Ultrasound-guided greater auricular nerve block for surgical anesthesia of the external ear

Kulak cerrahisinde ultrason rehberliğinde auricularis magnus sinir bloğu

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Summary
The Greater Auricular Nerve (GAN), a branch of the cervical plexus, is used to provide anesthesia or pain relief in the ear and neck region. This case report details the use of a GAN block in a 71-year-old male patient with basal cell carcinoma on his right auricular helix. Due to multiple comorbidities (myocardial infarction resulting in a cardiac stent, hypertension), regional anesthesia was preferred. We aim to share our experience with the GAN block for ear surgery.

Keywords: External ear surgery; GAN block; greater auricular nerve.

Introduction
The GAN, a significant sensory branch of the cervical plexus, originates from the C2 and C3 spinal nerves. While cervical plexus blocks have been traditionally used for ear surgery anesthesia, selectively blocking the GAN alone can suffice for external ear procedures. [1] The GAN innervates the lower part of the ear, skin over the mastoid process, parotid gland, and angle of the mandible. It is well-suited for local anesthesia. [2,3]

Case Report
A 71-year-old, 83 kg, ASA III male presented with a right auricular skin lesion (Fig. 1). Due to an increased risk of complications from general anesthesia, a selective nerve block was chosen. The patient received 0.05 mg/kg midazolam intravenously in the preoperative area. In the operating room, standard monitors were placed, and a GAN block was performed using a high-frequency (8–18 MHz) linear probe (GE Logiq S7, General Electric Healthcare, United Kingdom). The probe was positioned transversely at the thyroid cartilage’s superior pole and moved along the sternocleidomastoid muscle border to identify the GAN (Fig. 2). A 50 mm 22G block needle (B Brau, Melsungen, Germany) was used for an in-plane approach, with 4 ml of 0.5% bupivacaine injected around the nerve. The block’s success was confirmed with a pinprick test. The surgery, lasting 45 minutes, was completed using only the nerve block, without additional analgesics. The patient’s hemodynamic parameters remained stable, and he was discharged two hours post-operation, reporting no pain in the recovery area or within the first 24 hours post-surgery.

Discussion
The ultrasound-guided GAN block, a relatively new technique for surgeries involving the outer ear probe (GE Logiq S7, General Electric Healthcare, United Kingdom). The probe was positioned transversely at the thyroid cartilage’s superior pole and moved along the sternocleidomastoid muscle border to identify the GAN (Fig. 2). A 50 mm 22G block needle (B Brau, Melsungen, Germany) was used for an in-plane approach, with 4 ml of 0.5% bupivacaine injected around the nerve. The block’s success was confirmed with a pinprick test. The surgery, lasting 45 minutes, was completed using only the nerve block, without additional analgesics. The patient’s hemodynamic parameters remained stable, and he was discharged two hours post-operation, reporting no pain in the recovery area or within the first 24 hours post-surgery.
ear, mastoid, and mandibular angle, was effectively demonstrated in Thallaj et al.’s observational study, which confirmed successful blockade in all 27 volunteers. Despite its effectiveness, the GAN block remains underutilized. We advocate for its use as a reliable anesthesia technique for external ear surgery, facilitated by high-resolution linear ultrasound probes.

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References