

Gastrointestinal Involvement in Pediatric IgA Vasculitis: Clinical Features, Risk Factors, and Treatment Approach

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ABSTRACT

Objective: This study aimed to evaluate the clinical and laboratory characteristics of gastrointestinal (GI) involvement in pediatric IgA vasculitis (IgAV) patients, with a particular focus on identifying risk factors for severe complications and exploring current management strategies.

Materials and Methods: This retrospective cohort study included pediatric patients diagnosed with IgAV who were followed at a tertiary medical center between January 2019 and March 2024. Patients were divided into two groups—severe and non-severe GI involvement—and data were analyzed comparatively.

Results: A total of 265 patients were included in the study, of whom 109 (41.1%) had GI involvement. Among these, 35 (32.1%) were classified as having severe GI involvement, while 74 (67.9%) were categorized as having non-severe involvement. All patients with GI symptoms reported abdominal pain, with 37 (33.9%) experiencing nausea and vomiting. Positive fecal occult blood tests were observed in 59 (54.1%) patients, melena in 4 (3.6%), and hematochezia in 14 (12.8%). Radiological findings showed intestinal wall edema in 28 (25.6%) patients, intussusception in 7 (6.4%), and intestinal perforation in 1 patient (0.9%). Laboratory markers such as NLR, MLR, SII, SIRI, SIAI, and CRP/albumin ratios were significantly elevated in the severe GI involvement group ($p < 0.05$), while albumin levels were significantly lower ($p < 0.001$).

Conclusion: NLR, MLR, SII, SIRI, SIAI, and CRP/albumin ratios were found to predict severe GI involvement, demonstrating their potential as useful clinical tools for early identification of high-risk patients.

Keywords: IgA vasculitis, gastrointestinal involvement, Henoch-Schönlein purpura, severe

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INTRODUCTION

Immunoglobulin A vasculitis (IgAV), formerly known as Henoch-Schönlein purpura (HSP), is the most common primary systemic vasculitis in childhood. The most common and characteristic feature of the disease is non-thrombocytopenic palpable purpura, typically observed on the lower extremities.^[1,2] Other common clinical manifestations include arthritis, arthralgia, gastrointestinal (GI) symptoms, and renal involvement.^[3,4] The disorder is typically self-limiting, but certain cases can develop complications, with GI involvement being one of the most significant and concerning.

Gastrointestinal symptoms occur in approximately two-thirds of patients, typically appearing within one week af-

ter the onset of purpura.^[5] However, 20% of patients may present with GI involvement before the onset of the rash.^[5] Abdominal pain is often the first symptom, and the severity of GI involvement can range from mild, including nausea, vomiting, and abdominal pain, to more severe manifestations.^[6] The small intestines are the most commonly affected areas due to their vulnerability to ischemic damage. Severe complications such as intussusception, gangrene, or perforation can result from edema, submucosal, and intramural hemorrhage in the intestinal wall. Less commonly, patients may develop bowel obstruction, stricture formation, protein-losing enteropathy, steatorrhea, hepatobiliary disease, acute pancreatitis, mesenteric vasculitis, or massive GI bleeding.^[6]



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In most cases, there are mild GI system symptoms such as abdominal pain, vomiting, and occult rectal bleeding. Since these cases are usually self-limiting, they do not typically require treatment. However, children with severe abdominal pain and/or rectal bleeding may require treatment with oral or intravenous (IV) corticosteroids.^[7] In steroid-resistant cases, second-line immunosuppressive therapies such as intravenous immunoglobulin (IVIG), mycophenolate mofetil (MMF), azathioprine (AZA), and cyclophosphamide can be used.^[7-10]

Although GI involvement has been well described, identifying patients at risk for severe GI complications remains a critical aspect of clinical management. Factors such as age, the presence of persistent purpura, and elevated inflammatory markers have been explored as potential risk indicators.^[11-13] However, no definitive clinical or laboratory marker has been identified to reliably predict severe GI involvement thus far. Additionally, studies involving large pediatric cohorts of IgAV patients with GI manifestations are limited.

