantification in different skin layers after topical application of a *Centella asiatica* extract. *Planta Med* 2017;83(18):1431–7. [CrossRef]
33. Khotimah H, Setiawan A, Rita CI, Mardiyah M, Ali A, Sukatman MP, et al. In silico studies of natural compounds of *Centella asiatica* as anti-aging and wound healing agents. *AIP Conf Proc* 2021;2353:030031–9. [CrossRef]
34. Aziz ZA, Davey MR, Power JB, Anthony P, Smith RM, Lowe KC. Production of asiaticoside and madecassoside in *Centella asiatica* in vitro and in vivo. *Biol Plant* 2007;51:34–42. [CrossRef]
35. Chin CH, Chen SH, Wu HH, Ho CW, Ko MT, Lin CY. cytoHubba: Identifying hub objects and sub-networks from complex interactomes. *BMC Syst Biol* 2014;8(Suppl 4):S11. [CrossRef]

36. Hartini YS, Maharani BA, Widyantara KA, Saputra BW, Setyaningsih D, Setiawati A. Molecular cascade of neolignan as a natural anti-diabetics agent: A bioinformatics approach. *TJNPR* 2023;7(11):5188–94. [\[CrossRef\]](#)
37. Azis HA, Taher M, Ahmed AS, Sulaiman WMAW, Susanti D, Chowdhury SR, et al. *In vitro* and *in vivo* wound healing studies of methanolic fraction of *Centella asiatica* extract. *J S Afr Bot* 2017;108:163–74. [\[CrossRef\]](#)
38. Huang J, Gong Y, Liu K, Chen J, Zhou X. Anti-photoaging properties of asiaticoside in ultraviolet A-irradiated human dermal fibroblasts by activating the PI3K-Akt pathway and inhibiting the NF- $\kappa$ B pathway. *Explor Res Hypothesis Med* 2023;8(4):319–37. [\[CrossRef\]](#)
39. Philips N, Ding X, Kandalai P, Marte I, Krawczyk H, Richardson R. The beneficial regulation of extracellular matrix and heat shock proteins, and the inhibition of cellular oxidative stress effects and inflammatory cytokines by  $1\alpha, 25$  dihydroxyvitamin $D_3$  in non-irradiated and ultraviolet-radiated dermal fibroblasts. *Cosmetics* 2019;6(3):46. [\[CrossRef\]](#)
40. Popova NV, Jücker M. The functional role of extracellular matrix proteins in cancer. *Cancers* 2022;14(1):238. [\[CrossRef\]](#)
41. Freitas-Rodríguez S, Folgueras AR, López-Otín C. The role of matrix metalloproteinases in aging: Tissue remodeling and beyond. *BBA Mol Cell Res* 2017;1864(11):2015–25. [\[CrossRef\]](#)
42. Dzobo K, Dandara C. The extracellular matrix: Its composition, function, remodeling, and role in tumorigenesis. *Biomimetics* 2023;8(2):1–39. [\[CrossRef\]](#)
43. Zhou H, Li W, Pan L, Zhu T, Zhou T, Xiao E, et al. Human extracellular matrix (ECM)-like collagen and its bioactivity. *Regen Biomater* 2024;11:1–13. [\[CrossRef\]](#)
44. Zhang S, Duan E. Fighting against skin aging: The way from bench to bedside. *Cell Transplant* 2018;27(5):729–38. [\[CrossRef\]](#)
45. Pittayapruek P, Meephanan J, Prapapan O, Komine M, Ohtsuki M. Role of matrix metalloproteinases in photoaging and photocarcinogenesis. *Int J Mol Sci* 2016;17(6):868. [\[CrossRef\]](#)
46. Shiragannavar VD, Karunakara SH, Puttanantharayaappa LD, Sannappa Gowda NG, Santhekadur PK. Unraveling key signaling pathways altered in hepatocellular carcinoma. *Gene Expr* 2023;22(1):28–40.
