

## Preface

Dear Readers,

With the widespread use of air travel and an ever-increasing number of people choosing to travel by air in recent years, attention has been drawn to changes in the cardiovascular system during flight. Although physiological responses of the cardiovascular system during a flight can be easily tolerated by a healthy individual, they can cause serious problems for those who have heart disease. The flight crew's suitability for a flight is an important element in air transportation with commercial jets. The rules of civil aviation, which are different from the military flight system, form the basis of flight safety. This supplement of the Anatolian Journal of Cardiology discusses in detail the physiological changes that occur during flight and the cardiovascular effects of flight in healthy individuals and in those with cardiovascular disease. In addition, air transport of a cardiac patient and air ambulance rules are also given in detail. With all these features, this supplement is a valuable resource that every physician should definitely review.

With best regards,

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