The aim of our study was to assess the clinical and laboratory characteristics of GI involvement, especially immune inflammatory indices, in IgAV patients and to provide a comprehensive overview, focusing on risk factors for severe complications and current management strategies.

MATERIALS and METHODS

This retrospective cohort study included pediatric patients diagnosed with IgAV who were followed at the University of Health Sciences, Umraniye Research and Training Hospital, Department of Pediatric Rheumatology, between January 2019 and March 2024. A total of 265 IgAV patients were enrolled in the study, all of whom met the 2008 Ankara EULAR/PRINTO/PRES classification criteria.^[14] Clinical and laboratory features were retrospectively collected from the patients' medical charts and electronic records. GI involvement was defined by the presence of abdominal pain, nausea, vomiting, positive fecal occult blood test, melena, hematochezia, intestinal wall edema, intussusception, or intestinal perforation. However, fecal occult blood positivity alone, in the absence of other symptoms, was not considered indicative of GI involvement. Renal involvement, including hematuria, proteinuria, nephritic and nephrotic syndromes, and acute kidney injury, was defined according to the Kidney Disease: Improving Global Outcomes (KDIGO) guidelines.^[15] Central nervous system involvement was defined as the presence of seizures, coma, hemorrhage, posterior reversible encephalopathy syndrome, or ataxia.^[6]

IgAV patients with GI involvement were categorized into two groups: the severe GI involvement group and the non-severe

GI involvement group. Severe GI involvement was defined by the presence of massive GI bleeding (excluding patients with only positive occult blood), severe abdominal complications such as intussusception, intestinal perforation, or intestinal obstruction, or the need for pulse methylprednisolone therapy due to GI involvement.^[12] Clinical and laboratory features were compared and analyzed between these two groups.

The study protocol was reviewed and approved by the Ethics Committee of the University of Health Sciences, Umraniye Research and Training Hospital (Approval Date: 07.11.2024, Approval No: B.10.1.TKH.4.34.H.GP.0.01/385), in accordance with the ethical principles laid down in the Declaration of Helsinki.

Statistical Analysis

The statistical analyses were conducted using SPSS version 25.0 software (SPSS Inc., Chicago, IL, USA). The variables were investigated using visual (histograms, probability plots) and analytical methods (Kolmogorov-Smirnov test) to determine whether they were normally distributed. Descriptive analysis was presented using proportions, mean, standard deviation (SD), median, and interquartile range values, as appropriate. Categorical variables were compared using the Chi-square test or Fisher's exact test, as appropriate. For comparisons between groups, the independent samples t-test and the Mann-Whitney U test were used, as appropriate.

Receiver operating characteristic (ROC) curves were used to assess the overall discriminatory ability of white blood cell count (WBC), absolute neutrophil count (ANC), absolute monocyte count (AMC), C-reactive protein (CRP), neutrophil-lymphocyte ratio (NLR), monocyte-lymphocyte ratio (MLR), systemic immune inflammation index (SII), systemic inflammation response index (SIRI), and systemic inflammation aggregate index (SIAI). This evaluation was performed to discriminate between severe and non-severe GI involvement patients. The Youden Index was calculated as Sensitivity + Specificity – 1. For all analyzed measures, two-tailed p-values less than 0.05 were considered significant.

RESULTS

Demographic and Clinical Characteristics of Patients

A total of 265 patients were evaluated in the study, of whom 134 (50.6%) were female. The median (IQR) age of the patients was 86 (63–117) months. According to the seasonal distribution of the cases, 76 patients (28.7%) presented in autumn, 72 patients (27.2%) in winter, 82 patients (30.9%) in spring, and 35 patients (13.2%) in summer. All patients pre-

sented with purpura. Of these, 109 patients (41.1%) had GI involvement, 94 patients (35.5%) had renal involvement, 58 patients (21.9%) had arthritis or arthralgia, and 11 patients (4.1%) had scrotal involvement.

