# Effect of Acetaminophen on Viability of HeLa Cells

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#### Abstract

Acetaminophen is a widely used analgesic to release pain and reduce fever. Overdose medication could lead to serious medical conditions such as hepatotoxicity and liver failure. In addition to its cytotoxicity effects, it has an anti-proliferative effect in human cancer cells. In this study it is aimed to determine the apoptotic effect of acetaminophen in HeLa cells. In this perspective, HeLa cells were treated with different concentrations of acetaminophen at three different exposure times. Cell viability was determined by MTT analysis. Results showed that acetaminophen inhibited viability of HeLa cells. Its cytotoxic effect depends on exposure time and concentration. Prolonged exposure of acetaminophen led to decrease in cell survival even at minimum concentrations.

Key Words: Acetaminophen, Paracetamol, Cervical cancer, HeLa cells, Apoptosis

### Introduction

Acetaminophen, also known as paracetamol, is commonly used analgesic and antipyretic with minimal side effects that are rare when used at therapeutic dosage. On the other hand, overdose of acetaminophen is toxic and may lead to kidney failure and fatal hepatoxicity (1,2). Acetaminophen is one of the Nonsteroidal anti-inflammatory drugs (NSAID) such as aspirin. These drugs decreased cancer risk via multiple cellular pathways (3,4). In this perspective, many studies showed acetaminophen inhibits the cell proliferation and induce apoptosis in tumor cultured cell lines through conversion of acetaminophen by cytochrome p450 to reactive metabolite N-acetyl-p-benzoquinoneimine (NAPQI) (5-8). Boulares et al. also showed that, acetaminophen induced DNA fragmentation directly, release of cytochrome c and activation of caspases. All these traits are important key factors that can cause programmed cell death (1-9).

Cervical cancer is one of the most common gynecological cancer which involves abnormal cell proliferation and cell migration of the female uterine cervix (10). According to the World Cancer Research Fund International cervical cancer contributed almost 8% of all newly diagnosed cancers in 2012 (11). Human papillomavirus (HPV) infections are the main reason of the cervical cancers. Chemotherapy can be used for the treatment of cervical cancers women with early cervical cancer, especially those patients with advanced stages. However, most patients develop ototoxicity or resistance to therapy (10,12). Therefore, new therapeutic approaches and anti- carcinogenic novel compounds should be developed in cancer treatments.

In this study, it was aimed to explore the cytotoxic effect of acetaminophen on HeLa cells in time dependent manner.

#### Materials and Methods

Cell Culture and Reagents: HeLa cells were grown in a saturated humidity atmosphere containing 95% and 5% CO2 at 37 oC in Dulbecco's Modified Eagle Medium (DMEM) (Biowest) supplemented with 10% heat inactivated Fetal Bovine Serum (FBS) (Biowest), 2 mM L-Glutamine (PanTech), 100 mg/ml penicillin, 50 ug/ml streptomycin, and 1 mM L-glutamine.

Treatments and MTT Analysis: Cell viability was tested by MTT analysis. The cells were plated at a density of 5 thousand cells per well in a 96-well microtiter plates with 6 replicates. Cells were treated at different concentrations (0,0.1,0.2,0.5, 1,3,5,7,9 mg/ml) of acetaminophen (paracetamol) and Phosphate Buffer Saline (PBS) as a vehicle for 24, 48 and 72 hours. At the end of the incubation times, 20  $\mu$ L of MTT (5 mg/mL) solution was

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Exposure Time	Calculated IC50 Values
24 h	2,568 mg/ml
48 h	1,8 mg/ml
72 h	0,658 mg/ml

Table 1. Calculated IC50 values of acetaminophen in HeLa cells in time dependent manner

added for 4 hours at 37°C in an incubator, then medium was removed and DMSO ( $100 \mu$ L) was added to dissolve the formazan crystals. The plates were shielded from light using a foil and left in an orbital shaker maintained at 600 revolutions/minute for 5 minutes. The amount of MTT formazan product formed was determined by measuring absorbance at 540 nm, with 690 nm as the reference wavelength.

