



Dear Readers,

We are happy to salute you with the last issue of 2021. Our journal continues to be indexed in international indices. Before the end of 2021, we have been indexed in SCOPUS as well. In this issue, 15 articles will meet with the readers. One of these articles is a review, 2 of them case presentations, 1 is letter- to- the editor and 11 of them are original research articles. You will encounter many authors from Turkey and abroad in this issue of our journal.

When we look at the subjects of original articles, we see that a combination of Covid-19 and family medicine issues are dealt with as Covid-19 pandemic continues in the World.

The review in this issue deals with skin lesions in childhood. By this article, we have the chance to encounter bacterial infections which are an important part of our daily routine practice.

Prenatal care is an important care both for the mother and the infant. Azdoh et al. analyse the 10 main suggested components of national prenatal care in Nigeria, patient fulfillment and competency of healthcare workers. This study is an important one as for the demand of prenatal care of pregnant women.

Increases in fasting plasma cortisol are associated with glucose intolerance and insulin resistance in metabolic syndrome patients. Güngör and coworkers have addressed this issue.

Smoking cessation awareness rising is important in the daily practice of family physician. One of these studies in this journal focuses on differences between success in regard to nicotine addiction severity and psychological symptom levels. The number of cigarettes consumed by male sex is associated with somatisation, depression, anxiety, psychoticism and phobic anxiety. Thus, it reminds as to bear in mind that patients who wish to quit smoking may have psychological symptoms.

The aging population is one of the most important problems in developed and developing countries. Parallel to the increasing number of elderly people, so do the number of nursing homes. Is there a difference of depression occurrence between the elderly cared for at home or at a nursing home? Lopez et al. deal with this question in their study and say that depression is more common, especially in widowed or unmarried elderly people who are cared for at home. As an important study this is also a part of our journal.

Another interesting abstract by Pokön et al. aims at the identification of orthorexia nervosa tendency in healthy and non-obese individuals. We hope that you read with interest.

Besides those articles we also featured articles related to chronic diseases like diabetes, hypertension and hyperlipidemia that are covered by family medicine practice.

We thank all the authors, reviewers and journal team for their valuable support.

Best wishes for the new year and kind regards

Prof. Dr. Mustafa Reşat DABAK, M.D.

Editor-in-Chief