Clinical Characteristics of Patients with Gastrointestinal Involvement

Gastrointestinal involvement was present in 109 patients. Of these, 35 patients (32.1%) were classified as having severe GI involvement, while 74 patients (67.9%) were classified as having non-severe GI involvement. Purpura was observed only on the lower extremities in 78 patients (71.5%), on both the lower and upper extremities in 28 patients (25.6%), and generalized, including the face, in three patients (2.7%). Bullous lesions developed in three patients (2.7%). Skin biopsies were performed on nine patients, all of which were consistent with leukocytoclastic vasculitis. Additionally, eight patients (7.3%) had arthritis, 25 patients (22.9%) had arthralgia, 37 patients (33.9%) presented with subcutaneous edema on the dorsum of the hands and feet, and six patients (5.5%) experienced scalp edema.

Abdominal pain was reported in all patients with GI involvement, while nausea and vomiting were reported in 37 patients (33.9%). Positive fecal occult blood tests were found in 59 patients (54.1%), melena in four patients (3.6%), and hematochezia in 14 patients (12.8%). Intestinal wall edema was observed in 28 patients (25.6%), intussusception in seven patients (6.4%), and intestinal perforation in one patient (0.9%).

Regarding renal involvement, nephritic proteinuria was observed in 39 patients (35.7%), microscopic hematuria in 32 patients (29.3%), macroscopic hematuria in three patients (2.7%), and hypertension in 10 patients (9.1%). Kidney biopsies were performed on three patients (2.7%) due to persistent nephritic proteinuria, revealing grade IIIa in two patients and grade IIIb in one patient.

Central nervous system involvement, characterized by seizures, was observed in two patients, both of whom were among those with severe GI involvement. Table 1 presents the demographic and clinical characteristics of patients with GI involvement, categorized by the severity of involvement.

Laboratory Characteristics of Patients with Gastrointestinal Involvement

When comparing the laboratory values of patients with severe and non-severe GI involvement, WBC, ANC, AMC, CRP, NLR, MLR, SII, SIRI, SIAI, and the CRP/albumin ratio were all found to be statistically significantly higher in the severe GI involvement group ($p<0.001$, $p<0.001$, $p=0.008$, $p=0.043$, $p<0.001$,

$p=0.046$, $p=0.011$, $p<0.001$, $p<0.001$, $p=0.024$, respectively). In contrast, albumin levels were statistically significantly lower in the severe GI involvement group ($p<0.001$). The laboratory findings and inflammatory indices of the severe and non-severe GI involvement groups are presented in Table 2.

ROC analysis was conducted on various inflammatory indices to predict severe GI involvement. The results showed that the CRP/albumin ratio with values of 5.53 and above (Area Under Curve [AUC]: 0.635), NLR with values of 2.15 and above (AUC: 0.693), MLR with values of 0.20 and above (AUC: 0.619), SII with values of 1260 and above (AUC: 0.698), SIRI with values of 1.56 and above (AUC: 0.715), and SIAI with values of 648 and above (AUC: 0.704) all demonstrated moderate sensitivity and specificity in predicting severe GI involvement. The ROC curve analysis results and corresponding graphs are presented in Figure 1 and Table 3.

Treatment and Outcome of Patients with Gastrointestinal Involvement

In 17 patients (15.6%) with non-severe GI involvement, no medical treatment was initiated; they were managed with IV hydration and rest. The remaining 92 patients (84.4%) received medical treatment. Among those with non-severe GI involvement, 50 patients (66.6%) were started on low-dose oral corticosteroids (0.5 mg/kg/day), and 13 patients (17.3%) received nonsteroidal anti-inflammatory drugs (NSAIDs). Colchicine treatment was used in 20 patients (27%) in the non-severe GI involvement group and in 10 patients (28.5%) in the severe GI involvement group.

For the 34 patients with severe GI involvement, seven patients (20.5%) received 2 mg/kg IV corticosteroids, while the remaining 27 patients (79.5%) were treated with pulse methylprednisolone. Nine patients (26.4%) required second-line immunosuppressive therapy: AZA was administered to three patients, IVIG to three patients, MMF to one patient, IVIG and cyclosporine to one patient, and a combination of MMF, IVIG, cyclophosphamide, and plasmapheresis was used in one patient with renal infarction. Additionally, one patient required surgical intervention due to intestinal perforation. Intussusceptions resolved spontaneously without any sequelae in all patients.