Statistical Analysis: All data were presented as the mean±SEM from three independent experiments for MTT analyses. Each MTT analyses were performed with six replicates. Two-way analysis (ANOVA) was used for multiple comparison in data analyses. The statistical analyses were performed using Prism 7 (GraphPad Software, USA)

## Results

Effect of acetaminophen on HeLa cells growth: When HeLa cells were treated with different concentrations of acetominophen for different lengths of time, MTT results showed that acetaminophen led to decrease in survival of the cells in a concentration dependent manner. To determine IC50 value, the optimum dosage which causes 50% inhibition of cancer cell growth, GraphPad Prism analysis was performed and results are shown in Table 1. After 24 h incubation time, IC50 value of acetaminophen was 2,586 mg/ml and it showed its cytotoxic activity at 1,8 mg/ml after 48 h and at 0,658 mg/ml after 72 h treatments. IC50 values of acetaminophen significantly decreased in time dependent manner.

Lower acetaminophen concentrations have no impact on cell viability at 24 and 48 h treatments (Figure 1a, Figure 1b). 20% of cell growth inhibition was detected after 24 h and 48h treatment with 1 mg/ml concentration of acetaminophen. Even this concentration of acetaminophen inhibited cell growth at any point of time, its inhibition effect increased with prolonged exposure time. It was observed that 72 h. exposure with acetaminophen led to 70% decrease in viability of the cells at the same concentration (Figure 1c). Growth inhibition with lower concentrations of acetaminophen was determined as 17% at 0,2 mg/ml, 36% at 0,5 mg/ml and 69% at 1 mg/ml after 72 h (Figure 1c).

## Discussion

Acetaminophen is a widely used drug to relieve pain and reduced fever however its higher doses could led to acute liver failure and critical health problems (13). Many studies also reported that it induces the apoptosis and inhibits cell proliferation. Its apoptotic effects of acetaminophen have been demonstrated in cell culture such as primary hepatocytes, lymphocytes and neuroblastoma cells (8,9,14,15). In this study it was shown that acetaminophen also has an antiproliferative effect on HeLa cells. Ruppova et al. has demonstrated that acetaminophen induced apoptosis through DNA damage in HeLa cells but their acetaminophen concentrations and their incubation time were so limited (16). Therefore, evaluation of effects of prolonged and higher doses acetaminophen was not possible. It was confirmed that effects of acetaminophen on cell survival depends on its concentration and exposure time. Prolonged exposure time of acetaminophen inhibited cell survival, even at lower doses in in vitro conditions. Decrease in IC50 values of acetaminophen during elevated incubation times has also confirmed that hypothesis.

Underlying the molecular mechanism in apoptotic process of acetaminophen remains unclear but many studies showed that NSAIDs inhibits the cell growth via cyclooxygenase (COX) dependent and independent pathways (17-19). In in vitro, COX 2 inhibitors inhibit the endometrium cancer cell proliferations significantly (20,21). Metaanalyses results showed that, COX2 expressions significantly increased in cervical cancer patients and they suggested that cyclooxygenase inhibitors might be useful for the treatment of cervical cancers (22). In this study, the molecular pathways that induce cell death were not explored but it is hypothesized that acetaminophen may show its antineoplastic activity through the inhibition of COX2 activity in HeLa cells.

Acetaminophen also induces apoptosis via JNK pathways (23). JNKs are the member of stress



**Fig. 1.** Effects of different concentrations of acetaminophen against HeLa cell viability (\*p<0.05, \*\*\*p<0.0001) a) % cell viability of HeLa cells after 24 h treatment with acetaminophen b) % cell viability of HeLa cells after 48 h treatment with acetaminophen c) % cell viability of HeLa cells after 72 h treatment with acetaminophen

activated Serine/Thronine kinases (24). Acetaminophen induced liver toxicity has a strong relationship with JNK activation and increased JNK activation is correlated with ovarian cancer cell death in in vitro (2,25). According to these previous studies, acetaminophen may lead to induce apoptosis by JNK activation in HeLa cells too.

In summary, this study showed that acetaminophen induced cell death depends on its exposure time and concentration through different cellular signaling pathways in in vitro and prolonged exposure of lower dose acetaminophen inhibited HeLa cell survival.

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