

# COMPREHENSIVE MEDICINE

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## EDITORIAL

The expeditious advancement of digital health tools, like telemedicine and wearable health technologies, is altering how healthcare is delivered and received. With the digital solutions that have expanded access to care, patients can now actively engage in their own health management. This shift has the potential to improve outcomes in previously unheard-of ways, especially for those with chronic illnesses or those residing in impoverished areas with barriers to traditional healthcare.

However, as these tools gain popularity, problems with fair access, interoperability, and data security have emerged. The increasing use of electronic health records (EHRs) and mobile health apps has made protecting patient privacy even more important. Furthermore, a lack of digital platform interoperability can result in data gaps, lower care quality, and increase clinicians' administrative workload.

Collaboration between sectors must be given top priority by stakeholders if digital health is to reach its full potential. Policymakers, tech companies, and healthcare providers should collaborate to create safe, compatible data-sharing guidelines and guarantee that all patient groups can access the solutions they need. It is still crucial to address differences in internet access and digital literacy to avoid a "digital divide" in healthcare, where only a few groups gain from new technologies.

A balance between innovation and patient-centered values should be the aim of future initiatives. In order to guarantee that the transformation of healthcare through digital means truly benefits everyone, the objective must continue to be centered on enhancing health outcomes and patient empowerment.

Respectfully yours,

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