During the six-month follow-up period after diagnosis, among patients with non-severe GI involvement, two patients (2.6%) developed macroscopic hematuria, three patients (4%) developed microscopic hematuria, and three patients (4%) experienced a recurrence of purpura after a 1.5-month rash-free period. None of the patients with non-severe GI in-

Table 1. Demographic, and clinical characteristics of patients with severe and non-severe gastrointestinal involvement

	Severe GI involvement (n=34)		Non-severe GI involvement (n=75)		p
	n	%	n	%	
Gender					
Female	13		32		0.822
Male	21		43		
Age, median IQR (months)	103.5 (70.7–132.5)		86 (62–126)		0.397
Seasonal pattern					
Spring	11	32.4	22	29.3	0.853
Summer	6	17.6	10	13.3	
Autumn	8	23.5	23	30.7	
Winter	9	26.5	20	26.7	
Skin involvement	34	100	75	100	
Petechiae and purpura	34	100	75	100	1.000
Bullous lesion	1	2.9	2	2.7	1.000
Ulcer	0	0	1	1.3	0.799
Only lower extremities	23	67.6	55	73.3	0.704
Upper and lower extremities	10	29.4	18	24	0.717
Generalize involvement	1	2.9	2	2.7	1.000
Musculoskeletal involvement					
Arthritis	3	8.8	5	6.7	0.703
Arthralgia	8	23.5	17	22.7	0.921
Myalgia	3	8.8	2	2.7	0.174
Hand and foot edema	12	35.3	25	33.3	0.841
Scalp edema	3	8.8	3	4	0.168
Gastrointestinal system involvement	34	100	75	100	
Abdominal pain	34	100	75	100	1.000
Nausea–vomiting	11	32.4	26	34.7	0.986
Positive fecal occult blood test	29	85.3	30	40	<0.001
Melena	2	5.9	2	2.7	0.587
Hematochezia	14	41.2	0	0	<0.001
Intestinal wall edema	16	47.1	12	16	<0.001
Intussusception	7	20.6	0	0	<0.001
Intestinal perforation	1	2.9	0	0	0.312
Renal involvement	23	67.6	26	34.7	0.003
Nephritic proteinuria	20	58.8	19	25.3	0.002
Nephrotic proteinuria	0	0	0	0	1.000
Microscopic hematuria	12	35.3	20	26.7	0.491
Macroscopic hematuria	2	5.9	1	1.3	0.229
Hypertension	9	26.5	1	1.3	<0.001
Scrotal involvement	1	2.9	9	12	0.168
Central nervous system involvement	2	5.9	0	0	0.095

Fisher's exact test was applied. p<0.05 was considered statistically significant. GI: Gastrointestinal

Table 2. Laboratory characteristics of the severe and non-severe gastrointestinal involvement patients groups

	Severe GI involvement (n=34)	Non-severe GI involvement (n=75)	p
WBC, mm ³	13850 (10770–19520)	9540 (7980–12670)	<0.001
ANC, mm ³	9580 (7335–13982)	5690 (4150–9080)	<0.001
ALC, mm ³	2400 (1892–3800)	2770 (2140–3800)	0.434
AMC, mm ³	755 (597–1077)	570 (460–730)	0.008
Hemoglobin, g/dL	12.6 (11.7–13.4)	12.4 (11.4–13.1)	0.353
Platelet, mm ³	422000 (327000–472000)	377000 (322000–455000)	0.379
CRP, mg/L	24.5 (5.1– 43.1)	9 (2–27.8)	0.043
Albumin, g/dL	4.1 (3.6–4.4)	4.4 (4.1–4.6)	<0.001
NLR	4.1 (2.3–7.4)	1.9 (1.4–3.9)	<0.001
PLR	150.2 (106.6–226.1)	135.9 (104.5–181.1)	0.374
MLR	0.27 (0.16–0.40)	0.19 (0.14–0.29)	0.046
SII	1686 (831.3–2639.8)	732.8 (480.6–1424.3)	0.011
SIRI	2.8 (1.6–4.8)	1.1 (0.6–2.7)	<0.001
SIAI	1345 (530–1818)	428 (240–974)	<0.001
CRP/Albumin ratio	6.5 (1.2–11.3)	2.2 (0.4–6.4)	0.024

