



Dear readers,

We are pleased to meet you with the 2<sup>nd</sup> issue of 2023. We thank all our authors and readers for their interest in our journal.

In this issue, we present you 3 cases and 9 research articles. One of the most important challenges in the treatment of type 2 diabetes mellitus, which is one of the chronic diseases whose importance has been increasing for the whole world in recent decades, is the realization of lifestyle changes. Delibalta et al., with its structured motivational interview technique, which can be used in primary care for diabetes patients and can provide lifestyle changes, offers us an option for increasing treatment compliance. We think it will be read with interest.

There is very limited literature on the father's role in pregnancy and childbirth. The qualitative study of Akin et al. offers us an idea of fathers' needs and expectations throughout the process.

There are many risk factors for hyperemesis gravidarum, a serious pregnancy complication. Tuzcuoğlu et al. reported that *Helicobacter pylori* infections should also be considered in pregnant women with resistant hyperemesis gravidarum.

In this issue, there are two articles and 1 case report about the COVID-19 pandemic that we have been experiencing for the last two years. In addition, in this issue, we also have an article about fragility and drug compliance, which are important health problems related to elderly health. We believe you will enjoy reading them all...

Hope to see you in our December 2023 issue...

Mustafa Reşat DABAK, Prof. M.D.

Editor in Chief