47. Wang X, Khalil RA. Matrix metalloproteinases, vascular remodeling, and vascular disease. *Adv Pharmacol* 2018;8:241–330. [\[CrossRef\]](#)
48. Kammeyer A, Luiten RM. Oxidation events and skin aging. *ARR* 2019;21:16–29. [\[CrossRef\]](#)
49. Nessler MB, Puchała J, Chrapusta A, Nessler K, Drukała J. Levels of plasma matrix metalloproteinases (MMP-2 and MMP-9) in response to INTEGRA® dermal regeneration template implantation. *Med Sci Monit* 2014;20:91–6. [\[CrossRef\]](#)
50. March JT, Golshirazi G, Cernisova V, Carr H, Leong Y, Lu-Nguyen N, et al. Targeting TGF $\beta$  signaling to address fibrosis using antisense oligonucleotides. *Biomedicines* 2018;6(3):1–21. [\[CrossRef\]](#)
51. Chen B, Li R, Yan N, Chen G, Qian W, Jiang HL, et al. Astragaloside IV controls collagen reduction in photoaging skin by improving transforming growth factor- $\beta$ /Smad signaling suppression and inhibiting matrix metalloproteinase-1. *Mol Med Rep* 2015;1(5):3344–8. [\[CrossRef\]](#)
52. Quintero-Fabián S, Arreola R, Becerril-Villanueva E, Torres-Romero JC, Arana-Argáez V, Lara-Riegos J, et al. Role of matrix metalloproteinases in angiogenesis and cancer. *Front Oncol* 2019;9:1370. [\[CrossRef\]](#)
53. Wang D, Liu G, Meng Y, Chen H, Ye Z, Jing J. The configuration of GRB2 in protein interaction and signal transduction. *Biomolecules* 2024;14(3):259. [\[CrossRef\]](#)
54. Cheruku HR, Mohamedali A, Cantor DI, Tan SH, Nice EC, Baker MS. Transforming growth factor- $\beta$ , MAPK and Wnt signaling interactions in colorectal cancer. *EuPA* 2015;8:104–15. [\[CrossRef\]](#)
55. Qi S, Deng S, Lian Z, Yu K. Novel drugs with high efficacy against tumor angiogenesis. *Int J Mol Sci* 2022;23(13):6934. [\[CrossRef\]](#)
56. Krstic J, Santibanez JF. Transforming growth factor-beta and matrix metalloproteinases: Functional interactions in tumor stroma-infiltrating myeloid cells. *TSWJ* 2014;2014:1–14. [\[CrossRef\]](#)
57. Jung HY, Shin JC, Park SM, Kim NR, Kwak W, Choi BH. Pinus densiflora extract protects human skin fibroblasts against UVB-induced photoaging by inhibiting the expression of MMPs and increasing type I procollagen expression. *Toxicol Rep* 2014;1:658–66. [\[CrossRef\]](#)
58. Lian GY, Wang QM, Mak TSK, Huang XR, Yu XQ, Lan HY. Inhibition of tumor invasion and metastasis by targeting TGF- $\beta$ -Smad-MMP2 pathway with asiatic acid and naringenin. *Mol Ther Oncolytics* 2021;20:277–89. [\[CrossRef\]](#)
59. Cambier S, Gouwy M, Proost P. The chemokines CXCL8 and CXCL12: molecular and functional properties, role in disease and efforts towards pharmacological intervention. *Cell Mol Immunol* 2023;20:217–51. [\[CrossRef\]](#)
60. Liu JF, Chen PC, Chang TM, Hou CH. Monocyte chemoattractant protein-1 promotes cancer cell migration via c-Raf/MAPK/AP-1 pathway and MMP-9 production in osteosarcoma. *J Exp Clin Cancer Res* 2020;39:254. [\[CrossRef\]](#)
61. Li S, Lu J, Chen Y, Xiong N, Li L, Zhang J, et al. MCP-1-induced ERK/GSK-3 $\beta$ /Snail signaling facilitates the epithelial-mesenchymal transition and promotes the migration of MCF-7 human breast carcinoma cells. *Cell Mol Immunol* 2017;14:621–30. [\[CrossRef\]](#)
62. Guo D, Zhu W, Qiu H. C-C motif chemokine ligand 2 and chemokine receptor 2 in cardiovascular and neural aging and aging-related diseases. *Int J Mol Sci* 2024;25(16):8794. [\[CrossRef\]](#)
63. Shibuya R, Ishida Y, Hanakawa S, Kataoka TR, Takeuchi Y, Murata T, et al. CCL2-CCR2 signaling in the skin drives surfactant-induced irritant contact dermatitis through IL-1 $\beta$ -mediated neutrophil accumulation. *JID* 2022;142(3):571–82. [\[CrossRef\]](#)
64. Fuller B. Role of PGE-2 and other inflammatory mediators in skin aging and their inhibition by topical natural anti-inflammatories. *Cosmetics* 2019;6(1):6. [\[CrossRef\]](#)
65. Latronico T, Petraglia T, Sileo C, Bilancia D, Rossano R, Liuzzi GM. Inhibition of MMP-2 and MMP-9 by dietary antioxidants in THP-1 macrophages and sera from patients with breast cancer. *Molecules* 2024;29(8):1718. [\[CrossRef\]](#)

66. Zhang F, Wang Z, Fan Y, Xu Q, Ji W, Tian R, et al. Elevated STAT3 signaling-mediated upregulation of MMP-2/9 confers enhanced invasion ability in multidrug-resistant breast cancer cells. *Int J Mol Sci* 2015;16(10):24772–90. [\[CrossRef\]](#)