Mann Whitney U test was applied. p<0.05 was considered statistically significant. Data is expressed as Median (IQR). WBC: White blood cell count; ANC: Absolute neutrophil count; AMC: Absolute monocyte count; CRP: C-reactive protein; NLR: Neutrophil-lymphocyte ratio; PLR: Platelet- lymphocyte ratio; MLR: Monocyte-lymphocyte ratio; SII: Systemic immune inflammation index; SIRI: Systemic inflammation response index; SIAI: Systemic inflammation aggregate index

involvement required a renal biopsy. In the severe GI involvement group, two patients (5.8%) developed microscopic hematuria, two patients (5.8%) developed proteinuria, and one patient (2.9%) had both proteinuria and hematuria. Renal biopsies were performed on three of these patients.

DISCUSSION

In this retrospective cohort study, we analyzed the clinical and laboratory characteristics of GI involvement in pediatric IgAV patients, focusing on identifying risk factors for severe complications. The study revealed several significant findings that contribute to the understanding of GI involvement in IgAV. To the best of our knowledge, this is the first study to evaluate SII, SIRI, SIAI, and the CRP/albumin ratio in IgAV.

Our findings confirm the significant prevalence of GI symptoms in IgAV and support the observation that approximately one-third of these patients may experience a severe disease course. In this study, GI involvement was observed in 41.1% of the total patient cohort, consistent with the literature.^[16,17] In our cohort, severe GI involvement accounted for 32.1% of children with IgAV and GI involvement. This rate varies across studies in the literature. For instance, in the study by Li et al.,^[12] the rate was 48.9%, while in the study by Ekinçi et al.,^[16] it was 36.7%, similar to our findings. In contrast, Sestan et al.^[13] reported a lower rate of 14.9%. These differences in severe GI involvement may be attribut-

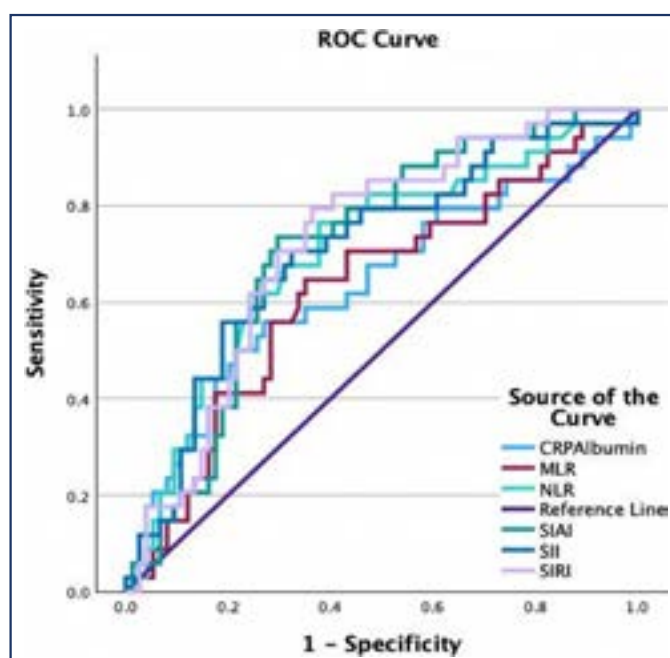


Figure 1. Receiver operating characteristic (ROC) curves of the inflammatory indices for IgA vasculitis with severe gastrointestinal involvement

CRP: C-reactive protein; MLR: Monocyte-lymphocyte ratio; NLR: Neutrophil-lymphocyte ratio; SIAI: Systemic inflammation aggregate index; SII: Systemic immune inflammation index; SIRI: Systemic inflammation response index

