

Bilateral transversus abdominus plane block for incisional hernia repair

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To the Editor,

The transversus abdominus plane (TAP) block is a relatively new described regional anesthesia technique at the triangle of Petit,^[1] in order to block a number of abdominal wall nerves hence providing widespread analgesia. More recently, ultrasound guided TAP block has been described with promises of better localization and deposition of the local anesthetic with improved accuracy.^[2] It's good post-operative analgesia effect has been shown several times in a variety of lower abdominal procedures;^[3,4] however there has been controversy in the literature regarding the spread and level of block achieved with a single TAP injection.^[5,6]

We would like to present a 62-year-old female, ASA physical status III patient with cirrhosis, cardiac failure, hypertension and diabetes mellitus, who underwent an incisional hernia repair. The patient had also undergone an umbilical hernia repair 2 months ago. Ultrasound guided TAP block was performed bilaterally as an anesthesia procedure. The block was performed using a high frequency linear probe (10-18 MHz, Esaote My Lab 30, Genoa, Italy). The block was performed at the mid-axillary line between the costal margin and iliac crest (Figure 1). In plane technique was used and 20 mL of levobu-

pivacaine 0.25% was applied for each side. For skin incision 5 mL of lidocaine 2% was used. In order to provide sedation and analgesia, 50 µg of fentanyl and 1 mg of midazolam IV were administered. After depleting acid fluid and repairing 0.5 cm fascia defect, the operation was completed in 30 minutes uneventfully. Patient was comfortable during the surgery. The patient was followed for 5 days without any complication.

General anesthesia was not preferred in order to avoid cardiac and hepatic effects of systemic anesthetics. Although coagulation parameters seem to



Figure 1. High frequency linear probe and in-plane technique was used during block performance.

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be normal, spinal anesthesia was not preferred because of low platelet counts ($80 \times 10^3/U$).

This is the first case report presenting the use of TAP block for surgical anesthesia. TAP block could be considered as an anesthetic option for similar cases.

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