67. Ma JH, Qin L, Li X. Role of STAT3 signaling pathway in breast cancer. *Cell Commun Signal* 2020;83:3. [\[CrossRef\]](#)
68. Wang L, Guo T, Guo Y, Xu Y. Asiaticoside produces an antidepressant-like effect in a chronic unpredictable mild stress model of depression in mice, involving reversion of inflammation and the PKA/pCREB/BDNF signaling pathway. *Mol Med Rep* 2020;22(3):2364–72. [\[CrossRef\]](#)
69. Papaccio FD, D'Arino A, Caputo S, Bellei B. Focus on the contribution of oxidative stress in skin aging. *Antioxidants* 2022;11(6):1121. [\[CrossRef\]](#)
70. Kersten K, Coffelt SB, Hoogstraat M, Versteegen NJM, Vrijland K, Ciampricotti M, et al. Mammary tumor-derived CCL2 enhances pro-metastatic systemic inflammation through upregulation of IL-1 $\beta$  in tumor-associated macrophages. *Oncoimmunology* 2017;6(8):1–14. [\[CrossRef\]](#)
71. Mantsounga CS, Lee C, Neverson J, Sharma S, Healy A, Berus JM, et al. Macrophage IL-1 $\beta$  promotes arteriogenesis by autocrine STAT3- and NF- $\kappa$ B-mediated transcription of pro-angiogenic VEGF-A. *Cell Rep* 2022;38(5):1–12. [\[CrossRef\]](#)
72. Guo H, Liu H, Jian Z, Cui H, Fang J, Zuo Z, et al. Nickel induces inflammatory activation via NF- $\kappa$ B, MAPKs, IRF3 and NLRP3 inflammasome signaling pathways in macrophages. *Aging* 2019;11(23):11659–72. [\[CrossRef\]](#)
73. Samavati L, Rastogi R, Du W, Hüttemann M, Fite A, Franchi L. STAT3 tyrosine phosphorylation is critical for interleukin-1 $\beta$  and interleukin-6 production in response to lipopolysaccharide and live bacteria. *Mol Immunol* 2009;46(8–9):1867–77. [\[CrossRef\]](#)
74. Ahmed IA, Mikail MA, Zamakshshari NH, Mustafa MR, Hashim NM, Othman R. Trends and challenges in phytotherapy and phytocosmetics for skin aging. *Saudi J Biol Sci* 2022;29(8):103363. [\[CrossRef\]](#)
75. Thomas D, Apovian C. Macrophage functions in lean and obese adipose tissue. *Metab Clin Exp* 2017;72:120–43. [\[CrossRef\]](#)
76. Xu M, Wang Y, Xia R, Wei Y, Wei X. Role of the CCL2-CCR2 signaling axis in cancer: Mechanisms and therapeutic targeting. *Cell Prolif* 2021;54(10):1–17. [\[CrossRef\]](#)
77. Chen X, Guo W, Chang Y, Chen J, Kang P, Yi X, et al. Oxidative stress-induced IL-15 trans-presentation in keratinocytes contributes to CD8+ T cells activation via JAK-STAT pathway in vitiligo. *Free Radic Biol Med* 2019;139:80–91. [\[CrossRef\]](#)
78. Napoli S, Scuderi C, Gattuso G, Bella VD, Candido S, Basile MS, et al. Functional roles of matrix metalloproteinases and their inhibitors in melanoma. *Cells* 2020;9(5):1–24. [\[CrossRef\]](#)
79. Boukhedouni N, Martins C, Darrigade AS, Drullion C, Rambert J, Barrault C, et al. Type-1 cytokines regulate MMP-9 production and E-cadherin disruption to promote melanocyte loss in vitiligo. *JCI Insight* 2020;5(11):e133772. [\[CrossRef\]](#)
80. Umbayev B, Askarova S, Almabayeva A, Saliev T, Masoud AR, Bulanin D. Galactose-induced skin aging: The role of oxidative stress. *Oxid Med Cell* 2020;2020:23–6. [\[CrossRef\]](#)
81. Das S, Amin SA, Jha T. Inhibitors of gelatinases (MMP-2 and MMP-9) for the management of hematological malignancies. *Eur J Med Chem* 2021;223:113623. [\[CrossRef\]](#)
82. Pandey G, Kuykendall AT, Reuther GW. JAK2 inhibitor persistence in MPN: uncovering a central role of ERK activation. *Blood Cancer J* 2022;12(13):1–13. [\[CrossRef\]](#)
83. Favaro F, Luciano-Mateo F, Moreno-Caceres J, Hernández-Madrigal M, Both D, Montironi C, et al. TRAIL receptors promote constitutive and inducible IL-8 secretion in non-small cell lung carcinoma. *Cell Death Dis* 2022;13(12):1–12. [\[CrossRef\]](#)
84. Campbell LM, Maxwell PJ, Waugh DJJ. Rationale and means to target pro-inflammatory interleukin-8 (CXCL8) signaling in cancer. *Pharmaceuticals* 2013;6(8):929–59. [\[CrossRef\]](#)
85. Cherukupalli S, Karpoormath R, Chandrasekaran B, Hampanavar GA, Thapliyal N, Palakollu VN. An insight on synthetic and medicinal aspects of pyrazolo[1,5-a]pyrimidine scaffold. *Eur J Med Chem* 2017;126:198–352. [\[CrossRef\]](#)
86. Yadav PS, Papaioannou G, Kobelski MM, Demay MB. Phosphate-induced activation of VEGFR2 leads to caspase-9-mediated apoptosis of hypertrophic chondrocytes. *iScience* 2023;26(9):1–15. [\[CrossRef\]](#)