Table 3. ROC analysis to evaluate the cut-off value for predicting severe gastrointestinal involvement

	Cut-off	AUC	95% CI	Sen (%)	Spe (%)	PPV	NPV	p
CRP/albumin ratio	5.53	0.635	0.516–0.755	55.9	73	48.7	78.6	0.027
MLR	0.20	0.619	0.505–0.734	70.6	66	40	79.6	0.041
NLR	2.15	0.693	0.585–0.801	79.4	66	44.3	88.4	0.000
SII	1260.2	0.698	0.592–0.805	64.7	72	51.2	81.8	0.000
SIRI	1.56	0.715	0.616–0.814	79.4	62.7	49.1	87	0.000
SIAI	648.3	0.704	0.603–0.804	73.5	69.7	52.1	85.2	0.000

ROC: Receiver operating characteristic; AUC: Area under curve; CI: Confidence interval; Sen: Sensitivity; Spe: Specificity; PPV: Positive predictive value; NPV: Negative predictive value; CRP: C-reactive protein; MLR: Monocyte-lymphocyte ratio; NLR: Neutrophil-lymphocyte ratio; SII: Systemic immune inflammation index; SIRI: Systemic inflammation response index; SIAI: Systemic inflammation aggregate index

able to differing admission standards across countries and regions. Studies reporting higher rates were generally conducted in tertiary referral centers.

In the present study, abdominal pain was the most common symptom, occurring in 100% of patients with GI involvement. The second most common symptoms were a positive fecal occult blood test and nausea/vomiting, consistent with the literature.^[16–18]

It has been noted in the literature that with increasing age, both clinical deterioration in IgAV and the need for more aggressive treatment tend to rise.^[11–13,19] In our study, although the median age of patients with severe GI involvement was higher, we did not observe a statistically significant difference. Several studies have reported a relationship between the spread of the rash to the upper extremities or the presence of a generalized rash and increased disease severity.^[12,20,21] However, in our study, no association was found between the distribution of skin lesions and the occurrence of severe GI involvement. Therefore, further studies are needed to determine these relationships.

In our study, renal involvement was observed in 35.5% of pediatric patients with IgAV. Renal involvement and biopsy-proven IgA nephritis were more frequent in the severe GI involvement group, consistent with findings from previous studies.^[12,13,22,23] Therefore, we believe that patients with severe GI involvement should be closely monitored for potential renal complications.

One of the most critical challenges in managing IgAV with GI involvement is identifying patients at high risk for life-threatening complications. Although no single marker for predicting severe GI involvement has been identified in studies to date, several inexpensive and practical biomarkers have been investigated for their potential to predict the risk of severe GI involvement. In our study,

commonly used, cost-effective, and easily accessible laboratory parameters and indices were evaluated, and values for WBC, ANC, AMC, CRP, NLR, MLR, SII, SIRI, SIAI, and the CRP/albumin ratio were found to be significantly higher in patients with severe GI involvement.

In the literature, NLR is one of the most frequently recommended parameters for predicting severe GI involvement. Multiple studies, including meta-analyses, have demonstrated that elevated NLR is associated with a higher risk of GI bleeding and severe GI complications, with specific cut-off values (ranging from approximately 2.05 to 2.48) showing high sensitivity and specificity.^[23–30] In our study, similar to the findings in the literature, the optimal NLR threshold for predicting severe GI involvement was determined to be 2.15, with 79.4% sensitivity and 66.0% specificity. Overall, NLR can be considered a reliable and cost-effective marker for assessing inflammation and guiding early intervention in IgAV patients with possible GI complications. In a recent study by Rigante et al.,^[31] high neutrophil count and low lymphocyte count were associated with GI involvement. Additionally, lower levels of 25-hydroxyvitamin D were identified as a high-risk factor for severe GI involvement.

