



EDITORIAL

Dear Researchers and Readers,

We are pleased to present the 6th issue of the BAU Health and Innovation Journal. In this edition, we emphasize the importance of innovation and multidisciplinary approaches in health sciences by featuring cutting-edge and impactful research.

This issue comprises five original research articles, one case report, and two review articles, covering a broad range of disciplines within the health sciences. The studies offer a comprehensive perspective, exploring innovative approaches to patient care, nutrition, and physical activity habits. Key themes in this issue include biomechanical applications, musculoskeletal health, adherence to the Mediterranean diet in heart failure patients, baby-led weaning, the safe use of technology in surgical procedures, and the impact of natural disasters on health. These contributions provide valuable insights into contemporary healthcare practices by examining various factors influencing individual health and well-being.

We extend our sincere appreciation to our editorial team, journal staff, and all stakeholders who provided essential technical support in preparing this issue. We also express our deep gratitude to the dedicated reviewers for their meticulous evaluations, and to the authors for their valuable scientific contributions.

We look forward to continuing to support scientific research that fosters innovation in health sciences, and to sharing new and impactful studies in our future issues.

Sincerely,

Asist Prof. Dr. Selda Polat