A new hematological parameter, MLR, has recently been shown to be an effective marker of disease activity in patients with systemic lupus erythematosus, Takayasu arteritis, and rheumatoid arthritis.^[32–34] The only study evaluating MLR in IgAV was conducted by Yuan et al.^[35] Like our findings, their study identified a cut-off MLR value of 0.245, which distinguished children with IgA vasculitis and GI involvement from those without GI involvement, with an AUC of 0.694, 52.9% sensitivity, and 77.8% specificity.

The CRP/albumin ratio is considered a more valuable and reliable marker than CRP or albumin alone for predicting inflammatory status and prognosis in various diseases. Sever-

al studies have demonstrated its association with prognosis in patients with conditions such as colorectal cancer, coronary artery disease, inflammatory bowel disease, Takayasu arteritis, rheumatoid arthritis, and sepsis.^[36–38] However, no study has been conducted to date to evaluate the CRP/albumin ratio in IgAV patients. In our study, CRP levels were higher in patients with severe GI involvement, reflecting the increased hyperinflammation. Albumin levels were lower in these patients, likely due to its role as a negative acute phase reactant and the absorption defects caused by severe GI involvement (4.1 vs. 4.4, $p < 0.001$). Therefore, the CRP/albumin ratio may be more useful than either parameter alone.

SII, SIRI, and SIAI are newly defined indices used as markers of both local and systemic inflammation. In the literature, these indices have been evaluated in several vasculitides, including Kawasaki disease, Behçet disease, and antineutrophil cytoplasmic antibody (ANCA)-associated vasculitis.^[39–42] In Behçet disease, these indices were found to be associated with increased disease activity.^[39] In Kawasaki disease, they were linked to IVIG resistance and the development of coronary artery lesions.^[40,41] In ANCA-associated vasculitis, higher values of these indices were associated with a more severe disease course and poor outcomes.^[42] In our study, SII, SIRI, and SIAI parameters were evaluated for the first time in patients with IgAV. These indices were significantly elevated in patients with GI involvement. While they demonstrated moderate sensitivity and specificity in predicting severe GI involvement, their high negative predictive values suggest that the likelihood of severe GI involvement is low in cases where these indices are below the established cut-off values. This may aid clinicians in monitoring patients and identifying those at lower risk for severe complications.

In cases of non-severe GI involvement, the condition is typically mild and self-limiting, requiring only supportive treatment. However, patients presenting with severe abdominal pain, rectal bleeding, or intussusception require intervention, and steroid treatment should be considered, as it can reduce the intensity and duration of abdominal pain.^[7] The management of IgAV patients with steroid-resistant severe GI involvement remains controversial, and various second-line therapies have been proposed.^[7–10] Consistent with other cohorts, all our patients with severe GI involvement received steroids during the initial episode of IgAV, and second-line immunosuppressive agents were employed in those with a refractory course. In one patient who developed renal infarction, plasmapheresis was performed in addition to immunosuppressive therapy.

While our study provides valuable information about the clinical course of GI involvement in pediatric IgAV, it also has some limitations. The retrospective design and single-center nature of the study may limit the generalizability of the findings. In addition, the lack of a standardized definition for severe GI involvement across studies may contribute to the variability in reported rates of severe cases. Future multicenter, prospective studies are needed to confirm our results and to better define risk factors for severe GI complications in IgAV.

CONCLUSION

In conclusion, this study highlights the significant prevalence of GI involvement in pediatric patients with IgAV, with severe complications occurring in approximately one-third of affected patients. NLR, MLR, SII, SIRI, SIAI, and CRP/albumin ratios have been found to predict severe GI involvement, demonstrating their potential as useful clinical tools for early identification of high-risk patients. Despite advances in understanding the clinical course and laboratory features of GI involvement in IgAV, standardized criteria are needed to define severe GI involvement. The findings also highlight the importance of careful monitoring for renal complications in patients with severe GI involvement, as well as the need for timely and appropriate intervention to reduce potentially life-threatening outcomes.

Disclosures

Ethics Committee Approval: The study was approved by the University of Health Sciences, Umranıye Research and Training Hospital Clinical Research Ethics Committee (No: B.10.1.TKH.4.34.H.GP.0.01/385, Date: 07/11/2024).

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